



Edition 47: 7 June 2019

From the Principal

Term 2 Week 6

The cold weather has well and truly hit this week and we've been busy reminding students of the need to bring warm clothing to school each day. When these cold snaps are accompanied by rain as well, we understand that it can be difficult to have school jumpers and jackets ready for school each day. We would much rather students stayed warm and dry and are quite happy for students to wear jumpers that are not items of school uniform in the short term. In such circumstances, we do ask that some attempt is made to dress students in items that resemble the colours of our school uniform as closely as possible. It's also a good idea to send your child to school with a note to their teacher explaining the situation. We have an agreement with our older students that they can wear Southern Central Coast and Sydney North representative hoodies on Fridays despite these items not complying to the Woy Woy Public School Uniform Policy and we would appreciate your support with ensuring they comply with this request. As I've told the children at assemblies over the course of the past two weeks, the most obvious way students can show a pride in their school is to wear their school uniform as it is intended to be worn.

School Uniform Review Committee

The piece above brings me nicely to my next point. The WWPS Uniform review committee met again yesterday to put together surveys for parents, students and staff in order to establish which items of the school uniform are most valued by the school community. As I mentioned in the last edition of the Namalata, the committee has formed in response the idea that there are perhaps too many uniform options at present. The Department of Education's School Uniform Policy notes that the wearing of school uniform contributes to, "...easier recognition of students inside the school and in the community." The case being put forward then is that too many options equals less uniformity (if you'll pardon the pun) in what is being worn.

Keep your eyes out for the parent survey, which should be published and active in a week or two. We're very interested to gauge your opinion on the quality and wearability of the current model of skirt, on winter pants options for girls and on which of the jumper/jacket options are the most user-friendly. Please rest assured that any decisions made in terms of discontinuing certain lines will be made based on feedback from the school community. Ultimately the goal is to promote a sense of belonging for students and to create a positive identity for the school community by having all students wear their school uniform with pride.

Student Wellbeing Programs Update

We place great emphasis on and are justifiably proud of the number of programs we have in place to support student wellbeing here at the school. All students in the school have access to a variety of lunchtime clubs and extra-curricular activity groups, including 'Science', 'Gardening' and 'Robotics' clubs.

The 'Chill Room', which was set up to cater for the needs of students who need to pursue quieter recreational activities at break times, continues to operate on a daily basis, but has migrated to the school hall in order to accommodate more students and a wider variety of activities. The school's Breakfast Club is open for business on Monday, Wednesday and Friday mornings in order to provide a nutritious breakfast to students who have not been given breakfast before coming to school in the morning. (Thanks again to Bakers Delight Woy Woy who continue to generously donate products to the school in order to enable the club to run).

Students who have been identified as being in need of extra support can be referred to take part in small-group 'Social Skills' sessions, the 'Seasons for Growth' grief and loss support group, the 'Rock and Water' psychophysical social skills course, or Mr Grant Hickman's (of 'Focus Body and Soul') 'Stronger, Braver, Wiser' mindfulness and social skills training program. In addition to these focused intervention programs, this year we have decided to engage the services of the 'Top Blokes' Foundation to deliver their 'Stepping Up' program to **all** of our Year 6 boys over the course of the year. The program is designed specifically for boys aged 10-13 and aims to address many of the emerging social issues facing boys, while at the same time helping them develop key social and decision-making skills. Workshops topics include:

- Developing agency in social situations and creating positive social networks
- Recognising peer pressure and its influence on risk-taking behaviours
- Recognising discrimination in all forms and developing empathy towards others that are different to them
- Having positive male role-models and expressing healthy masculinity
- Recognising the build-up of anger and developing healthy strategies to combat angry outbursts
- Being aware and creating a positive and safe online space

It is hoped that the program will equip our boys with the skills they need to meet the challenges that they will face as they transition to high school and become young men. I had the opportunity to sit in on a session on Wednesday afternoon and was extremely impressed with the levels of participation and engagement shown by our students. I'd like to thank Mr Peter Smith and Mrs Lina Williamson for organising this program for our students. Our Student Wellbeing Policy states that we aim to provide, "... an environment which supports students to develop and refine the social and emotional skills necessary for them to maintain positive relationships and engage in pro-social behaviour. An environment which fosters and develops choice, accomplishment, positive relationships, enjoyment, growth, health and safety, so that students can strive toward and achieve meaningful goals." The Top Blokes 'Stepping Up' program certainly meets this brief.

