

£ Edition 81: 30 April 2021

Term 2 Week 2



CONGRATULATIONS GULIYALI PRESCHOOL RATED EXCELLENT



In 2018 Guliyali Preschool underwent the nationwide Assessment & Rating process and were successful in achieving the rating of Exceeding. This achievement provided us with an opportunity to apply for the highest possible rating the' Excellent Rating'. Our dedicated Guliyali team embarked on their Excellent Rating journey last year and we are very excited to announce that we have been successful in achieving the Excellent Rating.

The Excellent Rating celebrates excellence in the delivery of education and care. The rating recognises providers and educators using innovative practice to achieve significant improvements for:

- their children and families
- the local community and/or organisations
- the wider education and care sector.

Excellent rated services demonstrate:

- · active involvement of their children and families across service operations
- engagement with its children and families to identify and meet their needs
- · leadership extending beyond the service
- commitment to continual improvement and sustained exceptional practice.

Ultimately, Excellent rated services transform opportunities into outcomes. Tailored practices, programs and partnerships are established to respond to service specific contexts, circumstances and needs. As a result, children and families experience improvements at the highest level. Guliyali Preschool is one of 34 services to currently hold the Excellent Rating award across Australia and our preschool is the 3rd NSW Department of Education

Preschool to achieve this very prestigious rating, we are very proud of our Guliyali educators.

ACECQA will shortly congratulate our preschool as having been awarded the Excellent Rating on their ACECQA Facebook page. In the coming weeks we will also be listed as Excellent and examples of our exceptional practice will be published on the ACECQA Excellent rated web page.







Playing our part to build a national picture of child health

In early 2021, our school, along with thousands of others across the country will begin preparations for the fifth Australian Early Development Census (AEDC).

The AEDC gives us a national picture of the development, health and wellbeing of children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families.

Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children.

We used the results to support ...

Some teachers have also noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in planning for transitions to Year 1 and developing class programs.

Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website: www.aedc.gov.au.

If you have any questions, you can contact Michelle Williams via the office.



From the Principal

Welcome back to Term 2 of our 2021 school year. We are experiencing beautiful Autumn weather at present with just the nights and early mornings being cooler. There are lots of wonderful education activities for our students to look forward to this term. NAPLAN for Year 3 and 5 will be done online and will run over two weeks from the 11th of May to 21th May. Year 3 will still do a paper version of the writing component of NAPLAN. Please find attached to this newsletter a schedule of the school's spread of NAPLAN for Year 3 and 5 over that 2 week period. Mother's Day stalls are coming up on Tuesday 4th May and Thursday 6th May. National Sorry Day is on 26th May. There are lots of sport events coming up too. The Paul Kelly Cup ran on Tuesday 27th April, the Zone Cross Country is on 6th May, the Soccer Gala Day the 7th May, the Athletics Carnival on the 4th June, the P-2 Athletics Carnival on the 18th June and the Special Swim School will run from the 3rd of June until the 14th June for students in our support classes. Year 1 are having an excursion to the Art House for an exciting show on 11th May. Year 6 are off to Canberra for their excursion on the 9th June to 11th June. NAIDOC week is from 21st June to the 25th June. Our school celebration day will be on Wednesday 23rd June.

Please remember to check lost property and name all items of clothing that are regularly taken off like hats, jumpers and jackets. Also please remember that hoodies are not part of our school uniform. Thank you once again for also supporting our special and wonderful school.

Important school documentation for your review

The Annual Report 2020 and the Strategic Improvement Plan for 2021-2024 are now on view on the school website. During the process of completing a situational analysis and working towards our new Strategic Improvement Plan for 2021-2024 we also undertook a process of updating our school vision and mission/purpose statement. Staff and the parent group at the information session were taken through a session of what a vision and mission/purpose was and shown examples of effective vision statements from around the world including our NSW Education Department. They were asked to help formulate a new look vision and purpose for our school in line with our new Strategic Improvement Plan to drive our goals for the next 4 years. This was so the vision and purpose would emulate what our future directions were. We wanted to make sure we were incorporating everyone in our school community with our vision, which is now: To empower all learners. Short and succinct our vision now shows that students, teachers and community are all learners and as learners they are given support to make them stronger, more confident and enthusiastic to motivate life-long knowledge and experiences. Our mission statement is now updated to be our purpose to reflect the Department of Education. Our Purpose is: To be a future focused, inclusive school for all. The Purpose describes what sort of environment our school will provide to make our vision happen. This is a more collaborate, modern and cohesive vision for our school bringing our community of learners together and then making sure processes, procedures and practices are put in place to achieve our goals. Over the next few weeks we will update our vision statement on our letter head and our signage around the school.

