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Edition 19: 19 October 2017

### From the Principal

### Term 4 Week 2

**Welcome back everyone!** Here we are in the last school term of the year preparing our students for the transition into their next year of learning. We are getting ready to welcome another group of Kindergarten children into our school as they join us for our transition program starting next Wednesday, 25 October and running every Wednesday until 15 November. This will give our new Kindergarten children for 2018 a sound introduction to what big school will be like.

Term 4 has many exciting educational experiences planned for our students. The assessment and reporting cycle for the end of year written student reports will see reports sent home in week 9 of this term. This is the week beginning 4 December. We have some more exciting excursions running for Year 3 and Years 1 and 2 with lots of activities for all students to be involved in. All students from Kindergarten to Year 6 will have the opportunity to attend a worthwhile session at the Life Education Bus on healthy eating and living and keeping themselves safe. A lot of great education experiences will take place over the next 9 weeks. It will be a very productive and proactive end to the 2017 school year. Thank you as always for your ongoing support of our wonderful school.

**Thank you to Mr Betts,** the executive staff and all of Woy Woy staff for ensuring our school ran smoothly and efficiently during the time I was on leave. What an amazing staff team.

Please put your child's safety first. Our school is a very busy place and children need strong role models to ensure they are not put in any dangers way. The bottom car park gates have a very clear sign stating that it is not for walking through. It is a designated staff only car park. It is extremely dangerous to walk any child through these gates. Staff will be monitoring this to ensure children's safety. Please remember our gates are unlocked at 8:20am in the morning. No children should be on site until that time because there is no supervision provided. Gates are then locked for the day at 9:30am and opened again at 2:30pm ready for the afternoon pick up. Thank you for your understanding and support with this extremely important matter.

### **Enrolments for 2018 for our Preschool and Kindergarten**

Our Preschool sessions are almost full. If you have not enrolled for our Preschool program for 2018 please hurry on into our school office to pick up an enrolment package and discuss your options with our staff. There will be lots of work going on in our Preschool grounds over the summer break to build an exploratory playground at the front. Very exciting!

Kindergarten numbers are rising steadily. Just a reminder to get your enrolment finalised for your child starting Kindergarten so they can be included in our Transition program starting next week on Wednesday, 25 October 2017.

### Congratulations go to:

**Vivien Ding** of 3/4C accepted for the **Opportunity Class** in Gosford for 2018.

**Keira Pusko** of 5/6H **Regional Finalist** in the Premier's Spelling Bee for 2017

Well done girls!

### **Selective High School applications**

Applications are now open online for Selective High School placements for **2019.** Information letters have been sent out to all year 5 students. The Selective High School placement test will take place on Thursday, 15 March 2018. Limited information booklets are available at the school office if required. There is more information available at: <a href="https://education.nsw.gov.au/shs-oc">https://education.nsw.gov.au/shs-oc</a>



### Parent forums for planning for 2018-2020

You have all been invited to participate in our parent forums set down for the afternoon of Tuesday, 7 November and all day Wednesday, 8 November. The hall will be set up for parents to participate in a presentation on information about the school's external validation process and NAPLAN results for 2017. After the presentation on Tuesday afternoon parents can use the stations of interest set up in the hall to have a say in future planning for our school. Staff will join the presentation but will leave the hall after this for you to explore the learning stations. P&C and community members will stay in the hall to support parents with the evaluation process and be available for some one-on-one discussions/questions on promoting a positive school community.

On Tuesday afternoon child minding will be available. School staff will care for your children while you attend the presentation and work through the evaluation process in the hall. We will provide fruit, sandwiches and water for the children's afternoon snack. Refreshments will be available for you in the hall. The hall and child minding will be available until 5:00pm that day. On Wednesday, 8 November another presentation will be provided at 9:00am for parents. The hall will then be open until 5pm for parents to access. Refreshments will also be provided on this day. This will be a school student free environment for those times. Babies and younger children are welcome to attend with you in your care at all times.

We urge you to take this opportunity to support your school with future planning and welcome your input. The school and its community working harmoniously together will support a happy, safe and caring school where children can learn and thrive.

