



Edition 71: 28 August 2020

## From the Principal

## Term 3 Week 6

After a few very icy days we are back to some glorious weather which indicates spring is on its way. Many of our population suffer from hay fever and allergies or can have increased asthma symptoms if they are asthmatic during the season of spring. Pollen' from flowers and wind-borne allergens can cause runny noses and eyes and can bring on asthma symptoms. We still are susceptible to the common cold as well. It can be confusing during this COVID time to know what to do. The Department requires anyone showing any of the following symptoms to have a COVID test and only return to school following notification of their negative result. Better to keep safe and keep others safe.

### Symptoms of COVID-19 include:

- fever (37.5°c or higher)
- cough
- sore/scratchy throat
- shortness of breath
- loss of smell
- loss of taste

### Other reported symptoms include:

- fatigue
- running nose
- muscle pain
- joint pain
- headache
- diarrhoea
- nausea/vomiting
- loss of appetite

If children come to the sick bay with any of these symptoms we will be contacting you for them to go home and be tested unless we have a Doctor's letter or certificates stating otherwise. If your child suffers from asthma please ensure that we have a current asthma plan held here at the school along with their own personal ventolin spray provided. Thank you for your continued support with this extremely important matter.

### The Tell Them From Me parent survey (Term 3, 2020)

I am pleased to inform you that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me parent and student feedback surveys.

The Tell Them From Me surveys provide school leadership teams with insight into student engagement and wellbeing, and the impact of teaching practices at their school, from the perspective of students, teachers and parents. Data collected from the survey responses are compiled into reports for school leaders. The reports provide information that can help schools in their annual planning and reporting activities, by helping to identify emerging issues and plan for improvement.

The parent survey helps to clarify and strengthen the important relationship between parent and school. The survey is designed to measure, assess and report insights from the parent point of view at the school and system levels. The focus of this NSW survey is on student wellbeing, engagement and effective teaching practices. The survey questions aim to understand parents' perspectives on their child's experience at school, including teaching, communication and the school's support of learning and behaviour. The survey will ask questions about whether parents feel welcome, whether parents are informed, whether the school supports positive behaviour, whether the school supports learning, whether the school promotes safety and inclusion, and which means of communication parents feel are most effective as a means for exchanging information.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

Survey responses are anonymous so staff in schools will not be able to identify individual parents or students from parent responses. The survey typically takes 15 minutes and is conducted entirely online through a secure website operated by the survey developers, The Learning Bar. You can complete the surveys on desktop computers, laptops, iPads, tablets and smartphones.



Scan the QR code on this page using the camera on your Smartphone or tablet to take the survey, or type the following web address into a browser window:

<http://nsw.tellthemfromme.com/cy939>

Participation in the survey is entirely voluntary but greatly appreciated. I can't emphasise enough how valuable the data from this survey is to the school in terms of planning for school improvement. Thank you in advance for your commitment to helping us to continue to strive to meet the needs of our community.

### **Check-in Assessments for Reading and Numeracy**

This week our Year 5 students have completed the Check in Assessment in Literacy and Numeracy. NAPLAN could not be done this year but we have had the opportunity to have these Check in Assessments that will give us a solid indication of how our students are tracking and will also help us plan for the best support in future for these students. This will also aid us in our forward planning for the School Improvement Plan 2021-2014. Our Year 3 students will have an opportunity to complete these assessments early Term 4.

### **Excursions 2020**

Unfortunately all excursions that were planned for 2020 are cancelled. Due to these excursions being to outside places within the general community, the Department of Education requires all schools to cancel all these types of excursions. For us this was any overnight excursion such as Canberra and the Great Aussie Bush Camps plus any day excursions to community venues like the Reptile Park and The Rocks in Sydney. These excursions are always important extra curricula activities here at Woy Woy Public School and enhance what the students learn at school. We are fortunate that a lot of places are now offering online experiences. It's not the same as physically being there but a good substitute to support students' learning in that area.

### **Rumbalara Excursions**

It is exciting that Rumbalara Environmental Education Centre excursions can still go ahead at present as it is a Department of Education operated service with trained DoE staff and teachers. It has its own site and uses bushland settings that are not frequented by the public. The centre has a COVID plan in place to ensure the safety of all school's students and staff when attending.

Our lucky Year 3 and 4 students have had two beautifully sunny days on Monday and Tuesday this week visiting the Aboriginal sites here on the Central Coast. Not only have they had the opportunity to learn about Aboriginal culture but they have been able to be in a bush setting and enjoy a trip on a bus to their locations. Just the smiles on their faces when they return tells you they have had a great time. Hopefully all our Rumbalara excursions will continue for this year.