Generous donation to our school

A former student of our school has made a most generous donation to support students and families in our school. Nicholas Egan attended Woy Woy Public School from 1999 when he started Preschool to the end of Year 6 in 2006.

He has a trade behind him and is now a local property and business owner. Nick loved Woy Woy Public School but he does remember struggling with some learning and having a family situation where money was very limited. His mum worked in our canteen as a volunteer and was on the P&C always helping out for the benefit of all students at our school. His brother Jake went through Woy Woy Public School as well. Nick is a success story, having a determination to reach for the stars and always make the best of any situation. How proud his family must be of him.

We send a huge thank you to Nick. How wonderful that a former student has chosen to make a difference by supporting present students in our school. Nick has also donated a generous \$1000 to our future bike track installation for our school. AMAZING! To give back is such a precious thing to do.

ANZAC Day

Our school commemorated ANZAC Day on Monday 26th April with a special assembly. A time to remember those who serviced and those who paid the ultimate sacrifice with their life to ensure Australians would always be a free and democratic people. A true tribute to those who serviced our country, allowing it to be the beautiful free place it is today. "Lest We Forget"



School is successful in gaining a Sustainable School's Grant

Our school has been successful in gaining a sustainable school's grant of \$11,100. The grant is for the school to install a small scale sustainable aquaponics farm as part of our Stephanie Kitchen Garden (SAKG) program, providing a living, environmental teaching resource and a circular system of growing vegetables and fresh fish for our cooking component.

The aquaponics farm will be established in our current vegetable garden area, taking advantage of current plumbing and electrical work as well as the area being fenced to reduce problems with predators and for the safety of all our children.

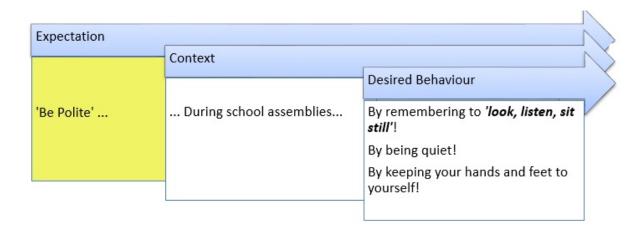


Aquaponics will be embedded into our regular SAKG program of planting, growing, harvesting, cooking and consuming food from our own garden beds. Aquaponics will be shown to be a sustainable method of growing vegetables and fish can be adapted for most environments, including schools.

How exciting for our school and such an addition to our Stephanie Alexander kitchen Garden program. A huge thank you to Mr David Owens who brought the idea forward, found the information on the grant, put the application in and now has been successful in gaining funding to complete the project. **Well done Mr Owens!**

Ona Buckley and Dan Betts Principals

Positive Behaviour for Learning (PBL) Weeks 1 & 2



Positive Behaviour for Learning (PBL) is a whole-school framework that promotes positive behaviour across our school. Every five weeks a team of teachers including the school Principal, executive staff and representatives from each stage analyse our school behavioural data. The results of this analysis leads our whole school implementation of Positive Behaviour for Learning. This fortnight teachers have been talking to students about how to 'Be Polite' especially during assembly times. Lessons have had a focus on remembering to 'look and listen' while in assemblies. Students were invited to participate in a whole school ANZAC Day assembly on Monday where they were able to demonstrate their understanding of the importance of being respectful audience members.

PBL REWARDS DAY

This week we will celebrate students achieving their Green Award with our Positive Behaviour for Learning Rewards Day. 98% of our students are eligible to receive their Green Award and will be rewarded with canteen tokens. All students will receive tokens allowing them to visit the canteen to choose a special treat. Our students are working hard to follow our school rules and it is wonderful to see so many receiving their Green Awards. Well done everyone.



