



Edition 35: 31 August 2018

From the Principal

Term 3 Week 6

Book Week celebrations have been in full swing here at Woy Woy Public School this week! Wednesday saw the students have the opportunity to parade around under the COLA with their classmates in their book-related character costumes. The students and teachers outdid themselves with many fantastically colourful and inventive outfits on display. The parade proved to be a very popular community event and was well attended by parents, grandparents and friends, which was lovely to see.

Earlier in the week the students listened to stories expertly told to them by visiting author illustrator **Cheryl Orsini**, whose books include 'Caravan Fran', 'I Wish I'd Danced with Anna Pavlova', 'The Macquarie Dictionary's 'My First 350 Words' Edition', 'The ABC Book of...' series and 'The Dolls' junior fiction series. Cheryl was a very engaging, entertaining and personable presenter and we would like to thank her for taking the time to visit us this week.

A huge thank you goes out to Mrs Cathy Walker and Mrs Brigitte Cooper, our resident Teacher Librarians, who have worked very hard to organise all of these exciting Book Week events and experiences. Don't forget to pop into the library to pick up a book or two for your children or to donate back to the school. Your support is much appreciated.



Excursions Update

As I mentioned in the last edition of the Namalata, Term 3 is excursion term here at Woy Woy Public School. Last week our Stage 3 students visited Canberra for a three day/two night excursion. Mrs Hauraki, Mrs Turner, Mr Paul Betts, Mr Brady, Mr Curran and Mr Owens

accompanied the students and reported excellent behaviour from our students and lots of quality learning and teaching over the course of the three days. I was pleased to read some very positive messages from parents, expressing their gratitude and appreciation for the hard work demonstrated by the teachers, on a thread posted on the school's Facebook page. It's nice to see this forum being used as a means to disseminate information and celebrate the achievements of members of our school community. I'd also like to join those parents in commending Mrs Hauraki, Mrs Turner, Mr Paul Betts, Mr Brady, Mr Curran and Mr Owens for their dedication and care.

In the coming weeks, some students from Years 2, 3 and 4 will be attending Swim School at the Peninsula Leisure Centre – thank you to Mrs Rayner, Mrs Taylor and Mrs Young for their efforts in organising this program. In Week 8, students in Year 3 will be attending their Treetops excursion. Kindergarten visit the Reptile Park and Year 5 and 6 students will visit the Rumbalara Environmental Education Centre. We wish all of our students and teachers well as they prepare for the exciting educational experiences ahead of them.

Student Wellbeing

The school's Student Wellbeing and Positive Behaviour for Learning (PBL) teams work closely together to implement and maintain consistent school-wide systems and practices that promote, support and reward positive behaviour in order to enhance the wellbeing of all students at the school. One of the more recent initiatives put into place was the trialling of 'Wellbeing Communication Journals' in select 3-6 classrooms; the idea being that these journals could be a non-confronting way for students to ask for help with issues that might be affecting them at school or outside of school. Other classes have trialled the use of 'Circle Time' as a forum for encouraging respectful talk of feelings and emotions, and as a framework for teaching about resilience.

This week the school's **Breakfast Club** was open for business for the first time this year. Ms Campbell (our School Chaplain), Mrs Tina Jackson (P & C President), Mrs Michelle Foreshe (2Y's prac teacher), Mr Price, Mrs Mills and I were all on hand to help kick-start the program. The Breakfast Club aims to provide a nutritious breakfast to students who have not been given breakfast before coming to school in the morning. Eating a nutritious breakfast has been scientifically proven to improve energy levels, improve metabolism, stabilise blood sugar levels and improve memory and concentration; meaning that children who aren't given breakfast before coming to school are at a significant disadvantage compared to their peers.

I'd like to thank the aforementioned people for their contribution to the establishment of the club and I'd also like to acknowledge the contribution of Bakers Delight Woy Woy, who have generously agreed to donate products to the school in order to enable the club to run. It is much appreciated and should prove to be beneficial for the students of Woy Woy PS.