### **ICAS testing has begun**

International Competitions and Assessments for Schools (ICAS) is a suite of six full-colour competitions designed specifically for primary and secondary students. ICAS are conducted annually in Australia and in over 20 countries in Asia, Africa, Europe the Pacific and America.

The knowledge and skills tested include Digital Technologies, English, Mathematics, Science, Spelling and Writing.

This week some of our students sat for the Science assessment and a numbers of students will sit for the other assessments as the year progresses. Comprehensive results are sent to parents on their children's achievements.

### **Woy Woy Public School MasterChef**

Our version of MasterChef has begun and our little chefs are as eager as ever, cooking up delights in the heats to try and gain a place in the finals. The finals will be held later this term. Please see more updates from Mrs Williamson further on in this newsletter. Please be assured that all COVID guidelines are being followed in our kitchen during this time.

### **Safety on Park Road**

A communication has been sent out to our parent community on numerous online platforms regarding safety on Park Road during the afternoon pick-ups. Concerned parents have brought the extremely important and frightening situation to our attention and rightly so. COVID-19 has certainly changed the way we have to drop off and pick up our children but it should not ever endanger the very people we are endeavouring to keep safe. We are monitoring what is happening and have changed teacher duties and supervision plans to try and solve the unsafe problem. We have approached the transport department for any short term support they may be able to extend. PLEASE it is you out there picking up. Watch for others, be considerate for others and do the right thing. Children have limited peripheral vision. Be aware of where they are. Drivers beware of the crossing and everyone use the crossing. Please remember the rules of our kiss and drop zone. It is for everyone. Thank you for supporting us with this very important safety issue. We need to work together to keep our children safe.

### **Important updated information for parents**

Opportunity classes - Year 5 updates

Owing to the most recent NSW Health advice received on 14 August, the Opportunity Class Placement Test has been rescheduled to Wednesday 18 November 2020 and will take place onsite here at Woy Woy Public School

Only students whose parents have received a confirmation email from the High Performing Students Team are eligible to sit the test on the new date of 18 November. The application portal will not be re-opened for new applications.

Further details will be announced as soon as they are confirmed.

### **Selective high schools - Year 7 updates**

Entry to Year 7 in 2022 - We expect applications for placement in 2022 to open on 6 October 2020 and close on 9 November 2020. The test is expected to be held on 11 March 2021.

Assessments for the school assessment scores will be based on achievement on the school curriculum in Year 5 after 25 May 2020.

The information on this website is being updated as details of the changes to the test and other aspects of the placement process are confirmed.

Have a happy, safe and hopefully sunny fortnight everyone!

Ona Buckley and Dan Betts  
Principals

## Positive Behaviour for Learning (PBL) Weeks 5 & 6



Positive Behaviour for Learning (PBL) is a whole-school framework that promotes positive behaviour across our school. Every five weeks a team of teachers including the school Principal, executive staff and representatives from each stage analyse our school behavioural data. The results of this analysis leads our whole school implementation of Positive Behaviour for Learning. This fortnight teachers have been talking to students about how to 'Be Cooperative' especially when playing games with peers during break times. Lessons will focus on the importance of turn taking, playing by the rules and being a good sport. In the preschool our educators Mrs Arnot and Miss Williams are teaching their children strategies to make informed choices about their behaviours and talking to children about their emotions.

Michelle Williams  
Assistant Principal  
Student Wellbeing

# New Online Enrolment System

Online enrolment for new students is now available at our school! If your child lives within the local area and is an Australian or New Zealand citizen and wishes to enrol at our school, you can enrol them through our school website under the 'Enrolment' tab.

The Online Enrolment System is designed to provide flexibility for parents to submit an Application to enrol in a NSW Government School online at the time that best suits them. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW

We offer our support and encourage you to complete your application to enrol online. If however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#).

If you would like further information please come and see us in the office.

## *We are now taking Preschool & Kindergarten Enrolments 2021*

### Important Attendance Information



All students should be at school unless:

- they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition
- they are currently unwell.

If your child is unwell, do not send them to school. If they are unwell at school, you or your nominated emergency contact will need to collect them immediately. Please ensure your child's contact details are up to

date. If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and will be followed up by the school.

If you have any questions regarding your child's attendance at school please call the office on 43413555.