A copy of the Lunchtime and Recess Clubs/Activities Timetable is attached to this newsletter.

Preschool News – Sustainability Initiatives

The week students in the Guliya Preschool had a visit from Jess from Bunnings in order to help them establish sustainable garden beds/veggie patches at the back of the preschool. Jess had kindly arranged for Bunnings to donate a variety of indoor plants to brighten up the interior of the preschool, as well as garden vegetable seedlings, watering cans, shovels and spades and soil and mulch. Each student was given the opportunity to dig a hole and plant a seedling, with Jess reminding them to "tickle" the root system before planting their seedling, much to the amusement of our pre-schoolers. Students were also taught about the importance of mulching for protecting seeds and watering to promote healthy seedling growth. Jess has promised to return again later in the year to set up a butterfly farm and establish some citrus trees in outdoor areas of the preschool. This was a fantastic learning experience for all of the children and was great fun for everyone who was involved. We'd like to extend a huge thank you to Bunnings for their generous donation of materials for our back garden and an even bigger thank you to Jess for her time and for the care she showed for our students. Thanks as well to Mrs Henderson and Mrs Arnott for the wonderful job they do every day in our preschool. We're lucky to have them.



Please Consider our Neighbours

Unfortunately, we have received some complaints from residents in the units adjoining the school on Park Road. It seems that people have been putting their rubbish in the residents' bins at drop-off time. Single-use take-away coffee cups have been the biggest problem with the coffee residue pooling in the bottom of bins and attracting flies and other undesirable insects. Residents have asked that members of our school community please refrain from using their bins. We have always enjoyed cordial, respectful relationships with our neighbours and hope to continue to do so. Thank you for your help with this request.

Public Speaking and Debating

I had the great pleasure of watching our two debating teams, the Pelicans and the Seahorses go up against each other this morning in the second round of the Peninsula Debating Challenge. Mr Wolski and Mrs Mallarky have been busy training their team members in the art of composing, delivering and rebutting arguments for some time now, and have done an absolutely fantastic job in teaching new skills and instilling confidence in their young charges. I'll leave it to Mr Wolski and Mrs Mallarky to review the debate in more detail in next week's Namalata, but suffice to say, there were some very proud teachers, students and parents in attendance this morning.

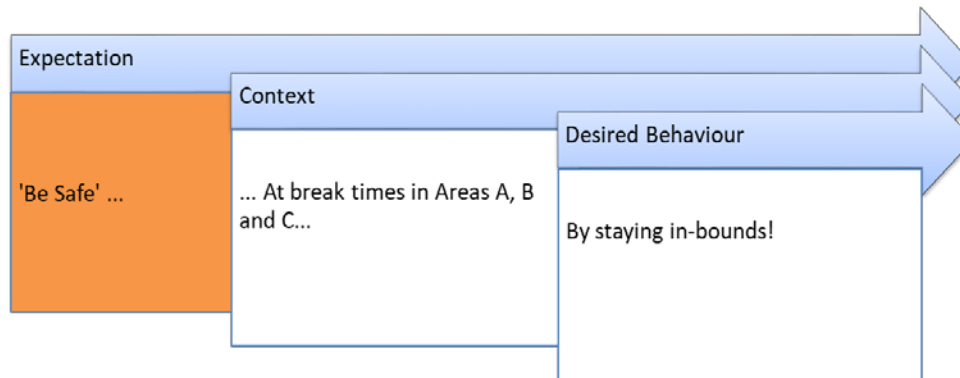
This term also sees the school's public speaking competition underway in classrooms from Kindergarten through to Year 6. Students deliver their speeches in front of their classmates and then two speakers from each class will progress through to the finals in Week 2 of Term 3. Personally, I'm amazed at the ability of our debaters and public speakers to communicate so confidently and effectively. It's a vital skill to have and one that gets easier the more practice you have with it. I'd like to thank Mr Wolski and Mrs Mallarky, and Mrs Corda and Miss Elliott (who are organising the public speaking competition), for everything they have done and are doing to raise the profile of public speaking and debating in the school, and for the opportunities they are providing for our students.

Have a safe and restful long weekend everyone.