Sport

We've certainly been punching above our weight in the NSW PSSA knockout soccer competitions this year! Mr Wolski's Girls' Soccer team made it to the final 32 in the state (and the semi-finals of the Sydney North School Sports Association side of the draw), eventually going down to Avalon Public School in their Round 6 fixture. Mr Graham's Boys' Soccer team have again outdone themselves having made it through to the last 16 teams in the state. Last Tuesday 21 August, they were successful in defeating Erina Heights Public School by 1 goal to 0, with Jackson Hart drilling a scorching goal to seal the win. Next up the boys play Neutral Bay Public School in their round of sixteen fixture which will also determine the winner of the Sydney North regional sports association. I'm sure you'll join me in wishing them all the best in their quest to become state champions.

Both Mr Wolski and Mr Graham have reported that their charges have trained hard and played with passion and pride, and that they are very proud of their achievements. Well done to all involved.

There were also some wonderful results at the SCCPSSA Athletics Carnival. Congratulations go to:

- The junior girls relay (Lahni Moore, Layla Graham, Gabriella Potestas, Hayley Flower) 1st place
- Anwar El-Kurdi - 1st in junior discus and 2nd in 10 Years 100m
- Chris Flower - 1st in 13 years 100m and 2nd in senior 800m
- Dayne Jennings - 1st in 11 Years shot put and 1st in 11 years long jump
- Tayla Macleod - 2nd in junior girls discus

All the students performed really well in cold, windy and wet conditions.

As a final point I would like to wish all of our fathers, grandfathers, carers, friends and relatives a happy Fathers' day for this Sunday. I hope to see some of you at the Fathers' Day Breakfast on Friday morning. I'd also like to wish all of our mums and all of our other community members a happy and safe weekend.

Regards

Dan Betts
Relieving Principal



Positive Behaviour for Learning (PBL)

This week teachers have been teaching their students about how to 'Be Safe' when moving around the school during class time (i.e. class-to-class transitions). Lessons have focussed on the importance of staying together in two lines, walking rather than running, staying away from the fixed play equipment and keeping one's hands and feet to oneself. Next week we will be teaching students how to 'Be Polite' when going to the canteen. Teachers will emphasise the need to line up and be patient, and to say "Please" and "Thank you" when purchasing items.

Students who successfully demonstrate positive behaviours when transitioning from class to class during learning time, and when visiting the canteen, will be rewarded with Win Bin tickets and stars on their Star Charts.

Parents and carers are encouraged to discuss PBL expectations with their children. If you have any questions related to the school's PBL program or about student wellbeing policies and practices, please direct them to either myself or Mr Betts.

Mrs Michelle Williams
Relieving Assistant Principal (Student Wellbeing)

Our Canberra Excursion by Kahlia and Mary

On 22 August Stage 3 left for Canberra to have an amazing time. When we finally crossed the border into Canberra the fun began. We did so many amazing activities.

Day 1 included an Embassy Tour, a look around Old Parliament House and after a quick lunch break we had many students' favourite activity, 'Questacon', where we had so much fun. We also saw the whole city of Canberra from the top of Mt Ainslie. After a big first day we arrived at our accommodation. We had a lovely dinner then a much needed rest.

Day 2 was filled with more excitement. We went to The National Gallery of Australia, The Dinosaur Museum, The Institute of Sport, known as AIS, and the War Memorial which was very heart-wrenching. After that we went back to our accommodation, had dinner and another much needed rest.

Day 3 we woke up early, had a yummy breakfast and said goodbye to our rooms. Then we got on the buses and left for Parliament House. It looked like a palace. It had 4700 rooms and it looked amazing inside. We learnt more about the Senate and The House of Representatives and did some role playing. We then hopped back on the buses remembering the great things we had experienced. It was a six hour trip back to Woy Woy. When we arrived at the school gates we saw our loving family members waiting to take us back home.

What an amazing experience we all had. Thank you to the teachers for giving us this opportunity and thank you to our parents for letting us go. We will remember this for ever.

Written by Kahlia Williams and Mary Gemmell on behalf of Stage 3.



Yr 6 Canberra Excursion – PACER Subsidy

Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20.00 per student under the Parliament and Civics Education Rebate (PACER) program towards those costs. The rebate is paid directly to the school upon completion of the excursion and was factored into the costing of the Year 6 Canberra Excursion this year.