**If anyone in your family returns a positive result, please contact the school immediately and all family members are to isolate for the required length of time.**

# Face-To-Face Kindergarten Parent Information Sessions



## WOY WOY PUBLIC SCHOOL KINDERGARTEN 2021



THIS SEPTEMBER, WOY WOY PS WILL BE HOSTING  
COVID-SAFE, NSW DEPARTMENT OF EDUCATION ENDORSED

### FACE-TO-FACE PARENT INFORMATION SESSIONS\*

- Need some advice about how to best prepare your son/daughter for Day 1 of Kindergarten 2021? We'll tell you everything you need to know in order to feel confident and prepared for the start of next year...
- Find out about the school's innovative and engaging 'Play-based learning' approach to Kindergarten, Year 1 and Year 2.
- Ask about the quality English and Mathematics programs running in classrooms across the school, and the extra-curricular opportunities we offer.
- Glean 'need-to-know' information about canteen operations, purchasing school uniform and other aspects of day-to-day school operations and the services we provide.
- Meet the Principal and Kindergarten teachers.

**WHEN:** Wednesday 2<sup>ND</sup> September

4 x half-hour sessions by appointment

(5:30 – 6:00pm, 6:00 – 6:30pm, 6:30 – 7:00pm, 7:00 – 7:30pm)

**WHERE:** Everglades Country Club

Dunban Rd, Woy Woy

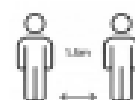
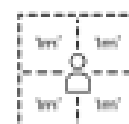


**HOW TO BOOK:** Use this QR code to access the booking website:



Or visit <https://www.schoolinterviews.com.au/code?code=a6gyb>

\* COVID-19 Safety precautions will be in effect: Sessions will be capped at 15 participants max. Sessions will be held in the Grand Conference Room to enable tables to be spaced according to current NSW Government regulations.







Our Guliyali Preschool children have been enjoying Music and Dance session's with Miss Heather through the Central Coast Schools as Community Centre situated on site here at Woy Woy PublicSchool. Through this program the children are afforded the opportunity to develop their fine and gross motor skills, learn about creative arts techniques and to explore and express their imagination and creativity. They are also developing a strong sense of connection as they venture out into the K-6 school community.



Mr Owens also visited in both Weeks 5 and 6 to include our preschool in Science Week. His delivery was fun, exciting and interactive which encouraged the children to engage in hands on active learning to explore scientific concepts around sound and vibration.

Our collection of bread clips is growing rapidly. The children have created a visual timetable which helps them with their understanding about the process. We also researched the process of transmutation (how the bowls are made out of bread clips) and have purchased a bowl to see the final product. We will continue to collect the clips until the end of the year so keep them coming in. Thank you to the entire school community for your contributions so far.



Whitney Williams  
Early Childhood Teacher | Guliyali Preschool

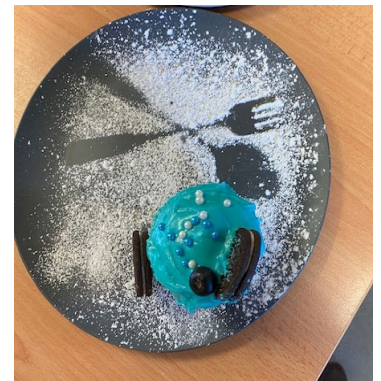


# MasterChef 2020

## Heat 2

Heat 2 was another amazing display of wonderful cooking skills. The five groups that cooked today were outstanding. They created some delicious dishes. We had cinnamon scrolls, rice pudding, green chicken curry, lamb kofta and cupcakes. All the teams displayed great sportsmanship which was wonderful to see. I am so proud of everyone's efforts.

The winners of Heat 2 was Ami Ellison-Oakes and Gabriella Potestas.



Lina Williamson  
SAKG Teacher





### *The Bay*

The waves,  
They crash on the bank.  
The fish,  
They leap up through the water.  
I jump in to catch one.  
Splash...  
A sensation rushes up my spine,  
Watery liquid.  
I try to grasp it but...  
It dribbles away into the distance  
Something so delicate,  
Something so slippery and delicate,  
Slips away through your palms.  
Some memorable things should never be forgotten.  
Just like the memory between me,  
Me and the bay,  
The bay I grew up with.

By Kailin McDougall, 5/6RC



# Science

This year has seen a few changes forced on us by Covid-19. But our students, being as resilient as they are, have found ways to keep doing their science even if we can't all come together for Science Week.

Just a few examples have been our Preschoolers learning all about sound with a special science show just for them. Other students have been building crystals from chemicals, including sugar crystals that they are still waiting to be able to eat!



Our Stage 3 children, with the help of Ms Taylor, have all joined in a national research project burying objects in various locations around the school. This is part of a national survey of the quality of soils in different towns, cities and farms and our school is now a part of that important research.