Michelle Williams Assistant Principal Student Wellbeing

The Zones of Regulation

We are very excited to be commencing our 'Zones of Regulation' program in week 2. The focus of the first lesson introduces students to the four 'Zones of Regulation' (©Social Thinking, 2011). Using images of various feelings, students learn to identify the four 'Zones', which are the foundation of the program. Students work on increasing their vocabulary of emotions and recognition of facial expressions.

How can you help?

- Use the language and talk about the Zones your child has experienced across the day. You might
 like to keep a copy of the Zones somewhere at home which is handy to refer to as your own 'check
 in' system. A visual of the 4 zones will be sent home to support understanding.
- Help your child gain an awareness of his or her Zone and feelings by pointing out your observations ie, "I can see you are frustrated, you are in the yellow zone"
- Encourage your child to share his or her Zone with you and help them to become comfortable using the language to communicate their feelings and ways they can respond accordingly
- Model how you feel what Zone you would be in and what you will do to regulate your emotions

Leanne Wiliame Assistant Principal Support classes Montana Wood School Counsellor

Dance Groups

A huge congratulations is in order for our Stage 2, Stage 3 and Aboriginal dance groups, who have all been successful in securing a position in the 2021 Central Coast Dance Festival. This is the first time in the last 10 years our school has had so many groups be successful. This is a credit to the hard work of our students and also our dance teachers – Mrs Mallarky, Mrs Hauraki, Mrs Nebauer and Mrs Williams. Notes have gone out to these students with information on our rehearsal and ticket release dates. If you need a copy of these notes please ask your child to see Mrs Cooper. Notes about the performance night will be going home after the dress rehearsal.

Important dates for dance:

Dress rehearsal for all groups: Monday 24th May 2021.

Aboriginal 'Guliyali Dancers' performance night: Show B, Wednesday 16th June. Ticket release date 25th May.

Stage 2 'Better When I'm Dancin' performance night: Show C, Thursday 17th June. Ticket release date 26th May.

Stage 3 'Drivers Licence' performance night: Show F Wednesday 23rd June. Ticket release date 31st May.

Tickets can be purchased through Laycock St Theatre from 10:30am – 2:00pm. They can be purchased in person at the box office, over the phone, or online at www.laycockstreettheatre.com

We are all looking forward to watching our talented students perform.



Guliyali Preschool News



Term 2 has seen the establishment of a new and exciting learning space in our outdoor environment at Guliyali Preschool. Over the break the educators collected a range of recycled materials for the children to use in play. There has been ample research and literature that places of emphasis on the benefits of loose parts play for children of all ages and in particular for children in their early years.

Loose parts are important to children's play as they encourage imagination and creativity in ways that traditional toys do not. Loose parts and materials can be moved, carried, redesigned, lined up, tinkered with, taken apart and put back together in multiple ways. They are materials with no specific set of direction that can be used alone or combined with other materials. Children are inquisitive, competent and capable learners and the environment should reflect this.

In the past two weeks this loose parts learning space has transformed from a restaurant to a mechanics workshops, to an obstacle course to a forte/shelter. The opportunities for learning and development across all domains are endless and the children are excited to continue to recreate each day.

If you have any items or materials that you think we could use in the our new loose parts play space please feel free to contact me on whitney.williams7@det.nsw.edu.au Things may include: tyres, cable reels, pallets, planks of wood, pipes, tubing, old appliances, milk crates, natural materials.















Whitney Williams
Preschool Teacher



Aspire Home Reading



Congratulations to the following students who have reached their 25 & 50 nights of home reading!