Regards,

Mr Dan Betts

Positive Behaviour for Learning (PBL) Weeks 6 & 7



This fortnight teachers will be talking to their students about how to 'Be Safe' during break times by staying in teacher supervised areas. Lessons will have a focus on the importance of being safe when playing in on the playground, when playing with peers and when interacting with others on the playground. As part of our school wide approach to Positive Behaviour for Learning our school leaders will model the expected behaviours to all students through short video messages that will be viewed during PBL lessons on Wednesday mornings. If you have any questions regarding Positive Behaviour for Learning at Woy Woy Public School or if you would like more information on this fortnight's message please contact the school.

Michelle Williams
Relieving Assistant Principal Student Wellbeing.

Interrelate

All Stage 3 students will attend Interrelate on the following dates. (Some dates have changed from original note)

Interrelate will be held on:

-Wednesday 12th June

-Thursday 13th June.

Year 5 sessions- 9:30-11:00am; Year 6 sessions 11:45-1:20pm.

Cost \$25:00.

Mrs Rayner
Classroom Teacher



Crazy Hair Day

We went crazy for CRAZY HAIR DAY.

On Thursday 6 June 2019 Year 6 students held a fundraiser to raise money for their end of year farewell. This event was embraced by the whole school raising an amazing \$314. Students and staff decorated their hair in elaborate ways and proudly displayed their 'Crazy hair' for photos.

We thank those students who participated in this event and congratulate the Year 6 students on their fundraising efforts.

Michelle Williams
Assistant Principal/Early Stage 1 Classroom Teacher



Home Reading

Home Reading has commenced. Each Stage 1 student should be reading for at least 10 minutes per night. This can include a mix of home readers and quality literature, and consist of parent reading, student reading and reading together. For helpful information on supporting your child during home reading (including building comprehension), please follow the links below:

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/reading-with-your-child-at-home>

<https://www.det.nsw.edu.au/eppcontent/glossary/app/resource/factsheet/5402.pdf>

If you are able to assist in changing home readers please see your child's teacher.

Aspire Home Reading



Congratulations to the following student who have reached their 25, 50, 75 & 100 nights of home reading!

25 Nights Kaian Morales 2Y, Oliver Van Raalte 2Y, Sahara Von Nida 3/4T, Reyne Von Nida 2E, Jack Dagleish 2E

50 Nights Kaian Morales 2Y, Oliver Van Raalte 2Y, Lilly Smith KW, Graziela Varchione KW, Lily Rende KW, Thomas Sainty KW, Natalie Macey KW, Annika Graham KW, Magnus Mykas KB, Ian Lumley 5/6H

75 Nights Lucas De Martin KW, Jayden Timbs KW, Willow Tomlin KW, Samuel Rugendyke KW, Taylor Lozano KW, Ben Anderson KB, Caleb Anderson KB, Taylor Wols KB, Patrick Matters 5/6H, Ian Lumley 5/6H, Jackson Dukes 3/6O, Jazmyn Tutauha 5/6H

100 Nights Axel Cridland 3/4T, Toby Cridland 3/4T, Tyler Garrett 3/4T, Kayla Totaro 3/4T, Jaxon Malloy KB, Patrick Matters 5/6H, Rylee Stait 5/6H, Lucia Jian 3/4B, Ian Lumley 5/6H, Levi Young 2E, Cassara Tomlin 2E, Bronte Packham 2E

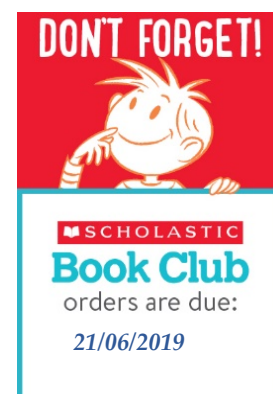
Library News

Library News

Book Club catalogue 4 is out now. All orders due by 21st June 2019. Don't forget that you can order online and have the books sent directly to the school. Simply go to the scholastic website and click on the LOOP ordering section. Please return all overdue loans.

Thank you,

Mrs Walker
Teacher Librarian



Messages from the Office

Important Parking Message

The staff parking area inside the school gates on both Park Road and Bowden Road is for **Staff Use Only**. Parents dropping off and collecting their children from school, Music Bus or Cubbyhouse BASC are asked to park outside the school grounds and walk their children to and from their car. This is a Department of Education directive.

Office Hours

School phones are manned from 8.30am until 3.15pm. The office window is opened at 8.30am and closed at 3.00pm however office staff are available until 3.15pm. There is a teacher on duty at the bus lines until 3.20pm.

Changes to Going Home Arrangements

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day it would be appreciated if you could contact the office prior to 2.00pm to ensure that the message is passed on to your child.

Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP and you can record your child's absence from school here as well. You will also find our School website at <http://www.woywoy-p.schools.nsw.edu.au/> which is regularly updated with events happening in our school. The School email address for correspondence is woywoy-p.school@det.nsw.edu.au.

Student Mobile Phones

Students who bring their mobile phone to school are asked to leave them at the office on their arrival and collect it at the end of the school day. Students are not permitted to have their phone with them during the day. It is also helpful if their name is on their phone.

Late Arrival / Early Departure

If your child is late arriving to school or needs to leave early for an appointment, a partial absence slip is to be collected from the school office prior to going to your child's classroom. This slip is given to the classroom teacher.

Payment of Money to the School

School fees and activity costs can be paid by credit card via the Woy Woy Public School website (<http://www.woywoy-p.schools.nsw.edu.au/>) using the 'Make a Payment' tab. If you are making a cash payment please place the money in an envelope with the child's name, class and the reason clearly noted. We have cash collection envelopes at the school office for your use. All money is to be given to your child's teacher. When making payments for multiple children, separate money and envelopes for each child is appreciated, as it is very time-consuming to sort out at the time of receipting.

Thank you

Linda Goldsmith – School Administrative Manager

Assembly Awards – Week 6



Congratulations to the following recipients of our Academic Achievement Awards at our Week 6 K-6 Assembly.

Name	Class	Name	Class
George Kassi-Hurley	K-6PC	Lucas Herben	K-6W
Thomas Bernie	KB	Natalie Macey	KW
Maisie Kerkin	K/1M	Jared Hambridge	1S
Cameron McLean	1CP	Bronte Packham	2E
Ruby Sillick	2MK	Ava Newton	2Y
Eva Gorham-Eljuga	3-6O	James Huang	3/4B
Ruby Cairncross	3/4LC	Ronan Waters	3/4M
Chloe Smith	3/4T	Cameron Lewis	5/6R
Layla Graham	5/6H	Anwar El-Kurdi	5/6C
Jake Fairbrother	5/6B		

Upcoming Events

TERM 2 2019			
Week 7	June	10	Queen's Birthday Public Holiday
	June	12	BWSC Avid Information Night
	June	12	Interrelate
	June	12	P & C Meeting
	June	13	Interrelate
Week 8	June	19	Cultural Continuum Yr 2
	June	19	P & C Lunchtime Disco & Mufti Day
	June	21	Sydney Nth Cross Country
	June	21	BWSC AVID applications due
Week 9	June	25	Rumbalara Stage 2
	June	27	School Athletics Carnival
	June	28	Rumbalara Stage 2



Snack Shack News

Monday	10 June	Public Holiday
Tuesday	11 June	Janet
Wednesday	12 June	Vicki
Thursday	13 June	Kay
Friday	14 June	Alice
Monday	17 June	Rieko
Tuesday	18 June	Pat
Wednesday	19 June	Vicki
Thursday	20 June	Deb
Friday	21 June	Rita

Hats are available in the canteen for sale for your convenience.

\$13.00



SPECIAL : Breakfast, lunch and recess
Hot milo & muffin \$2.00

Thank you to our volunteers. If you are unable to come in on your allocated day please contact Anne as soon as possible so an arrangement can be made for a replacement.

Thankyou

Anne

Hello everyone!

I hope you all enjoyed the gifts purchased from our Mother's Day stall, and the plants are still alive!

Well done and thank you to all the people involved in making sure our kids had the opportunity to buy something for their loved ones.

Get ready for some exciting news....

Uniform Shop

A note will be sent out to each student explaining in detail the below. Please look in the bags!

Email Orders delivered every Friday

Cash orders delivered every Friday

And

Uniform Shop will be open every 3rd Thursday of the month 8.30 - 9.00 in the CA room (no delivery pickups or returns will be accepted). We will be reminding the community via apps and FB updates.

Thank you to everyone for being understanding as we ironed out the uniform ordering process and getting shop opening times finalised.

We are lucky to have a small dedicated bunch of parents working tirelessly behind the scenes doing their best. The shop will be open on a regular basis and we will ensure a note is sent out as well as updates on the school app, official FB page and Parents of Woy Woy Public School FB page advising details. Also see this newsletter.

School Disco

Get the dance shoes on!!!!

We are trying something new this year with a **DAY DISCO June 19** and a mufti day.