But we don't just have science in Science Week. All our students from Kindergarten to Year 6 take part in exciting Science and Technology lessons throughout the year. We will let you know from time to time how your children are part of the important STEM culture (Science, Technology, Engineering, Maths) of Woy Woy Public School.



David Owens  
Science Co-ordinator





## Book Club Notice

As Woy Woy Public School is no longer able to accept cash payments for Book Club, all orders need to be paid for electronically. There are now 3 options to purchase Book Club items:

1: Loop is the Scholastic ordering platform that allows you to browse the catalogue, order and pay for your items online. The LOOP app is free and available to download as well. Follow the link:

<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>

**Click on 'Register' first if you have not used LOOP before.**

2: POP can be accessed for payments made to the school. An order form from the back of the catalogue needs to be given to the front office, so Mrs Walker can place the online order. Follow the link:

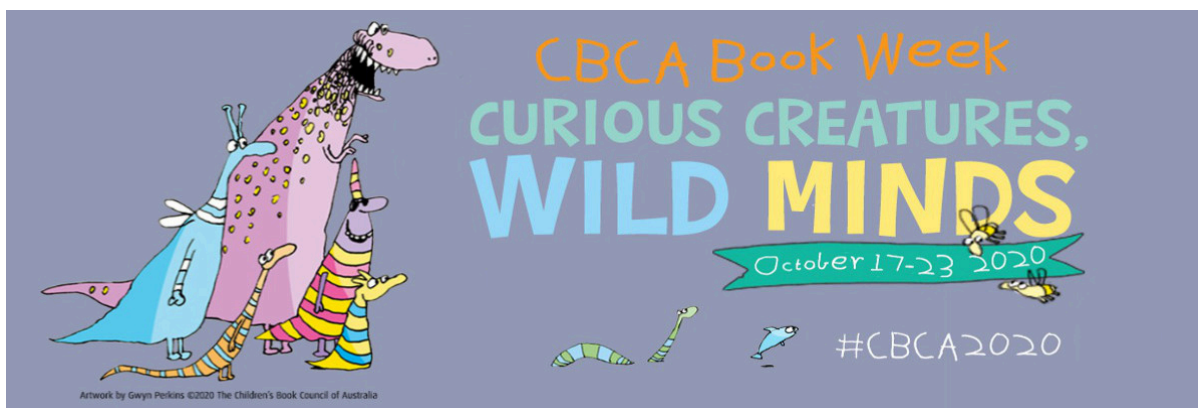
<https://woywoy-p.schools.nsw.gov.au/>

**Click on 'Make a payment' and follow the instructions.**

3: An EFTPOS machine is available at the front office for Book Club payments. Please hand in your order form from the back of the catalogue, so Mrs Walker can place the order for the items you are purchasing.

Book Club catalogues are distributed to every child in every class. Please see Mrs Walker if you need a spare. All orders create rewards for our school library to spend on scholastic products. Thank you to the families that are able to support the library.

## Book Week 2020



Book Week will be celebrated in Term 4 this year. The theme is 'Curious Creatures, Wild Minds'. We will have a character dress up day at our school, however, we are waiting on further instructions about rules regarding the Book Week Parade, Book Fair and author visit. We will update this message as soon as we know the details.

Mrs Cathy Walker  
Teacher Librarian





Congratulations to the following students who have reached their 50, 75, 100, 125, 150 & 175 nights of home reading!