Public Speaking – Kahlia and Tayla



Here are Kahlia Williams and Tayla MacLeod who represented WWPS in the Stage 3 competition of the recent Central Coast Public Speaking Finals at Empire Bay PS. Unfortunately their picture accidentally missed publication in the last issue of the Namalata. Well done girls!!

Tournament of Minds by the TOM Team

On Sunday 26 August, seven of our stage 3 students went off to Newcastle Grammar School to present a spontaneous challenge and a long term challenge that they have been working on for six weeks. In case you don't know what tournament of minds (TOM) is, it is a challenge around the world for primary and secondary students who have been selected by their fellow teachers to solve a challenge by acting their solution out. The officials will give you 4 different challenge areas: STEM, Social Science, The Arts and Literature. Our school's TOM team chose social sciences for their long term challenge, which was called "Don't fence me in". The challenge was:

There are many examples of walls or fences being built around the world for different purposes - the great wall of China, the Mexican border, etc. Some fences have been built to keep people out, and others in. While exploring, your team has found the remains of a fence. Your team has been given the task of identifying why the fence was built and by whom. You need to work out whether or not the fence has achieved its purpose, and both the unintended and intended consequences of the fence being built. How do you know?

We also had a spontaneous challenge that we got given on the day.

The solution we came up with was that a couple of the world leaders got together to discuss an idea about an 'eco-dome' to see if human beings could survive without technology despite the environmental failure outside. They built the dome and made it into a TV show to get money. While the people in the dome lived their lives, the outside world died out as a matter of pollution and the Ozone layer being destroyed. But the people in the dome lived on until they later found out they were inside a dome. Then somebody accidentally opened the door to the outside world.

Our solution was so good that our team came 2nd out of about 50 schools. Congrats to:

Tyson Cridland, Lucia Keating, Gemma Montelbano, Dylan Morrison, Zak Graham, Noah Hunt and Vali Focas

This is our amazing TOM team who represented our school.



Also thank you so much to Mr Wolski who spent his time out of his own class KW to help us with our idea. Without you we wouldn't have been able to go there anyway.

The TOM team ☺

TOURNAMENT OF MINDS REGIONAL FINALS 2018



REGION: Hunter

PRIMARY	LANGUAGE LITERATURE	SOCIAL SCIENCES	STEM	THE ARTS
Winners	St Paul's Primary, Rutherford #1	Raymond Terrace Public School	Ashtonfield Public School	St Mary's Primary, Scone
Honours	Newcastle Grammar School – Minds of Tournament	Woy Woy Public School	St James' Primary School, Muswellbrook	Newcastle East Public School
		Grahamstown Public School	New Lambton Public School – Black	Swansea Public School – The Sharks of Swansea
			Rathmines Public School	Our Lady of the Rosary, Wyoming
				Elmore Vale Public School

Aspire Home Reading



Congratulations to the following students who have reached their 50, 75, 100, 125, 150, 175 and 200 nights of home reading!

50 Nights

Isla Portelli 2Y, Jasmine Alwahan 2Y, Brock Wiegold 5/6H, Ruby Cairncross 2B

75 Nights

Prydi Bisson 2Y, Patience Bisson 2K, Brock Wiegold 5/6H, Ruby Cairncross 2B, Harry Stanfield KRM

100 Nights

Brock Wiegold 5/6H, Chloe Smith 2B, Ruby Cairncross 2B, Nevaeh Markham KRM, Jaden Introna 5/6B, Dylan Caulfield KRM

125 Nights

Emilie Liang 2B, William Glason KRM, Rylee Stait 5/6B, Lana Corkill 5/6B

150 nights

Terence Wu 2Y, Emilie Liang 2B, Rylee Stait 5/6B, Lana Corkill 5/6B

175 nights

Lucia Jian 2Y, Phoenix Stockwell KRM, Louisa Morrison KRM, Rylee Stait 5/6B

200 nights

Rylee Stait 5/6B

Book Week

What a fabulous Book Week parade. Here are some photos of all the wonderful costumes.