25 Nights Hannah Greenwood 2MB, Lyla Leaf-Milham 2MB, Luka Omura Vana KM, Max Sutton KM, James Durrand KM

50 Nights Joey Timbs 3/4E, Isabelle Sheppard 3/4E, George Kassi-Hurley K/6PG, Hannah Greenwood 2MB, Lyla Leaf-Milham 2MB, Luka Omura Vana KM, Max Sutton KM, James Durrand KM

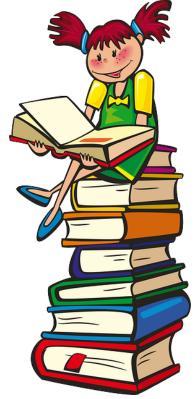
Library News





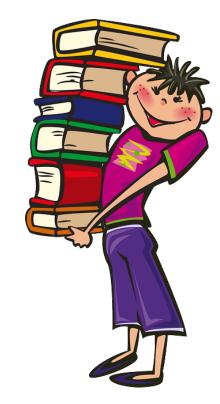






Cathy Walker Teacher Librarian





Upcoming Events



Snack Shack News

Online ordering is available www.flexischools.com.au APP: Flexischools

Monday	3 rd May	Sherri
Tuesday	4 th May	Pat
Wednesday	5 th May	
Thursday	6 th May	Kay
Friday	7 th May	
Monday	10 th May	Pat
Tuesday	11 th May	Sherri
Wednesday	12 th May	Janet
Thursday	13 th May	Vicki
Friday	14 th May	



Birthdays bucket, we are now selling half sips, sent to the classroom to share with classmates. 50c each, order online.

Volunteers are needed for Fridays. If you can spare a few hours to help in the canteen please come and see me. Volunteer hours are between 9:00am – 11:30am, any help is always greatly appreciated.

Many thanks,

Anne Canteen Supervisor

P&C News



Welcome back to Term 2. We hope everyone had a great break and are refreshed and ready for a great Term.

Hopefully we got a chance to meet you at the meet and greet BBQ at the School on Thursday.

Upcoming Events

The Mother's Day stall is on next week on Tuesday 4th and Thursday 6th May. Items range from \$1 - \$6 and there will be lots of bright and beautiful gifts to choose from. Notes will come home this week indicating which day your child can purchase at the stall.

If you have any fundraising ideas you would like us to look into please email wwpspandc@live.com.au or come along to a meeting. All fundraising profits go towards providing items from a school Wish list to further benefit our students.

Uniform Shop

The Uniform Shop is open every Wednesday morning between 8:30am – 9:15am.

We are on the lookout for a uniform shop Coordinator and volunteers to help on Wednesday mornings so please email wwpspandc@live.com.au if you can help and we will get back to you.

*** Uniform Shop Open ***

Every Wednesday / 8:35am - 9:15am / CA room

We will notify the community of any changes via the Namalata, apps and FB updates.

School Banking

Jane, our School banking liaison was at the meet and greet BBQ so hopefully you had a chance to ask her any questions you had.

We are excited to get school banking up and running again but we need volunteers to lend a hand one morning a week to count money and stamp books. Maybe there are some grandparents out there that would like to get involved?

The day has not yet been determined and can be flexible based on volunteer availability. Please, we cannot run this initiative without the community's help. Contact Laura at wwpspandc@live.com.au if you can help with this great program.

Next P&C Meeting of 2021

The next general meeting will be held **7:00pm - 8:30pm**, **Wednesday 12th May**, **Staff Room**, **Woy Woy Public School**. We look forward to seeing familiar faces return and welcoming new families to our community. All are welcome to attend.

Membership

The annual P&C membership fee is \$2.00, and this entitles you to participate in the democratic decision making process of the Association. If you are interested, P&C Membership forms for 2020/21 are available from the school or by emailing www.wpspandc@live.com.au

Completed forms and membership fee can be placed in a sealed envelope and put in the P&C blue box in the school office or better still attend a meeting and find out firsthand what is happening within the school. Members do not have to attend every meeting; however, your child gets a buzz out of you being involved with the school. Your input and ideas are valued.

Volunteering

You can make a difference! We are always looking for volunteers to assist with services provided by the P&C such as fundraising, school banking and the uniform shop. This is a great way to connect with the school and find out what is happening firsthand. If you are interested in contributing in a small way and can spare some time, please contact wwpspandc@live.com.au – as little as half an hour can ease the workload of our dedicated volunteers and your child enjoys you being involved in school activities.