**50 Nights** Summer Walker 3/4M, Emily Overton K/6PC, Chace Browne K-6W, Jack Cross K-6W, Michael Heggie K-6W

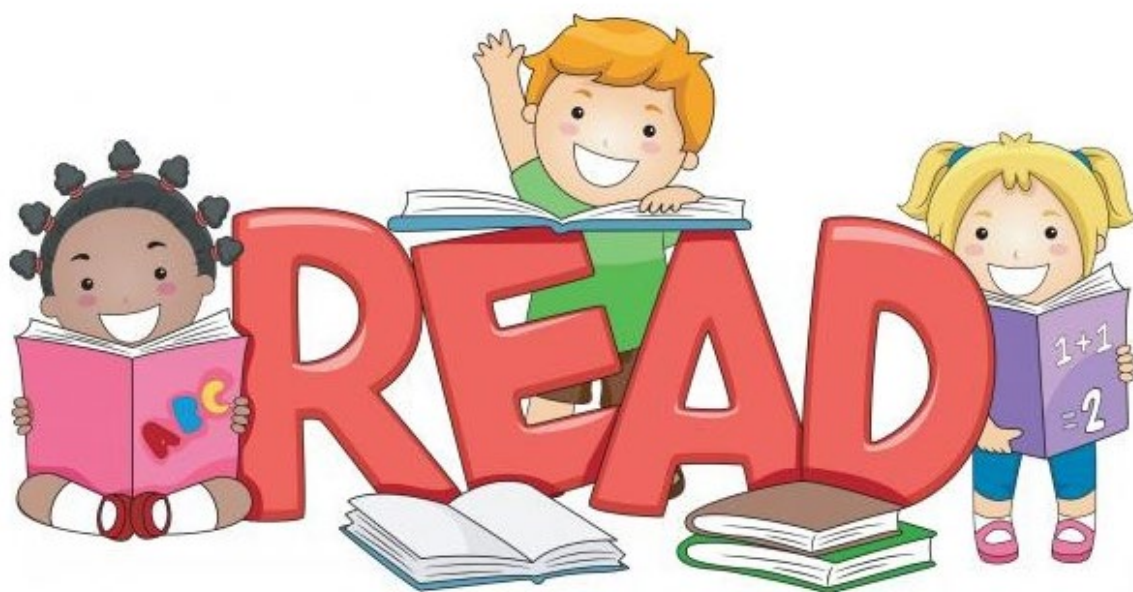
**75 Nights** Emma Gavin 3/4M, Charlotte McPhee K/6PC, Saarah Mehdi K/6PC, Matthew Golds K-6W

**100 Nights** Louisa Morrison 2E, Maria Gonzaga 3/4M, Deizel Douglas 3/4M, Aidan Betts K/6PC, Bentley Everingham Bascur K-6W, Tabitha Wright 3/4LB

**125 Nights** Jack Sainty 2E, Claire Zhu 3/4LB

**150 Nights** Sahara Lowe 2MB, William Burton 3/4M, Sidney Brannigan 3/4M, Callum Tickner K/6PC

**175 Nights** George Kassi-Hurley K/6PC, Tia Brown K/6PC



# Messages from the Office

## IMPORTANT INFORMATION

**\*\*\*\* Unless your enquiry is a matter of urgency please restrict entry into our office area \*\*\*\***

### Office Hours

School phones are manned from 8.30am until 3.15pm. The office window is opened at 8.30am and closed at 3.00pm however office staff are available until 3.15pm. There is a teacher on duty at the bus lines until 3.20pm.

### Changes to Going Home Arrangements

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day it would be appreciated if you could contact the office prior to 2.00pm to ensure that the message is passed on to your child.

### Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP and you can record your child's absence from school here as well. You will also find our School website at <http://www.woywoy-p.schools.nsw.edu.au/> which is regularly updated with events happening in our school. The School email address for correspondence is [woywoy-p.school@det.nsw.edu.au](mailto:woywoy-p.school@det.nsw.edu.au).

### Student Mobile Phones

Students who bring their mobile phone to school are asked to leave them at the office on their arrival and collect it at the end of the school day. Students are not permitted to have their phone with them during the day. It is also helpful if their name is on their phone.

### Late Arrival / Early Departure

If your child is late arriving to school or needs to leave early for an appointment, a partial absence slip is to be collected from the school office prior to going to your child's classroom. This slip is given to the classroom teacher.

### Payment of Money to the School

School fees and activity costs can be paid by credit card via the Woy Woy Public School website (<http://www.woywoy-p.schools.nsw.edu.au/>) using the 'Make a Payment' tab.

**\*\*\*\*\* EFTPOS IS NOW AVAILABLE IN OUR OFFICE \*\*\*\*\***

Understandably, our preferred method of payment for any school costs is contactless.

Payments for any school fees or activities can be made either by credit card via the Woy Woy Public School Website (<http://www.woywoy-p.schools.nsw.edu.au/>) using the 'Make a Payment' tab or for your convenience we have also installed an EFTPOS facility at the front office.



Should it be necessary for payment to be made using cash, monies should be placed in an envelope with your child's name, class and reason clearly noted. If payment is for multiple children, each must have their own envelope.

Thank you for your support in this matter.

Linda Goldsmith – School Administrative Manager

## Upcoming Events



# Snack Shack News

Monday	31 <sup>st</sup> August	Deb
Tuesday	1 <sup>st</sup> September	Pat
Wednesday	2 <sup>nd</sup> September	
Thursday	3 <sup>rd</sup> September	Kay
Friday	4 <sup>th</sup> September	
Monday	7 <sup>th</sup> September	Pat
Tuesday	8 <sup>th</sup> September	Vicki
Wednesday	9 <sup>th</sup> September	Janet
Thursday	10 <sup>th</sup> September	
Friday	11 <sup>th</sup> September	

**School hats are available  
from the canteen for \$13.00**

Online ordering is available [www.flexischools.com.au](http://www.flexischools.com.au) APP : Flexischools

We have 2 new items on our menu : **Bolognese Roll** : Bolognese mince on a long roll \$4.00  
With cheese \$4.50

**Chicken Tortilla** : Tortilla – with mayo, lettuce  
and chicken wedge \$3.50

We now have Sushi on our menu \$3.50

**Beef Teriyaki**  
**Chicken Teriyaki**

Anne  
Canteen Supervisor





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[www.cleannncare.com.au](http://www.cleannncare.com.au) or call us on 43681700!