The invitation and map of how the school hall will be set up for the parent forums is attached for your information in this newsletter. Looking forward to seeing you all there!

### Planning for 2018 school structure

It is that time of year again when our school starts forward planning for the school structure for the next year. How we structure classes for 2018 will depend on the total number of students enrolled for 2018, the staffing entitlement the Department of Education allocates and the numbers in each grade year. As always, teachers are in the best professional position to make the decision about where a child should be placed for the optimum benefit of their educational progress. We know that children grow and change as they progress through school. They change socially and their associations with other children change. Academically they may need support or challenge. As always it is important to remember that students are placed in classes to enhance their learning opportunities with sound teacher professional knowledge

backed up with assessments, work task results and classroom teacher expertise on the educational, social and emotional growth of a child. We do welcome your input in this process if you believe there are **extenuating circumstances that need to be considered** when placing your child in a class for 2018. If this is so, you are welcome to make an appointment to meet with me to discuss this matter. Alternately you can put your concerns in writing and address the correspondence to me. Please always remember this process is totally confidential. All these requests will be taken into consideration but we cannot guarantee that it will be possible to fulfil these requests, as numbers, teachers available and professional educational judgement will determine the final outcome. Classes will be formed at the end of the year for 2018 but, as always, may not be set until the beginning of 2018 when numbers of students on seats become apparent.

### New signs in our school

You would have noticed some new signs around our school making you welcome and safe. We have a new electronic sign out the front that is almost ready to go. Just a few more little things to iron out and it will be up and running. So exciting! Watch that space.

### Student school leaders for 2018

Our Leadership course is starting next week for students in Year 5 who wish to be considered for school leaders in 2018. We have an updated policy around how we proceed in choosing school leaders. This has been tabled at a recent P&C meeting and agreed by school staff. We will be running with this as our new guidelines for school student leadership. A copy is attached here for your information.

### Late to school

We all know **how important regular and consistent attendance at school is**. Teaching your child to be punctual at school and ready for the day's learning is a life-long skill which will see them moving smoothly into future careers. Don't let your child be embarrassed by being late, disrupting their class and missing essential learning. Be on time every day. It makes a difference.

### Year 6, not long now!

It is a sad time of year when we all come to the realisation that our Year 6 students will be ending their Primary School education and moving onto High School next year. Only 6 weeks to go for them. Some of them have been with us since beginning Preschool. That is 8 years in the same school with many of the same friends and teachers. Our thoughts are with them as they come to terms with leaving the comfortable confines of our supportive little school to join the throngs of the larger population of a high school campus with multiple teachers and classrooms for the different subjects they will be learning. A huge change lies ahead not only with the changes in school settings but with growing up as well. It is not easy being a young person moving between childhood and pending teenager. Our thoughts and wishes are with you Year 6. Make these last weeks of Primary School the best you can have. Leave us with fond memories of you.

Have a sunny and happy fortnight.

Ona Buckley Principal

### Positive Behaviour for Learning (PBL) Week 10

This week teachers have been teaching their students about how to 'Be Safe' at break times in area B and C of the playground. Lessons have focussed on the importance of not playing with sticks and keeping your hands and feet to yourself. Students have been reminded that for their own safety they are to wait for

a teacher before using the fixed equipment. It is important to note that the need for direct teacher supervision applies before and after school as well. The play equipment remains out-of-bounds before and after school and we ask parents and carers to discourage their children from using the equipment at these times.

Students who successfully demonstrate positive behaviours by not playing with sticks, keeping their hands and feet to themselves and waiting for a teacher to use the fixed equipment will be rewarded with Win Bin tickets and stars on their Star Charts.

Parents and carers are encouraged to discuss PBL expectations with their children. If you have any questions related to the school's PBL program or about student wellbeing policies and practices, please direct them to either myself or Ms Buckley.