Notes will be sent home this week and advertised on FB and Apps with details.

\$5 entry includes mufti and if not attending disco then just \$1 for mufti on the day.

Tickets on sale every day before school starting Wed 12 June.

We have more exciting fundraising activities in the planning stages to share with you soon.

Commonwealth Banking

CONGRATULATIONS to the 12 regular savers that have achieved their Bronze Saving Certificates with more Bronze Certificates to be issued soon.

These students have made 10 deposits this school year and have earnt themselves a polar saver prize at the same time.

Term 2 polar savers rewards have arrived: the fluffy yeti notebooks seem a firm favourite so far.

Want to start banking, lost your bank book or have any questions... contact the school banking team via the P&C email address: wwpspandc@live.com.au

Happy saving!

Next Meeting

The next general meeting is being held on ***Wednesday 12 June in the Staff Room, Woy Woy Public School***. We look forward to seeing familiar faces return and welcoming new families to our community. All are welcome to attend.

Membership

The annual P&C membership fee is \$2.00 and this entitles you to participate in the democratic decision making process of the Association. If you are interested, P&C Membership forms for 2019/20 are now available from the school or by emailing wwpspandc@live.com.au

Completed forms and membership fee can be placed in a sealed envelope and put in the P&C blue box in the school office or better still attend a meeting and find out firsthand what is happening within the school. Members do not have to attend every meeting, however your child gets a buzz out of you being involved with the school. Your input and ideas are valued.

Volunteering

You can make a difference! We are always looking for volunteers to assist with services provided by the P&C such as fundraising, school banking and the uniform shop. This is a great way to connect with the school and find out what is happening first hand. If you are interested in contributing in a small way and can spare some time, please contact wwpspandc@live.com.au – as little as half an hour can ease the workload of our dedicated volunteers and your child enjoys you being involved in school activities.

Did you know that while we love to welcome new members to the P&C, you do not need to be a member of the P&C to volunteer at one of our organised events.

Laura Morrison
President
WWPS P&C



WOY WOY PUBLIC SCHOOL P&C UNIFORM ORDER FORM

wwpsuniforms@outlook.com

PLEASE DO NOT PAY VIA THE ONLINE SCHOOL PAYMENT SYSTEM

ITEM	AVAILABLE SIZES	PRICE	SIZE	QTY	TOTAL
WWPS Short Sleeve Polo - Sky Blue	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 26.00			
<i>Special Order (Adult sizing)</i>	S / M / L (Adult sizing)	\$ 27.00			
Skorts	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 21.00			
Cargo Shorts	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 21.00			
WWPS Fleecy Jacket	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 25.00			
WWPS Fleecy Jumper	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 25.00			
Cargo Pants	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 24.00			
SPORTS UNIFORM					
YELLOW "DAVIS" (A-F) - WWPS Sports Short Sleeve Polo Shirt	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 26.00			
<i>Special Order (Adult sizing)</i>	S / M / L (Adult sizing)	\$ 27.00			
RED "SCOTT" (G-M) - WWPS Sports Short Sleeve Polo Shirt	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 26.00			
<i>Special Order (Adult sizing)</i>	S / M / L (Adult sizing)	\$ 27.00			
GREEN "WEBB" (N-Z) - WWPS Sports Short Sleeve Polo Shirt	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 26.00			
<i>Special Order (Adult sizing)</i>	S / M / L (Adult sizing)	\$ 27.00			
WWPS Unisex Sports Shorts	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 19.00			
<i>Special Order</i>	S / M / L (Adult sizing)	\$ 21.00			
WWPS Sports Jacket	6 / 8 / 10 / 12 / 14 / 16 xs	\$ 42.00			
<i>Special Order</i>	S / M / L (Adult sizing)	\$ 45.00			
ACCESSORIES					
WWPS Bucket Hats	XS / S / M / L	\$ 13.00			
Swim/Sports Eco Bag	One Size	\$ 13.00			
WWPS Mighty Tuff Backpack	24 L (Lifetime Warranty)	\$ 50.00			
Subject to Availability (Minimum Order Required 6-12 weeks delivery)					
SPECIAL ORDER					
Summer Tunic	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 45.00			
Winter Tunic	4 / 6 / 8 / 10 / 12 / 14 / 16 xs	\$ 45.00			
<p><i>Prices are subject to change without notice</i></p> <p>Child's Name: _____ Class: _____</p> <p>Parent/Guardian Name: _____ Phone: _____</p> <p>Email Address for Invoice: _____</p>					<p>TOTAL</p> <p>_____</p>