## TERM 3 MUSIC BUS PICK UP

If your child is attending our Music Bus and they are finishing their lesson after school hours could you please collect your child from our school car park gate located in Park Road. We do remind all parents and carers that we are still following the Department Rules and Regulations Policy of **no parents on site**. Children will be directed to our car park gate after their lesson.

We do wish to thank you all for your co-operation.

### The Music BUS is back at your school!!

**WE ARE BACK!**  
Face to Face Lessons Resuming!

**THE MUSIC BUS**

#### Lessons Resuming

Following a short break due to COVID19, the Music Bus is back doing face to face lessons at your school. We have missed all our little rock stars and can't wait to see them!

#### How to Re-enrol

Call us on 1300 168 742 or email us at [contactus@themusicbus.com.au](mailto:contactus@themusicbus.com.au)

Lesson costs of \$20 per week (\$22 drums)

*Initial purchase of starter pack which includes a book and bag (\$30) required for all new students.*

Need to purchase books?  
Go to [www.themusicbusshop.com](http://www.themusicbusshop.com) to purchase books and instruments!

#### Don't Miss The Bus!

Due to reduced class sizes, spaces are limited so please act quickly to reserve your spot.

Current and NEW students all welcome to enrol

#### COVID POLICY:

- All teachers have complete Government Health Department certified training
- All equipment and surfaces disinfected between every class

**Want Online Lessons?**  
We now offer Online lessons until 7pm!  
Go to [www.themusicroom.com.au](http://www.themusicroom.com.au) for more info!

**keyboard**  
Kindy/Prep – Year 6

**Drums**  
Year 1 – 6

**Ukulele**  
Kindy/Prep – Year 6

**singing**  
Kindy/Prep – Year 6

**Guitar**  
Year 2 – 6

**Rockband**  
Year 1 – 6

**BOOK NOW – phone 1300 168 742 or visit [www.themusicbus.com.au](http://www.themusicbus.com.au)**

The NSW Department of Education has released an *Inclusive Education Statement for Students with Disability*.

This is the next step in the Department's Disability Strategy commitment to improve learning and wellbeing for students with disability in every public school. The Disability Strategy was released in February 2019, and sets out the Department's plan for providing children and young people with disability, their families and the broader community with an education system that meets their needs.

The statement is about strengthening inclusive education for all students with disability in mainstream schools and their support classes, and schools for specific purposes.

### **Inclusive education**

Inclusive education means all students can access and fully participate in learning, supported by reasonable adjustments and teaching strategies tailored to meet their individual needs.

Inclusion should be embedded in all aspects of school life, and is supported by culture, policies and everyday practices.

All NSW public schools should champion inclusive education.

### **Have your say**

The Department will listen and work with students, parents and educators over 2020 on what support is needed to strengthen inclusion of students with disability. This feedback will inform an Inclusive Education Policy and practice resources.

### **Support resources**

The statement and materials to help understand this are available online at: [www.education.nsw.gov.au/inclusive-education](http://www.education.nsw.gov.au/inclusive-education).

This includes an Easy Read version of the statement.

If you would like to find out more about this work or give feedback please email the team in the Department of Education working on this. They can be contacted on [disability.strategy@det.nsw.edu.au](mailto:disability.strategy@det.nsw.edu.au).



Hot Food

Chicken Wedge	\$1.00
Yummy Drummy	\$1.50
Snack Pie	\$1.50
Hot Dog	\$4.00
Puppy Dog	\$2.00
Lite Meat Pie	\$4.00
Sausage Roll	\$3.00
Cheese Pizza	\$3.50
Ham & Cheese Pizza	\$3.50
Ham & Pineapple Pizza	\$3.50
Beef Burger ( Lite Pattie)	\$4.50
Cheese Burger ( Lite Pattie)	\$4.00
Chicken Burger	\$4.50
Hot Cheese Roll	\$3.50
Hot Chicken Roll	\$5.00
Hot Bolognese Roll	\$4.00
Nachos	\$4.50
Lasagne	\$3.50
Fried Rice	\$3.50
Mac & Cheese - Homemade	\$3.50
Bolognese Pasta - Homemade	\$3.50
Chicken Tortilla-Wedge, Lettuce, Mayo	\$3.50
Chicken Soup	\$2.00
Cheese & Bacon Roll	\$2.00
Garlic Bread	\$0.10
Tomato/BBQ Sauce Sachet	\$0.30