Mrs Janine Szostak Assistant Principal (Relieving - Student Wellbeing)

### Kindergarten 2018 Transition Program

Welcome to our new 2018 Kindergarten students. Please find below the information for the four transition sessions:

Session and Date	What to bring
Session Wednesday, 25th October 2017 9:00am to 10:30am	Students are asked to bring a water bottle. An information session has been organised for parents in the school hall.
Session 2 Wednesday, 1 <sup>st</sup> November 2017 9:00am to 10:30am	Students are asked to bring a water bottle.
Session 3 Wednesday, 8th November 2017 9:00am to 12:00noon	Students are asked to bring a bag with a small healthy snack, fruit for fruit break and a water bottle.
Session 4 / Picnic Wednesday, 15th November 2017 9:00am to 2:00pm	Students are asked to bring a bag with their lunch, a water bottle and fruit for fruit break. Children are also asked to bring a labelled teddy bear for our Teddy Bears' Picnic! We will be also doing some outdoor activities, so please bring a hat.

Please ensure that your child's name is on all their items. The P&C will be opening the Uniform Shop in the CA room on the last session, 15 November, from 9-11am.

We look forward to seeing you all soon.

The Kindergarten Team

### A Message from the School Office

### Office Hours

The School Office hours are 8.30am until 3.15pm. Please note that the School phones are only manned during these hours.

### **Changes to Going Home Arrangements**

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day it would be appreciated if you could contact the office prior to 2.00pm to ensure that the message is passed on to your child.

### Sick Bay Update

Please be aware that our Sick Bay is still not operational due to a refurbishment. If your child is unwell in the morning it is advisable to keep them at home. We are doing our best to give children the first aid attention that they require in a limited sick bay environment.

### Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP and you can record your child's absence from school here as well. You will also find our School website at <a href="http://www.woywoy-p.schools.nsw.edu.au/">http://www.woywoy-p.schools.nsw.edu.au/</a> which is regularly updated with events happening in our school. The School email address for correspondence is <a href="mailto:woywoy-p.school@det.nsw.edu.au/">woywoy-p.school@det.nsw.edu.au/</a>.

### Thank you

Linda Goldsmith – School Administrative Manager

### **Upcoming Events Calendar**



	Term 4				
Week 3	Oct	23	Healthy Harold 23/10-1/11		
		25	Kindergarten Orientation		
			Year 5 Author Visit		
			Operation Xmas Cake Stall		
		26	Year 6 Fundraising – Mufti Day		
		27	Stage 2/3 Ball Games		
Week 4	Nov	1	Healthy Harold 23/10-1/11		
			Kindergarten Orientation		
			P&C School Disco		
		2	Cook for My Parents Years 5/6		
			Early Stage 1 Rumbalara Excursion		
		3	Year 6 Fundraising – Spider Day		



### **Canteen Roster**

Mon 23 October Helper needed 24 October Alice Tue Wed 25 October Janette Thu 26 October Kay Fri 27 October Mel 30 October Helper needed Mon 31 October Vicki Tue Wed 1 November Leanne Thu 2 November Kirstv Fri 3 November Helper needed

### Snack Shack News

REMEMBER you can buy fruit from the canteen in the mornings for fruit break.

Apples \$1.00
Banana \$1.00
Mandarin \$1.00
Watermelon cups 50c



Hats are available in the canteen for sale for your convenience.





Thank you to all the volunteers who help out in the canteen.

Thankyou, Anne

### Kitchen/Garden News

### **Looking for Volunteers**

We are looking for people who might be able to help us look after the garden and chickens on weekends and over the December/January holiday period. If you are keen to lend a hand with watering, assist in the garden, or feed the chickens could you please contact me on 0416 175 442.

Thank you

Lina Williamson



### Talent Show Auditions - 2017

We will be holding auditions for our Talent Show in weeks 2 and 3 this term. We have a limited amount of time for acts in this year's show. Try and have your act ready to perform and bring any music you need on a labelled CD or USB if possible.

Auditions will occur on: Wednesday 18 – Wednesday 25 October.

Mrs Rayner and the Talent Show Team

### **Operation Christmas Child Cake Stall**

On Wednesday, 24 October there will be a cake stall to raise money for Operation Christmas Child. Stage 2 students have been asked to bring in donations of cupcakes, slices or biscuits. Prices will range from 20c to \$1.00.