Some more information from the Got It program:

Newsletter insert 5

Newsletter insert 6

Strong Emotions how to help

When a child is upset		
They might ...	A parent or carer might respond by ...	The child learns ...
... sit on the floor not playing and frowning	... Bending down placing a gentle hand on the child's shoulder and saying 'I can see that you look upset. Do you want to tell me what happened? What can we do to help you feel better?' using a kind and gentle voice.	... That someone is interested and cares. It also provides the child with some choice, as well as hope and skills for managing negative experiences.
... shout at another child with whom they are fighting over a toy	... Helping the two children to calm down by using words to describe their feelings and working together to solve the problem (for example, "You seem to be upset. Why don't we stop and have a big stretch and relax? Then maybe you can each say why you are upset and what ideas you have for solving the problem and feeling better.")	... To calm down and how to solve problems with others.
... cry	... Giving them a cuddle and be still with them until they have calmed down.	... To experience and know what it is to be calm and trust that there is someone there for them.
... being quiet and withdrawn	... Watching from a distance for a while and think about what the child may be experiencing. A parent or carer could slowly move closer to the child and provide some contact and comfort or reassurance, followed by engaging the child in an experience when they seemed ready to do so.	... That they are important and their feelings are valued. They may also learn that they can feel better by sharing their feelings with others.

Additional resources-

www.kidsmatter.edu.au/mental-health-matters/social-and-emotional-learning/emotional-development/coping-skills-managing

Mindfulness and relaxation

There is an emerging body of research that indicates that mindfulness and relaxation can help children improve their abilities to pay attention, to calm down when they are upset and to make better decisions. In short, it helps with emotional regulation and cognitive focus.

Some ideas to include Mindfulness into a child's day:

- 1. Listen to the bell.** An easy way for children to practice mindfulness is to focus on paying attention to what they can hear. You can use a singing bowl, a bell, a set of chimes or a phone app that has sounds on it. Tell your children that you will make the sound, and they should listen carefully until they can no longer hear the sound (which is usually 30 seconds to a minute).
- 2. Practice with a breathing buddy.** For young children, provide them with a stuffed animal (breathing buddy), and get them to lie down on their back with their buddy on their belly. They focus their attention on the rise and fall of the stuffed animal as they breathe in and out.
- 3. Make your walks mindful.** Designate one minute of a walk you have with your child where you are completely silent and simply pay attention to all the sounds you can hear — frogs, birds, buzzing insects, a lawnmower. Then have fun noticing things you can see, smell and touch.
- 4. Establish a gratitude practice.** Gratitude is a fundamental component of mindfulness, teaching our children to appreciate the abundance in their lives, as opposed to focusing on all the toys and goodies that they crave. Try this at dinner where everyone takes turns to share one thing they are thankful for.
- 5. Make a Mind Jar.** A mind jar is a bit like a snow globe - shake it up and watch the storm! But soon, if we sit and breathe and simply watch the disturbance, it settles. As do our minds. Just get a jar, some water and some glitter.
- 6. Practice mindful eating.** Eating mindfully is a staple of mindfulness education, and is a great activity for kids. Get your child to practice eating mindfully start by eating a raisin or a piece of chocolate. Get the children to look at the food describing all that they see, then smell the food describing this, then feel the food describing texture then finally tasting the food slowly rolling it around their mouth and resting it on their tongue, then finally eating it very slowly.

Additional resources –

<http://smilingmind.podbean.com/?cat=715361>
<https://smilingmind.podbean.com/e/1-the-bubble-journey-7-11-years/>
<https://www.youtube.com/watch?v=yu0YEii4FkQ>

Girl's Touch Football

The WWPS Senior Girl's Touch Football Team played their round 2 & 3 games in the PSSA knockout at East Gosford Public School on Friday 17 August. The team was successful in both games, defeating East Gosford 7-0 and then going on to defeat Chertsey 7-1. They have picked up the attacking and defensive skills of the game quickly and played very well together as a team. The girls trained well in the lead-up and played some enterprising touch football in both games. They proudly represented themselves and their school, displaying positive sportsmanship and exemplary behaviour. Their round 4 game against Umina is scheduled for 9 am Friday 7 September at Umina Oval. The team members are: Mary (c), Emma, Scarlett, Zoe, Neisha, Kahlia, Ella, Olivia, Shae, Madi, Lahni and Lara.