PAYMENT OPTIONS

PLEASE DO NOT PAY VIA THE SCHOOL ONLINE PAYMENT SYSTEM

Payment is accepted via direct deposit, credit card, EFTPOS or cash.
Please refer to the back of this form for ordering and payment options

DIRECT DEPOSIT Direct Deposit payments can be made using the following banking details:

Account Name:	WWPS P&C Uniform Shop
BSB:	032-527
Account Number:	196689
Reference:	Invoice Number



Purchasing from the Woy Woy Public School Uniform Shop

Option 1 Email the order direct (preferred method for faster delivery)

1. Email wwpsuniforms@outlook.com Request item, size and quantity Plus child's name and class
2. Invoice is emailed to you with payment options of Credit card or Direct Deposit
3. Once money cleared delivery of stock to the classroom
 - Delivery EVERY FRIDAY

Option 2 Fill in an order form and leave at the office

1. Invoice is emailed to you with payment options of Credit card or Direct Deposit
2. If paying cash, it must be CORRECT cash (*this method may take an extra week*)
3. Once money cleared delivery of stock to the classroom
 - Delivery EVERY FRIDAY

Option 3 Buy direct from the shop

1. 3rd Thursday morning of the month 8.30-9.00am CA Room (during school term)
2. Eftpos and correct cash accepted
3. Email orders and returns/exchanges from email orders are NOT processed on open days and will not be available for pickup.

FAQ

What if I order the wrong size?

That's fine just email wwpsuniforms@outlook.com advising the issue and return the item to the office within 14 days WITH TAGS ON and NOT WORN and the replacement will be delivered next delivery day.

I only have cash how can I order?

Please note this process may take an extra week to process. Correct money with the order in a sealed envelope can be left at the office.

Will I be reminded about the shop opening times?

Yes, there will be reminders in the newsletter, on the SkoolBag App, School Official FB page and "Parents of Woy Woy School" FB page

Why can't I order via a website?

You will be able to soon!

Refund, Exchange & Returns Policy

The Uniform Shop will accept returns and provide customers with an exchange, refund or repair where the customer can provide adequate proof of purchase by way of receipt and the following terms and conditions are followed:

- Exchanges can only be made within 14 days of purchase.
- No refund will be given for an incorrect size choice only an exchange and the item must have original tag and have not been washed and is in an "as new" condition.
- All faulty items need to be reviewed by the manufacturer before a decision is made regarding refund, repair or exchange.
- Any item to be reviewed by the manufacturer needs to be returned in a clean and freshly laundered condition.
- The Uniform Shop will not hand out replacement items until the manufacturer has decided on repair, refund or exchange. This process may take several weeks.
- All decisions will be notified to the customer.
- The Uniform Shop reserves the right not to offer an exchange, refund or repair on items where the item fault is the result of misuse, neglect or incorrect washing instructions of the item.
- The Uniform Shop reserves the right to assess the condition and age of returned goods prior to providing a repair, refund or exchange. This may result in repair, refund or exchange being refused.
- If a refund is granted, the refund will be issued using the original payment method.

Second Hand Items

There will be NO exchanges or refunds on any items purchased second hand at the Woy Woy Public School P&C Uniform Shop.

Wednesday June 19th, 2019



Get ready to dance at the
FLOURO DAY DISCO
Plus, it's Mufti all Day!

Kindergarten – Year 2	Year 3 – Year 6
10.30am to 11.10am	11.15am to 12pm

Tickets \$5 per child (must pre-purchase)

Pre-sold Wednesday 12th through to Wednesday 19th June
from 8:30 – 9:00 am under the COLA

Please detach and bring permission slip and entry fee when purchasing tickets.

Correct money is appreciated

(Wristbands for disco entry will be issued to ticket purchasers on the day of the disco)

If not attending the disco \$1 for mufti will be collected on the day in the classroom

Permission Note (one per child please)

I give permission for..... Class.....