### P-6 Academic Achievement Awards Week 2



Congratulations to the following recipients of our Academic Achievement Awards at our Week 2 Assembly.

Name	Class	Name	Class	
Brady Colwell	K-6PC	Kallam Baverstock	K-6W	
Cash Jamieson	KLP	Noah Brown	KRM	
Isabella Bridge	KW	Jessica Ladhams	K/1M	
Heidi Kerr	1C	Maxim Green	1M	
Isla Rose	1/2Y	Summer Tabone-Zammit	2S	
Azalea Carter	3/4B	Lara Butler	3/4C	
Joshua Rose	3/4R	Dario Cervera	3/4T	
Shonoah Bailey	3-6S	Daisy Haime	5/6B	
Brayden Reynell	5/6S		•	

### **Christmas Gift Donations**



We are collecting donations of new unwrapped gifts for disadvantaged families in our community which are collected and distributed by St Vincent de Paul. Please place your donations into the Xmas bin located in the school office.

### Multicultural Calendar - October

### Heritage Calendar for Cultural Diversity

### **October 2017**



### This month's community language is MONGOLIAN

TUESDAY 3<sup>RD</sup> ZHONG QIU JIE/MID AUTUMN FESTIVAL – CHINESE

UNITY DAY – GERMANY

TUESDAY 10<sup>TH</sup> NATIONAL DAY – FIJI

NATIONAL DAY - REPUBLIC OF CHINA - TAIWAN

THURSDAY 12<sup>TH</sup> SPANISH LANGUAGE DAY – UN

NATIONAL DAY - SPAIN

FRIDAY 27<sup>TH</sup> CHUNG YEUNG FESTIVAL – CHINESE

### **Aspire Home Reading**



Congratulations to the following students who have reached their 25, 50, 75,100, 125, 150, 175, 200, 225 and 250 nights of home reading!

### 25 Nights

Lara Butler 3/4C, Hokin Lam 3/4C, Izzy Harris-Marsh 3/4C, Conner Clark KLP, Cash Jamieson KLP, Ryder Taggart KLP, Charlee O'Hara KLP, Clodagh Stormont KLP, Daina Clark 1/2Y **50 Nights** 

Mia Pike 3/4C, Izzy Harris-Marsh 3/4C, Layla Refalo KLP, Kiarna Tyler-Hull KLP, Erin Davis KLP, Charlee O'Hara KLP, Riley Green KLP, Frankie Pullen KLP, Conner Clark KLP, Archie Wilson KLP, Heidi Kerr 1C, Daina Clark 1/2Y, Jackson Sceats 1/2Y
75 Nights

Mia Pike 3/4C, Archie Wilson KLP, Eli Newell KLP, Frankie Pullen KLP, Riley Green KLP, Bronte Packham KLP, Kiarna Tyler-Hull KLP, Layla Refalo KLP, Millie Neill KLP, Sebastian Warren KLP, Sophie Kerkin 1C, April Kennedy 1C, Daniyal Kashif 1C, Jasmine Alwahan 1C, Kanesha Evans 1C, Alura Waltmann 1/2Y, Daina Clark 1/2Y

### 100 Nights

Jacinta Hurley 3/4C, Bronson Thomas 3/4C, Stella Fitzmayer 3/4C, Eli Newell KLP, Jake Golds 1C, Olivia Shannon 1C, April Kennedy 1C, Sophie Kerkin 1C, Chace Browne K/6PC, Alura Waltmann 1/2Y, Hayden Douglas 1/2Y, Deizel Douglas 1/2Y

### 125 Nights

Jack Ellis 3/4C, Bronson Thomas 3/4C, Claire Weaver 3/4C, Vivien Ding 3/4C, Adam Cooper 3/4C, Eli Newell KLP, April Kennedy 1C, Sophie Kerkin 1C

### 150 Nights

Jack Ellis 3/4C, Bronson Thomas 3/4C, Vivien Ding 3/4C, Adam Cooper 3/4C, Eli Newell KLP, Jackson Dukes 1C, Hamish Simpson K-6PC, Jackson Wang 1/2Y, Kyo Yamada 1/2Y, James Dukes 1/2Y 175 nights