Did you know that while we love to welcome new members to the P&C, you do not need to be a member of the P&C to volunteer at one of our organised events

Billie-Jean Higgison President WWPS P&C

Messages from the Office

IMPORTANT INFORMATION

**** Unless your enquiry is a matter of urgency please restrict entry into our office area ****

Office Hours

School phones are manned from 8:30am until 3:15pm. The office window is opened at 8:30am and closed at 3:00pm however office staff are available until 3:15pm. There is a teacher on duty at the bus lines until 3:20pm.

Changes to Going Home Arrangements

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day it would be appreciated if you could contact the office prior to 2:00pm to ensure that the message is passed on to your child.

Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP and you can record your child's absence from school here as well. You will also find our School website at http://www.woywoy-p.schools.nsw.edu.au/ which is regularly updated with events happening in our school. The School email address for correspondence is woywoy-p.school@det.nsw.edu.au.

Student Mobile Phones

Students who bring their mobile phone to school are asked to leave them at the office on their arrival and collect it at the end of the school day. Students are not permitted to have their phone with them during the day. It is also helpful if their name is on their phone.

Late Arrival / Early Departure

If your child is late arriving to school or needs to leave early for an appointment, a partial absence slip is to be printed at the school office and given to the classroom teacher.

Payment of Money to the School

***** EFTPOS IS AVAILABLE IN OUR OFFICE *****

Understandably, our preferred method of payment for any school costs is contactless.

Payments for any school fees or activities can be made either by credit card via the Woy Woy Public School Website (http://www.woy-.schools.nsw.edu.au) using the 'Make a Payment' tab or for your convenience we have also installed an EFTPOS facility at the front office.



Should it be necessary for payment to be made using cash, monies should be placed in an envelope with your child's name, class and reason clearly noted. If payment is for multiple children, each must have their own envelope.

Thank you for your support in this matter.

Linda Goldsmith – School Administrative Manager

Please support our sponsors:





Shop 30 Railway Street Woy Woy NSW 2256 Ph: 4339 4941

Stephen McPhee M.P.S. B.Pharm (Owner) Ettalong Pharmacy 249 Ocean View Road Ettalong Beach NSW 2257 Ph: 4341 3338 Fax: 4341 3334 Email – ettpharm@gmail.com Business hours ... Monday to Friday 8:30am to 5:30pm Saturday 8:30am to 12:30pm Is this the best chemist in the world, ever ?



GIRL GUIDES MEET NEAR YOU

Blackwall Girl Guide Unit

For girls 7–13 years old

Mondays 5.30 – 7.30pm

Blackwall Guide Hall, 120 Memorial Avenue, Ettalong Beach (corner Lurline Street)





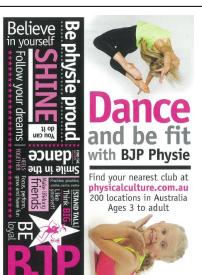


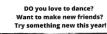


JOIN US TODAY

We are seeking P/Time workers to assist our clients with cleaning and accessing the community within school hrs. Apply online through the Clean N Care website

www.cleannncare.com.au or call us on 43681700!







BRISBANE WATER PHYSIE AND DANCE @FTTALONG PUBLIC SCHOOL

CONTRACTOR STREET	MOR	YADA	TUE	EDAY	Dur	SOAY
	4.00 - 4.45	STEVENES	5.00 - 6.00	137 ta YEARS	400-435	DANCERS
	445 - 530	7/8 YEARS	9.09 - 7:00	15/10T YEARS	4:39 - 5:15	STOYEARS
	5:30 - 6:15	S/ 10 YEARS	7:00 - 8:00	SENORS	8:15-9:00	7/8 YEARS
3/4/4	6:15 - 7:00	11 / 12 YEARS	100		6.09 - 7:00	9/12 YEARS
111	7.00 - 8:00	SENCES	30	PHYSIE	7,00 - 8:00	13/1ST YEARS
	B40 - B.00	LAGIES - OPENS	BAN		8,60 - 9,60	Nexton' Nexton' Intermediate



Call: 02 9858 5122



Community News



Woy Woy Public School of Parents and Citizens Association Inc. ABN: 15 364 243 614

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Jurchasing from the Woy Woy Public School Uniform Shop