Salad Plates inc: Beetroot  
Lettuce, Cucumber, Tomato, Carrot

Salad Plate	\$4.80
Cheese Salad Plate	\$5.30
Tuna Salad Plate	\$5.80
Ham Salad Plate	\$5.80
Chicken Salad Plate	\$6.00

Recess & Lunch Orders need to be on separate bags - Bags 10c each

CANTEEN OPENS AT 8.30AM & ORDERS MUST BE IN BY 8.50AM, THANK YOU

Sandwiches

Bread & Butter (2 Slices)	\$1.50
Buttered Roll	\$1.50
Honey or Jam	\$2.80
Vegemite	\$2.80
Cheese	\$2.80
Baked Beans	\$3.00
Ham	\$4.00
Tuna	\$4.00
Chicken	\$4.20
Salad Only	\$3.50
Each Extra Filling	\$0.50
Extra Salad Filling	\$1.50
Wrap Extra	\$0.70
Bread Roll Extra	\$0.80
Multigrain/Wholemeal Bread	\$0.50
Gluten Free Bread	\$1.00
Toasted Extra	\$0.50

Wraps

Chicken, Lettuce & Mayo - Half	\$3.20
Chicken, Lettuce & Mayo - Full	\$5.40
Chicken Salad - Half	\$3.70
Chicken Salad - Full	\$6.40
Ham, Cheese, Lettuce, Mayo - Half	\$3.00
Ham, Cheese, Lettuce, Mayo - Full	\$5.50
Ham Salad - Half	\$3.40
Ham Salad - Full	\$6.10

Toasted Sandwiches

Cheese	\$3.30
Cheese & Tomato	\$3.80
Ham	\$4.50
Ham & Cheese	\$5.00
Ham, Cheese & Tomato	\$5.50

Recess & Lunch Orders need to be on separate bags - Bags 10c each

CANTEEN OPENS AT 8.30AM & ORDERS MUST BE IN BY 8.50AM, THANK YOU

WOY WOY PUBLIC SCHOOL - THE SNACK SHACK

WWPS Canteen Menu has been developed in accordance with the  
NSW Healthy School Canteen Strategy

Online ordering for your convenience is available at - flexischools.com.au

The Snack Shack is always in need of volunteers,  
so if you have some spare time and would like to join  
our friendly team, drop in and see Anne  
to organise a day that suits you. (8.45am - 11.15am)

Breakfast

Cheese & Bacon Roll	\$2.00
Pikelets	\$0.10

Refreshments

Flavoured Milk - Choc/Straw Only	\$2.00
Up & Go - Choc/Straw/Vanilla	\$2.00
Juice Poppers - Apple, Orange, A/B	\$2.00
Water - Large	\$1.50
Water - Small	\$1.00
Juice Cups	\$1.00
Hot Chocolate	\$2.00
Milkshake Large - Choc/Straw/Lime	\$3.00
Milkshake Small - Choc/Straw/Lime	\$2.50

Snacks

Rice Cakes	\$1.00
Rice Crackers	\$1.00
Popcorn	\$0.60
Red Rock Chips	\$1.50
Mini Veggie Wrap	\$1.50
Veggie Bag	\$1.00
Muffin	\$0.50
Pikelets	\$0.10
Yoghurt	\$1.50
Custard	\$1.50
Fruit	\$1.00

Frozen Treats

Vanilla Ice Cream (Light)	\$1.50
Frozen Juice Cup - A,O, A/B	\$1.00
Full Quelch Sip	\$1.00
1/2 Quelch Sip	\$0.50
Frozen Yoghurt Pops	\$0.50
Blizzard Slushie	\$2.00
Frozen Milk - Choc/Straw/Lime	\$1.00
Juicies - Tropical/Lemonade	\$1.00