Vivien Ding 3/4C, Adam Cooper 3/4C, Natalie Hedge K/6PC, Annabelle Durrand 1/2Y, Jackson Wang 1/2Y, Kyo Yamada 1/2Y

### 200 nights

Caleb Wood 3-6S, Vivien Ding 3/4C, Chloe Smith 1C, Annabelle Durrand 1/2Y **225 nights** 

Connor Conijn 3-6S, River Quennelle 3/4T **250 nights**Brady Colwell K-6PC

### **P&C News**



The P&C team hope everyone has had a great start to Term 4. We have had many successful initiatives this year and look forward to finishing up the year on a high. There are lots of great events coming up. If anyone in the school community would like to discuss any event/activity ideas or have any questions about the how the P&C runs or involvement we welcome you to get in touch with the executive team either via the email <a href="wwpspandc@live.com.au">wwpspandc@live.com.au</a>, coming along to a meeting or find us in the playground for a chat.

The next meeting will be held Wednesday 8<sup>th</sup> November at 7pm in the school staff room. If you would like to join the P&C membership forms can be filled out on the night or found on the P&C tab of the school website.

Thank you to the school community and staff for their ongoing support.

The P&C Executive Team

### **Uniform Shop**

The uniform shop has limited stock available in the blue school polo shirts sizes 8 and 10. The stock will be fully replenished for the Christmas school holidays opening periods and the 2018 start of year. Christmas school holiday opening times to be advised in an upcoming newsletter. Thank you for your understanding.

**Uniform Shop is open every Wednesday 8.30-9.00am**. For those parents/carers that are unable to attend the Uniform Shop during opening times, please complete an order form and email it to <a href="wwpsuniforms@outlook.com">wwpsuniforms@outlook.com</a>. You will be invoiced and your order will be processed once payment has been received and your requested items will be provided to your child via their class as indicated on the order form. Remember, summer uniforms are to be worn in Term 4. To help us reduce the number of lost property items, please ensure uniforms are marked clearly with your child's name.

A thank you is extended to all the volunteers who lend a helping hand in the uniform shop. We are always looking for volunteers, if you are able to help please email or drop in to the CA Room on Wednesday morning.

Debbie Tonkin Uniform Shop Coordinator

### **School Banking**

School Banking continues this term on a Friday. Remember to submit your banking tokens to collect great prizes.

Nicole Golds School Banking Coordinator

### **Upcoming Events**

We have lots of exciting plans for Term 4 so mark these in your diary.

**Wednesday 1<sup>st</sup> November the Halloween Disco is back!** Notes will go home week 2. The tickets are \$5 and there will be sausage sandwiches available for purchase along with games and activities. Games, Prizes and scary costumes Oh my!!!

*Friday 3 November 7.30pm Bad Moms 2 Movie Night* We would like to invite the ladies in the community to join us for a night of laughs as we have a private screening of the hilarious new movie Bad Moms 2. Tickets are limited and will be on sale for \$15 each. You can purchase tickets 24<sup>th</sup>, 25<sup>th</sup> and 26<sup>th</sup> of October (week 3) in front of the canteen between 8.30 am and 9.30 am. If you can't get in at that time feel free to send you money in an envelope with your kids to the sales table, not the office. Please include your name, phone number and email address on the front of the envelope. This is a fun event for the community to get to know each other and have relaxed night. There will be a ticket in the lucky door draw for everyone attending.

Billiy G's Cookie Dough Drive Keep a look out in week 3 for your notes and catalogues. This is a great opportunity to take care of those Christmas holiday snacking needs. Billy G's offer a range of delicious flavours of dough that is simple to store and use that come in handy 1kg tubs. Orders will be taken between week 3 and week 5 either by returning your order form to the P&C barrel in the front office or placing your order via the handy online store. Delivery is expected in week 9. Date to be advised. Prizes are available to students for sales and these will be on display in the noticeboard near the canteen. Mmm I can smell them cooking already.