Well played girls!

Mr P Betts

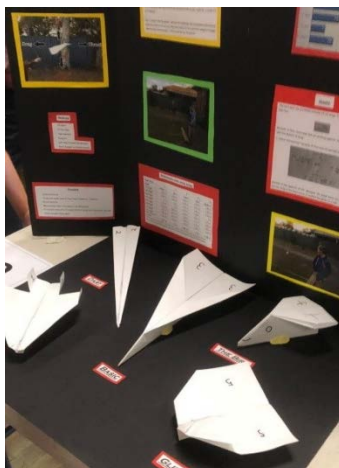


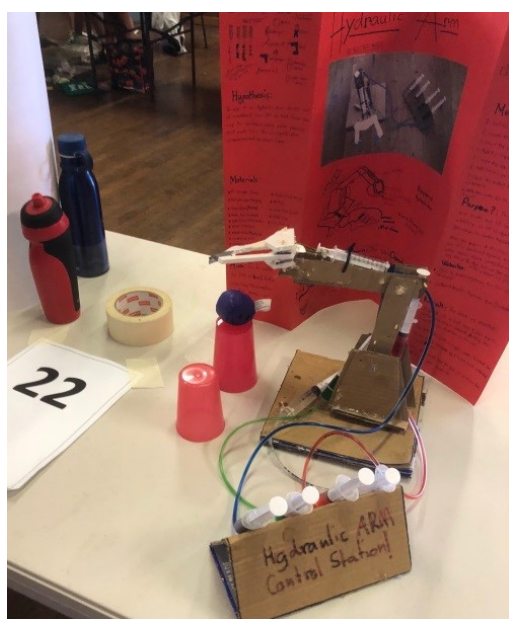
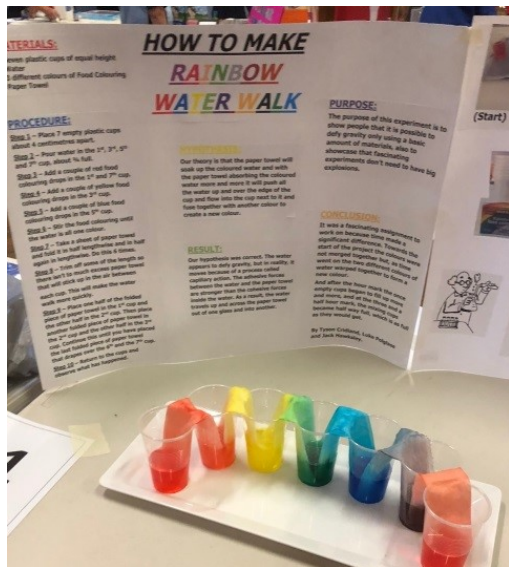
Science Week 2018



Woy Woy Public School celebrated Science Week with some great events and wonderful science demonstrations. Well done to all our student scientists!

Here are a few photos from the week's events. Thank you to all the staff who worked so hard to make the week a great learning experience for all our students.







Snack Shack News

Canteen Roster

Mon	3 Sep	Pat
Tue	4 Sep	Alice
Wed	5 Sep	Janet
Thu	6 Sep	Kay
Fri	7 Sep	Rita
Mon	10 Sep	Erika
Tue	11 Sep	Leanne
Wed	12 Sep	Vicki

Hats are available in the canteen for sale for your convenience.

\$13.00



Thank you to our Volunteers. If you are unable to come in on your allocated day please contact Anne as soon as possible so an arrangement can be made for a replacement.

Milkshake Day

Tuesday, 18 September 2018

Lunch time only

Just buy on the day!

\$2.00

Large Milkshake

Chocolate, Strawberry, Caramel



P&C News



Fundraising

Thank you for supporting the Father's Day Stall. We would like to thank the students for being well-behaved and polite during their time at the stall. They really enjoyed shopping and choosing something from the range of goods on sale.

Here are a few comments from the students:

"My dad is just going to love this"

"I can't make up my mind"

"Dad always wears thongs"



"I like the red one but dad likes blue best"

"Poppy likes the things I get for him"

We hope the significant males in their lives enjoy their gift which were all selected affectionately.