To attend the Woy Woy Public School P&C disco on Wednesday June 19th, 2019

Parent/Carer Name: _____

Signed: _____

Date: _____



Lunch and Recess Clubs Term 1 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 1	<p>Chill Room Who: Mrs Mills Where: Mrs Lord's room</p> <p>Chook Club/Gardening Who: Mr Smith Where: Chicken Coop</p> <p>Computer Club Who: Mrs Young Where: Computer Room</p>	<p>Chill Room Who: Mrs Mills Where: Mrs Lord's room</p> <p>Chook Club/Gardening Who: Mr Smith Where: Chicken Coop</p> <p>Computer Club Who: Mrs Young Where: Computer Room</p> <p>Robotics Club Who: Mrs Hauraki Where: Mrs Hauraki's room</p>	<p>Chill Room Who: Mrs Mills Where: Mrs Lord's room</p> <p>Drawing Club Who: Mrs Kleppen Where: Mrs Kleppen's room</p> <p>Computer Club Who: Mrs Young Where: Computer Room</p> <p>Movie Club Who: Mr Betts Where: Mr Betts' room</p> <p>Science Club Who: Mr Owens Where: Mr Owens' Room</p>	<p>Chill Room Who: Mrs Mills Where: Mrs Lord's room</p> <p>Computer Club Who: Mrs Young Where: Computer Room</p> <p>Chess Club Who: Mr Brady Where: Mr Brady's room</p>	<p>Chill Room Who: Mrs Mills Where: Mrs Lord's room</p> <p>Computer Club Who: Mrs Young Where: Computer Room</p>
Lunch 2		<p>Robotics Club Who: Mrs Hauraki Where: Mrs Hauraki's room</p> <p>Colouring Club Who: Mr Wolski Where: Mr Wolski's Room</p> <p>Organised Sport 3 – 6 Who: Mrs Taylor Where: Oval – Area C</p> <p>Organised Sport K – 2 Who: Mr Wolski Where: Meet near the infants fixed equipment</p>	<p>Movie Club Who: Mr Betts Where: Mr Betts' room</p> <p>Colouring Club Who: Mr Wolski Where: Mr Wolski's Room</p> <p>Organised Sport 3 – 6 Who: Mr Curran Where: Oval – Area C</p> <p>Organised Sport K – 2 Who: Mrs Barrett Where: Meet near the infants fixed equipment</p>	<p>Chess Club Who: Mr Brady Where: Mr Brady's room</p> <p>Organised Sport 3 – 6 Who: Mrs Lord Where: Oval – Area C</p> <p>Organised Sport K – 2 Who: Mrs Barrett Where: Meet near the infants fixed equipment</p>	<p>Colouring Club Who: Mrs Bradbury Where: Mrs Bradburys Room</p> <p>Organised Sport 3 – 6 Who: Mr Brady Where: Oval – Area C</p> <p>Organised Sport K – 2 Who: Mrs Bradbury Where: Meet near the infants fixed equipment</p>
Recess	<p>Organised Sport 3 – 6 Who: Mrs Taylor Where: Oval – Area C</p> <p>Chill Room Who: Mrs Corda Where: Mrs Williams' room</p> <p>Pokemon Club Who: Mrs Young Where: Mrs Young's room</p>	<p>Organised Sport 3 – 6 Who: Miss Elliott Where: Oval – Area C</p> <p>Chill Room Who: Mrs Corda Where: Mrs Williams' room</p> <p>Reading Club Who: Mrs Walker Where: Library</p>	<p>Organised Sport 3 – 6 Who: Mr P Betts Where: Oval – Area C</p> <p>Chill Room Who: Mrs Corda Where: Mrs Williams' room</p> <p>Art Club Who: Mrs Young Where: Mrs Young's room</p>	<p>Organised Sport 3 – 6 Who: Mrs Curran Where: Oval – Area C</p> <p>Chill Room Who: Mrs Corda Where: Mrs Williams' room</p>	<p>Organised Sport 3 – 6 Who: Mrs Hauraki Where: Oval – Area C</p> <p>Chill Room Who: Mrs Corda Where: Mrs Williams' room</p> <p>Uno Club Who: Mr Betts Where: Mr Betts' room</p>

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GO WHERE THE TRADIES GO

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LEARN TO SURF TERM 4 PROGRAM ONLY \$190pp!!

@ Umina Beach

- 8 x 90min lessons (1 per week)
- Starts Term 4 from Monday 22nd October
- Weekdays 4.15pm
- Saturdays: 9am & 11am
- Sundays: 1pm

*Tuesdays is 'Little Groms' (5yr-7yr), Wednesdays is 'Teens group' (12yr+). All other days = mixed ages
• Includes soft surfboards, wetsuits, 2 coaches & surf education.

BOOK NOW

www.salssurfschool.com or call Sal on 0415 881 301



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Get on and Rock! At Your School!