Jodi Rooney
Fundraising Coordinator

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Saturdays: 9am, 11am & 1pm Sundays: 11am & 1pm

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### **Community News**

### **BWSC Umina Campus**

Our Year 7 Book Packs are now ready to order online on the following link:

https://www.officemaxschools.com.au/NSW/Umina/Brisbane-Water-Secondary-College and then entering the code: **3XW9W.** 

BWSC Umina Campus Veron Rd, Umina Beach 2257

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## Woy Woy Public School

## SCHOOL PLANNING PARENT FORUMS 2017



### Invitation

You are invited to our School Planning Parent Forums 2017. We encourage parents and carers to be involved with our school. One of the ways you can do this is to be part of our 2017 Parent Forums.

## Purpose of the Parent Forums

Woy Woy Public School is consulting with parents, staff and students to map out the new School Plan for 2018-2020.

The forums will give parents and carers an opportunity to contribute to the future direction of our school whilst gaining valuable information about any future plans and developments for our school. Teachers will be attending their own feedback session and therefore this is a parent/carer event only. School executive will lead the presentation to introduce the forums.

We value your opinion and what you think we do successfully and what we could do better. We need your ideas and suggestions to contribute to the creation of an innovative and successful new school plan. Have your say: Your voice counts!

## When are the Parent Forums being held?

Tuesday 7th November: Presentation 3 pm - 3:30 pm (Led by School Executive)

Wednesday 8th November: Presentation 9 am - 9:30 am (Led by School Executive)

Both sessions will be held in the hall. Child minding will be available on Tuesday afternoon until 5 pm. The hall will remain open until 5 pm on Tuesday and Wednesday to allow parents to provide feedback, suggestions and have face to face discussions with community members.

# What will be happening during the forums?

There will be a presentation on the External Validation process the school recently undertook and NAPLAN results for 2017. There will be stations set up for the community to provide feedback on school programs, future directions and the vision statement. The P&C will have a station to answer questions and discuss parent involvement in the school community.

Tea, coffee and refreshments will be available.

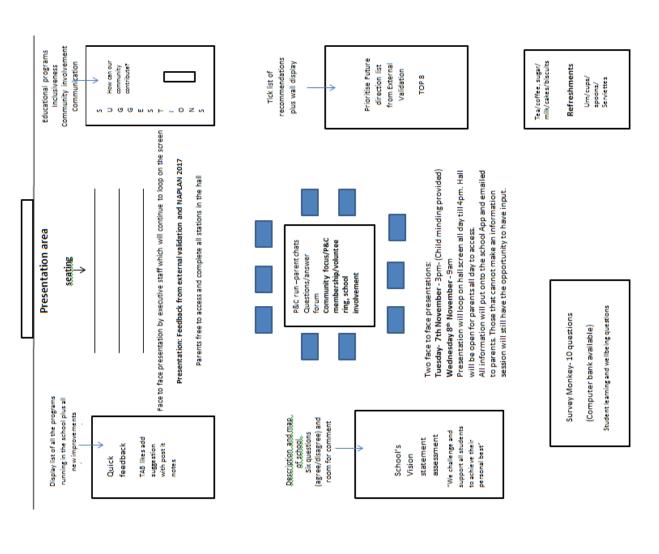
For any parents and carers who are unable to attend we will provide an opportunity for online

We look forward to seeing you there, YOUR VOICE COUNTS.

feedback

"We challenge and support all students to achieve their personal best"

### School Hall





**Nutrition Snippet** 

# The simp\est wav

# ...to add Spring produce to your menu.

only tastes better, but buying fruit and veg in season can be up to 35% cheaper than other times of year. Adding seasonal produce to your weekly menu not

Here are four easy ways to add more Spring vegies and fruit to your day:

- sauce, add canned lentils to your sausage roll mix. salad, stir kidney beans through your bolognaise Add some legumes – add chickpeas to your
- and pack them with a small container of hummus. Put vegie sticks in every lunch box – carrots are super cheap in Spring, cut them into sticks
  - use in sandwiches zucchini are delicious roasted pumpkin and Roast vegies and
- strawberry, apple and on wholegrain bread. cups - cut up some Make fruit salad



rockmelon and put in a cup for a sweet, tasty treat.