A huge thank you is extended to the volunteers who generously gave their time either behind the scenes or selling items. We simply cannot do it without you!

Congratulations to:

1st prize Madison Abbott, 5/6C

2nd prize Brodie Feather, 5/6A

3rd prize Haley Flower, 5/6C

for winning the Father's Day raffle. We hope you enjoy the prizes.

October is fast approaching and our next scheduled fundraising event is the Halloween disco. Students will be able to dress up in a spooky costume.

We are always looking for a helping hand to assist on the night. To successfully run the event a minimum of 10 volunteers is needed at each session. Please consider your availability and contact Rick Keuning, Fundraising Coordinator, if you can help.

More information will be provided closer to the disco.



Uniform Shop

We are still looking for a Uniform Shop Coordinator. If you are interested, please contact us via our email address: wwpspandc@live.com.au

Until the position is filled, we are still operating with a small band of volunteers. We encourage you to place orders using the order form and return the completed form to wwpsuniforms@outlook.com. In return, you will receive an invoice with on-line payment details.

***Please ensure online payments are made using P&C details supplied on this invoice.
DO NOT use the school's online payment systems***

Orders will be filled after payment has been received and items will be sent home with your child.

Being a proud uniform school, please remember to label all clothing items to ensure misplaced items are returned to the students. There is a considerable amount of lost property without names in the bin located near the school hall.

School Banking

Thank you for supporting the School Banking program. For every deposit made at school students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits. The two new rewards released for this term are the Mighty Boom Handball and the Heat Reactor Pencils.

Remember, School Banking day is every Friday.

Next Meeting

The next P&C General Meeting will be held on Wednesday 12 September 2018 at 7.00pm in the Staff Room. Come along and find out firsthand what is happening at the school. We look forward to seeing you there.

Please support our sponsors:

HOME
TIMBER & HARDWARE
GO WHERE THE TRADIES GO

CAMPBELL
BUILDING MATERIALS
PH 4341 1411
OPEN 7 DAYS
FOR ALL YOUR TIMBER, PAINT &
HARDWARE SUPPLIES
182 Blackwall Road, Woy Woy

AQUASPLASH

Ph: 4341 3922

6 mths – Adult.
Heated indoor pool.
AustSwim qualified instructors.
5 Mutu Street, Woy Woy NSW 2256
aquasplash@yahoo.com

Learn to swim. For all Ages.

Crazy BARGAIN WAREHOUSE

P: (02) 4343 1774 Shop 1, Pavilion Building
29-37 George Street, Woy Woy, NSW, 2256

The Dance Shoppe

for all your dance needs 0429 080 684

Stephen McPhee M.P.S. B.Pharm (Owner)
Ettalong Pharmacy
249 Ocean View Road
Ettalong Beach NSW 2257
Ph: 4341 3338
Fax: 4341 3834
Email – ettpharm@gmail.com

Chemsave
We have what you need.

Business hours ... Monday to Friday 8:30am to 5:30pm
Saturday 8:30am to 12:30pm

Is this the best chemist in the world, ever ?

PARTY PUNCH

KIDS BIRTHDAY PARTIES
BOOKINGS AVAILABLE

CHANGE FITNESS & MARTIAL ARTS - 24 ALMA AVENUE WOY WOY
Call Jase on 0433 321 273 or Kath on 0403 953 201
email: changefitness@live.com

STRATFORD MUSIC

Piano - Guitar - Vocals - Drums - Violin - Viola
Bass - Ukulele - Theory - Band & Ensemble
stratfordmusic.com.au 4344 5809

DANGINALITY

www.dancinallity.com.au Ph.4342 1195

RAD CLASSICAL BALLET – BAL TAP – JAZZ – HIP HOP – CONTEMPORARY & LYRICAL – DRAMA & MUSICAL
THEATRE – AERO – CHEER – BURLESQUE – BODY CONDITIONING CLASSES

SPECIALIZED PRE-SCHOOL DANCE PROGRAM – BOYS ONLY CLASSES – DANCE & FITNESS CLASSES FOR
ADULTS – ESTEDPOD & EXAMINATION OPPORTUNITIES – NOW OFFERING CERT II & III IN DANCE