The Music Bus brings music education and fun to your school.

ABOUT THE MUSIC BUS

The Music Bus visits over 250 schools a week, bringing music into the lives of over 4,000 students across Australia.

The Music Bus is the classroom (the bus!), teacher, instruments and curriculum all in one complete package – and it's at your school.

Made up of weekly half hour lessons, The Music Bus is fun, engaging and will inspire your child each and every week.

our programs

The Music Bus offers modern and rock-style courses, using well-known songs to engage students at all ability levels. High quality instruments are provided and our experienced teachers use extensive backing tracks, developing confidence, rhythm and teamwork.



Cost: \$16 per weekly 30 min lesson (Drums \$18)

why we're different

- 1. We come to your school:** We offer all students, regardless of background or prior experience, specialist instrument lessons right on school grounds. That means less travel time for busy families.
- 2. We're affordable:** Our lessons are around half the price of private tuition. We also supply all the instruments during class, taking the burden off having to buy one right away.
- 3. Learning is fun:** The customised curriculum is set in a fun environment, focusing on music reading, playing, arranging and performing to help build skills and self-esteem - with lots of fun competitions and awards throughout the term.
- 4. Glowing reviews:** The award winning Music Bus program has received positive feedback from the Dept of Ed and NSW Creative Arts Department – not to mention from countless parents and Principals in your community.

what others are saying

"The Music Bus is fun, exciting and engages students in a wide variety of musical experiences at all ability levels and areas of interest including instrumental and vocal." Marie, Principal, NSW.

"The teacher is a highly motivated and extremely professional." Principal, QLD

"My daughter loves The Music Bus. It's an activity she can do in school hours – otherwise she probably would not be able to attend. It's such a great asset to have at school." Jude, Parent, QLD

"My son comes home enthusiastic about learning and practising his instruments." Naomi, Parent, NSW

"It's so great being at school. They are learning something new each week and the rapport the teacher has with the kids is wonderful." Sarah, Parent, NSW

*All testimonials have been graciously sourced from parents and school principals regarding The Music Bus, however some names may be changed for privacy reasons.



If you like what you hear and would like to book lessons for your child contact us today.

**BOOK NOW – phone 1300 168 742
OR visit www.themusicbus.com.au**

Not at your school yet? No problem – get in touch regardless and we can help get you started!

Note: Music Bus lessons are also available at localities Cam, OSGH, and Hume School.

**BOOK
NOW!**



Australian Government
Department of Health

Have you **moved** enough today?



SLEEP

- 5–13 year olds need 9–11 hours per night.
- 14–17 year olds need 8–10 hours per night.



PHYSICAL ACTIVITY

Aim for 60 minutes or more per day – the more you huff & puff the better!



INACTIVITY

Move more & sit less in your spare time.



Find out more at www.health.gov.au

Children and young people (aged 5–17 years) should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Australian 24-Hour Movement Guidelines for Children and Young People (5 to 17 years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep

FIRST LESSON FREE



TRADITIONAL JAPANESE TEACHINGS

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MAKE NEW FRIENDS

HAVE FUN



COWUCHI KIDS



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E: jubwoywoy@gmail.com
Ph: 0436000170





Q4:H₂O

After school drink ideas

- Water for thirst
- Reduced fat milk
- Blend fruit with reduced fat milk (banana, strawberries in season)
- For special days
 - Reduced fat milk with Milo®
 - Reduced fat milkshake



Health
Central Coast
Local Health District

Try fruit
smoothies
with reduced
fat milk



Q4:H₂O

Can't get your child to drink water?

- Don't buy soft drinks, cordials etc
- Provide water in a refillable drink bottle
- Keep a jug of water in the fridge
- Have water on the table at mealtimes
- Drink water yourself
- Explain that soft drinks are for special times not everyday



Health
Central Coast
Local Health District

with meals



refillable



SPECIAL
OCCASIONS



in the fridge



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<https://www.ettalongbeachdental.com.au>

Do you need some tips on managing
your children's behaviour?
We can help!

123 Magic Emotion Coaching & Parenting Course



123 MAGIC

Thursdays

13, 20 & 27 June 2019

10-12.30pm

Woy Woy SaCC

Woy Woy Public School

Parking - Bowden Road

Registrations essential

www.ccsacc.com/woy-woy

e: philippa.skipper@det.nsw.edu.au

Sorry, no childcare available