Email the order direct (preferred method for faster delivery) Option 1

- Email wwpsuniforms@outlook.com Request item, size and quantity plus child's name and class
 - Invoice is emailed to you with payment options of Credit Card or Direct Deposit
 - Once money cleared delivery of stock to the classroom

Fill in an order form and leave at the office Option 2

- Invoice is emailed to you with payment options of Credit card or Direct Deposit
- If paying cash, it must be CORRECT cash (this method may take an extra week)
- Once money cleared delivery of stock to the classroom

Buy direct from the shop

- Opening hours are communicated via the School Newsletter, School Facebook Site and Skoolbag App
 - EFTPOS and correct cash accepted
- Email orders and returns/exchanges from email orders are NOT processed on open days and will not be available for

Soutlook.com within 14 days for the uniform shop coordinator to advise the appropriate steps. FAQ What if I order the wrong size?

Return items must be WITH TAGS ON and NOT WORN.

Please note this process may take an extra week to process. Correct money with the order in a sealed envelope can be left at the only have cash how can lorder?

Yes, there will be reminders in the newsletter, on the SkoolBag App, School Official FB page Newsletter

Will I be reminded about the shop opening times?

Refund, Exchange & Returns Policy

The Uniform Shop will accept returns and provide customers with an exchange, refund or repair where the customer can provide adequate proof of purchase by way of receipt and the following terms and conditions are followed:

- Exchanges can only be made within 14 days of purchase.
- No refund will be given for an incorrect size choice only an exchange and the item must have original tag and have not been washed and is in an "as new" condition.
- All faulty items need to be reviewed by the manufacturer before a decision is made regarding refund, repair or exchange.
 - Any item to be reviewed by the manufacturer needs to be returned in a clean and freshly laundered condition.
- The Uniform Shop will not hand out replacement items until the manufacturer has decided on repair, refund or exchange.
 - This process may take several weeks.
 - All decisions will be notified to the customer.
- The Uniform Shop reserves the right not to offer an exchange, refund or repair on items where the item fault is the result of misuse, neglect or incorrect washing instructions of the item.
- The Uniform Shop reserves the right to assess the condition and age of returned goods prior to providing a repair, refund or exchange. This may result in repair, refund or exchange being refused.
 - If a refund is granted, the refund will be issued using the original payment method

There will be NO exchanges or refunds on any items purchased second hand at the Woy Woy Public School P&C Uniform Shop.





WOY WOY PUBLIC SCHOOL P&C UNIFORM ORDER FORM

ITEM	AVAILABLE CIZEC	PRICE	SIZE	QTY	TOTAL
	AVAILABLE SIZES				100
SKY BLUE Short Sleeve Polo	4/6/8/10/12/14/16	\$ 26.00			
Special Order (Adult sizing)	S / M / L / XL	\$ 27.00			
Skorts	4/6/8/10/12/14/16	\$ 21.00			
Cargo Shorts	4/6/8/10/12/14/16	\$ 21.00			
Cargo Pants	4/6/8/10/12/14/16	\$ 24.00			
WWPS Fleecy Jacket	4/6/8/10/12/14/16	\$ 25.00			
Special Order (Adult sizing)	1/W/S	\$ 30.00			
WWPS Fleecy Jumper	4/6/8/10/12/14/16	\$ 25.00			
Special Order (Adult sizing)	1/W/S	\$ 30.00			
	SPORTS UNIFORM				
LLOW "DAVIS" (A-F) Sports Polo	4/6/8/10/12/14/16	\$ 26.00			
Special Order (Adult sizing)	S/M/L/XL	\$ 27.00			
ED "SCOTT" (G M) - Sports Polo	4/6/8/10/12/14/16	\$ 26.00			
Special Order (Adult sizing)	S/M/L/XL	\$ 27.00			
tEEN "WEBB" (N-Z) - Sports Polo	4/6/8/10/12/14/16	\$ 26.00			
Special Order (Adult sizing)	S/M/L/XL	\$ 27.00			
WWPS Unisex Sports Shorts	4/6/8/10/12/14/16	\$ 19.00			
Special Order (Adult sizing)	S/M/L/XL	\$ 21.00			
WWPS Sports Jacket	4/6/8/10/12/14/16	\$ 42.00			
Special Order (Adult sizing)	2/W/r/xr	\$ 45.00			
	ACCESSORIES				
VWPS Bucket Hats (older style)	Small / Large	\$ 13.00			
WWPS Bucket Hats (new style)	S/M or M/L	\$ 13.00			
Swim/Sports Eco Bag	One Size	\$ 13.00			
WWPS Mighty Tuff Backpack	24 L (Lifetime Warranty)	\$ 50.00			
SISCONTINUED STOCK	** CLEARANCE ITEMS ** OCK	I IMITED /	LIMITED AVAILABILITY	À	
Summer Tunic	4/8/12/14	\$ 26.00			
Winter Tunic	4/8/10/12/14/16	\$ 26.00			
Prices are subject to change without notice	ange without notice		10	TOTAL	
				Č	
Child's Name:				Class:	
Parent/Guardian Name:			Phone:		
Email Addrage for Invoice					
Siliali Audi ess loi illivoice					