WWPS - Term 3 2020						
Term Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
1	20 July SOD	21 July	22 July	23 July	24 July	25 26 July
2	27 July	28 July	29 July	30 July	31 July	1 2 Aug
3	3 August Bank Holiday	4 August School Photos P-4 Staff photo 8.15am <i>Education</i>	5 August Yr 5-6 Interrelate School photos 5/6 & Preschool (Thurs/Fri)	6 August <i>Week</i>	7 August <i>Week</i>	8 9 Aug
4	10 August	11 August	12 August Yr 5-6 Interrelate P & C Meeting	13 August	14 August	15 16 Aug
5	17 August	18 August CPR - Staff & Admin <i>Seneca</i>	19 August Yr 5-6 Interrelate	20 August ICAS Science <i>Week</i>	21 August <i>Week</i>	22 23 Aug
6	24 August Stage 2 Rumbalara	25 August Stage 2 Rumbalara	26 August	27 August ICAS Digital Tech	28 August	29 30 Aug
7	31 August	1 September ICAS Maths & Spelling Father's Day Stall	2 September Year 4 Kincumber GABC Years 5/6 GABC Tea Gardens	3 September Year 4 Kincumber GABC Years 5/6 GABC Tea Gardens Father's Day Stall	4 September Year 4 Kincumber GABC Years 5/6 GABC Tea Gardens Stage 1 AWWP Excursion	5 6 Sep
8	7 September	8 September	9 September P&C Meeting	10 September <i>Zone Athletics</i>	11 September	12 13 Sep
9	14 September	15 September	16 September	17 September	18 September <i>K-2 Athletics Carnival</i>	19 20 Sep
10	21 September	22 September	23 September	24 September	25 September <i>Backup K-2 Athletics Carnival</i>	26 27 Sep
Hols	28 September	29 September	30 September	1 October	2 October	3 4 Oct
Hols	5 October	6 October	7 October	8 October	9 October	10 11 Oct
50 DAYS FOR TEACHERS 49 DAYS FOR STUDENTS						



# Uniting

## Tuning in to Teens

### Emotionally Intelligent Parenting

A free, six session parenting program  
for parents of adolescents aged 10 – 18

#### Would you like to learn how to:

- Improve ways of talking with your teen?
- Develop a better understanding of your teen?
- Help your teen learn to manage their emotions?
- Help prevent behaviour concerns in your teen?
- Teach your teen to deal with conflict?

*Tuning in to Teens shows you how to help your teen develop emotional intelligence*

#### Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success

**Where:** Peninsula Community Centre, 93 McMasters Rd, Woy Woy

**When:** Every Wednesday from the 19th of August - the 23rd of September 2020  
Two sessions available 9:15am-11:15am or 12:15pm-2:15pm

#### Bookings Essential

For further information and bookings please contact  
Jade Brown from Uniting RAPT Program  
Ph: 0467 777 122

# TRANSITION TO SCHOOL INFORMATION SESSIONS

Please find a link to our Transition to school Info Sessions for parents with children starting Kinder next year. There are 10 x 10 min sessions on our Facebook page every Wednesday at 11am.

Please share with all your families and new parents. This is something usually done face to face, however during COVID, we are now offering it online. Please feel free to share.

Today's session is now online to watch:

<https://www.facebook.com/watch/?v=669539907104456>

Many thanks

Philippa Skipper  
SaCC Facilitator  
Woy Woy Public School  
0477 317862  
[philippa.skipper@det.nsw.edu.au](mailto:philippa.skipper@det.nsw.edu.au)  
[www.ccsacc.com](http://www.ccsacc.com)

Schools as Community Centres Project

## **PENINSULA JUNIOR TOUCH ASSOCIATION 2020-2021 REGISTRATIONS ARE OPEN**

**ONLINE REGISTRATION and PAYMENTS can be  
done via our website 24/7**  
**[www.peninsulajuniortouch.com.au](http://www.peninsulajuniortouch.com.au)**

**Registrations CLOSE – 5:00pm Friday 25th September 2020**

**FEE: \$90 per player**

**We have a new registration program so if you have any  
problems please email us**  
**[admin@peninsulajuniortouch.com.au](mailto:admin@peninsulajuniortouch.com.au)**



## Nutrition Snippet

### FOOD WASTE.

Aussies throw away over \$2 billion of fresh food every year!



**Time to get food smart and start reducing your food waste.**

Why not throw your mushy tomatoes into a pasta sauce, your floppy zucchini into a fritter and soft carrots into fried rice.

For these recipes and more visit:  
[healthyinbox.com.au](https://healthyinbox.com.au)

**Cancer Council**  
Healthy Lunch Box

## Nutrition Snippet

### FAKEAWAYS.

Cooking at home is not only healthier, it will save you money.



**Try these fakeaway recipes:**

- Chicken burrito bowls
- Lentil burgers
- Easy pizza

For these recipes and more visit:  
[healthyinbox.com.au](https://healthyinbox.com.au)

**Cancer Council**  
Healthy Lunch Box