or join us at facebook.com/eatittobeatit For more information visit www.eatittobeatit.com.au

Eat It To Beat It

## Woy Woy Public School







Phone 4341 3555; Fax 4344 3927 Email woywoy-p.school@det.nsw.edu.au

"We challenge and support all students to achieve their personal best"

### 2017 Year 6 Fun Fair

Dear Parents & Carers,

major fundraising event for Year 6. The money raised will be used to purchase a gift for The Annual Year 6 Fun Fair will be held on Thursday November 30th 2017. This is the the school and to pay for a portion of the Year 6 Farewell. The Year 6 students will be responsible for organising the stalls and activities for the rest of the students to participate in.

Below is a sample list of some of the activities:

- Photo Booth
- Haunted House
  - Beauty Salon
- Game Sector
- Sock Wrestling

  - Lollyrush
- Dance Party
- Balloon Popping
- Spaghetti Dipping
- Lego Building Against The Timer Hair Spray

The cost to participate for students in K-5 will be \$5 per student. Please send \$5 for your child in an envelope with their name and class written on it by Monday 27th November.

Thank you for your support,

Year 6 Students and Teachers

woy woy Public School's mission. Is to provide a name, caring, secura place where students and their effores are valued by a committeed staff and an actively supportive community.

Respect is our job. Aspire is our motto.





# **BaRK Reading Program**

BaRK is a free eight-week program to assist reluctant readers. Children practice reading aloud on a one-to-one basis to a trained therapy dog from the Delta Society.

## Dogs are great listeners!

When reading to a dog, children enjoy an environment of unconditional acceptance and emotional support. Our animal assisted reading program removes stress and peer pressure for the reluctant reader. BaRK makes reading fun.

# How does BaRK encourage reluctant readers to read?

A bond is encouraged between child and dog by having the same child read to the same dog each week. The dog allows children to gain confidence and self esteem by providing his/her love and attention in an atmosphere free of criticism.

# What type of students will benefit from BaRK?

building program also benefits children who lack self esteem or who are shy. Any primary aged children experiencing difficulty in reading may be nominated for the program by a teacher or The BaRK program is beneficial to all children struggling with their reading. This confidence

## How does it work?

BaRK offers an eight week program during school terms. Each session is fifteen minutes. Families must commit to the full eight week program. For more information please contact Kincumber Library on 4304 7337 or 4304 7641.









Come and meet the animals from the Reptile Park !!!!

Balloon Artist Pony Rides 4ir brush Tattoos Market Stalls

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**Nutrition Snippet** 

# The simp\est way

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- My Fruit and Vegetable Reward your kids using our
- Plan ahead, save time and money with your Family Menu Planner.
- packing lunches Make
- Learn how to manage fussy eaters with our easier with our Healthy Lunch Box Planner. Strategies for Fussy Eaters Guide.
- Get new ideas for healthy snacks with our Fruit and Vegetables Snacks Guide.
- Find out when to buy your fruit and vegies in our Seasonality Guide.

Visit https://tinyurl.com/ycp5a89a to download.

For more information visit www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit

### Small changes, big differences.





## FREE Triple P 2-8 Years Group Program conducted by Central Coast Family Support

Come along and learn from the program and each other

Venue: Woy Woy Schools as Community Centre (in the grounds of Woy Woy Public School), Be the Best Parent You can be ....

Program

With Triple P - Positive Parenting

provides practical answers to everyday concerns Triple P is a parenting program for all families that

Families NSW is offering Triple P to all families with

children aged 2-8 years.

1st, 8th, 15th, 22nd, and 29th

5 Wednesday sessions in Term 4, 2017

When:

Blackwall Road, Woy Woy

November 2017 (5 weeks)

10am to 12pm Time:

SOOKINGS AND INFORMATION



LIMITED FREE CHILD CARE AVAILABLE

Free morning tea provided

FAMILY SUPPORT SERVICES

CENTRAL COAST

To register for this Group please call

1340 1585 or email; ccfss@ccfss.com.au

www.triplep.net