



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years

Wednesdays 20, 27, May & 3 June 2015

10am-12pm

A three-session program for parents and carers
Facilitated by Schools as Community Centres Program (SaCC)
at **Woy Woy Schools as Community Centres - SaCC**
Enter from Bowden Road, Woy Woy (Public School)

Learn:

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them to develop frustration tolerance
- ✓ To help children's brains to develop filters for behaving well
- ✓ To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a great preventative measure that any parent use.

Who is running it?

The presenter for this course is Suzanne McCaskie . who has completed the Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training.

Fee: \$20

Registrations essential.

**To register for this course contact Philippa Skipper, Facilitator (SaCC)
on 0477 317 862**

email: philippa.skipper@det.nsw.edu.au

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au