HIGHLY QUALIFIED TEACHING FACULTY – FULLY EQUIPPED STUDIOS – A HOME AWAY FROM HOME

**MAKE YOUR MOVE... TO DANGINALITY... THE
PENINSULAS "GO TO" DANCE STUDIO!**

Born 2 Rock Music School

Music Lessons

FREE TRIAL - FIRST LESSON

Guitar – Drums – Bass – Vocal – Keyboard
Rock – Punk – Blues – Pop – Metal

0411 893 141 www.born2rock.com.au
4/2 Carnarvon Rd, West Gosford

LEARN TO SURF 8 WEEK PROGRAM ONLY \$190pp!!

@ Umina & Ocean Beach

- 8 x 90min lessons (1 per week)
- Starts Term 4 from Monday 9th October
- Weekdays: 4.15pm
- Saturdays: 9am, 11am & 1pm
- Sundays: 11am & 1pm
- Includes soft surfboards, wetsuits & 2 coaches
- Suited for adults & children (5yr+)

BOOK NOW www.salsurfschool.com/book-online
or call Sal on 0415 881 301

SALS SURF SCHOOL

PETER FLYNN BA. DIP.ED. TESOL

ENGLISH LANGUAGE TUTOR

Specialising in Tutoring overseas students
Will come to your home (Gosford area)

Mob: 0405546744
Home: 0243282221
Email: peterflynnmail@gmail.com



Kindergarten at Woy Woy Public School 2019

Come and visit us at Woy Woy Public School!



Kindergarten open classrooms: Wednesday 6 June 2018, 10am-11am

School information session: - Wednesday 29 August 2018, 6pm-7pm

Transition sessions:

Wednesday 17 October, 9am - 10:30am (Parent information session in the school hall.)

Wednesday 24 October, 9am - 10:30am

Wednesday 31 October, 9am - 12:00noon

Wednesday 7 November, 9am - 1:00pm



School Rock Band Competes in National Band Competition

We are excited to announce that some of our students have been invited to compete in The Music Bus Band Slam band competition, Band Slam! Band Slam is an annual band competition where each performing band competes to be crowned the ultimate performance in a range of categories. It's the biggest band comp of its kind in Australia.

Band will first perform at their local Band Slam heat, with finalists then going on to perform at Band Slam Finals Camp in Term 4. Let's give a big congrats to these students.

Good luck on your big performance. We look forward to hearing all about it.

About the Band

Heavy Petal

Blossoming out of Woy Woy Public School is the effervescent Heavy Petal! With their own original style, they liken their sounds to be a mix of modern rock band Imagine Dragons and rap superstar Eminem. This talented quartet is led by vocalist Gemma, supported by keyboardists Caitlin and Mia, and drummer Cooper. Heavy Petal is determined to win Bandslam and go on to become famous!

We would love it if you and your staff could attend your local Band Slam heat to support your students. I have allocated a VIP ticket just for you plus 1. Simply get tickets [Here](#)

Thanks for your ongoing support in The Music Bus program.

Any questions or concerns, please let me know.

Thanks

The Music Bus Team





Culture Awareness

Where: Mingaletta Umina

Date: 30/9/2018

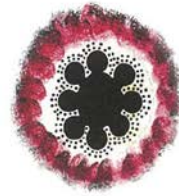
Time: 6pm to 7.30pm

Learn about Aboriginal Culture in the past and in the future with Aunty Di.

Cost: \$20.00 with Certificate of Participation

Mingaletta 6 Sydney Ave, Umina Beach NSW

0432 222 794 or 4342 7515



Mingaletta
Aboriginal & Torres Strait Islander Corporation





PERSONAL TRAINING
GROUP FITNESS
OPEN FLOOR
STRENGTH TRAINING
CARDIO
YOGA
BOXING
SENIORS CLASSES
PATONGA BEACH CLASSES
TRANSFORMATION PROGRAMS





5/14 Paton Street, Woy Woy
P. 0402 160 246
www.fitlifeau.com.au

FitLife AU