PLEASE DO NOT PAY VIA THE SCHOOL ONLINE PAYMENT SYSTEM

Please refer to the back of this form for ordering and payment options Payment is accepted via direct deposit, credit card, EFTPOS or cash.

Direct Deposit payments can be made using the following banking details wwwps P&c Uniform shop BSB: Account Number: Reference: Account Name: DIRECT DEPOSIT

Version: November 2020

Version: November 2020



Hi WWPS community.

The P&C are looking to restart the CommBank School banking program. Wednesday mornings starting in term 2 is the planned day To be able to do this we need at least 4 volunteers to help (it's not hard but many hands make light work and backups!!) It will only take about an hour at most in the morning during school terms.

Full training and support will be provided by our local School Banking Rep.

If you are not available, do you know someone who would like to be involved? A grandparent or friend of the school community are more than welcome to join in and help In the past, funds from school banking have been used for the school antibullying campaign and subsidising the cost to parents. More information about school banking and the process will be provided once we get the help, because without that it wont run sadly

How to get involved?

Please send an email to wwpspandc@live.com.au with your name and mobile and we will be in touch with details.

Laura Morrison

WWPS P&C School Banking Co-ordinator

Mondays

Thursdays

9.30am

9.30am 0-12 months Busy Beats Music 10.15am 2-5 years

Baby PlayBroup

<u>Tuesdays</u>

Ages Playgroup

Playstrong All

11am-12.30pm

v Toddlers Play 1-3 yrs Outdoor playgroup 9.30am

Little Thinkers 4-5 yrs Transition to School program 11am - 12pm

Parenting Programs

Contact the centre

Register online

www.ccsacc.com/woy-woy

Central Coast Schools as Community Centres

Philippa Skipper Woy Woy

Sports and Movement

10am 3-5 yrs

Kids on the Move

<u>Wednesdays</u>

For more information



ood & W **EVERGLADES**

Enjoy a night of delicious food from our Nine Restaurant Chefs, smooth beautifully decorated Auditorium. McLaren Vale Vineyard SA and Featuring local talent Kava Malt wines from Hancock & Hancock, Duo, wine experts David Irvine fantastic entertainment, in our and Tracey Quinlan and your host Jiml

FRIDAY 14TH MAY - ARRIVE 6PM ood & W

EVERGLADES

Home Vineyard McLaren Vale, SA. Aussie wine industry legend Chris All courses are paired with beautiful wines from Hancock & Hancock roots to turn out premium expressions from their La Colline vineyard. Hancock has teamed up with his brother John, returning to their SA

Arival Beverage: Aurelia Chardonnay Pinot Noir Sparkling

Counse 1: Beef carpaccio served with pickled zucchini, avocado. fetta, pomegranate molasses and a balsamic glaze. Paired with: Fiano, McLaren Vale

Course 2: Smoked crocodile tail served with mango, capsicum and crispy noodles.

Paired with: Vermentino, McLaren Vale

cheese mash potato, roast baby carrots and a mixed (ourse 3: Brie and thyme chicken ballotine served with cream berry cream.

Paired with: Grenache Rose, McLaren Vale

Course 4: Twice cooked pork belly served with parsnip puree, snow peas and apple jus.

Paired with: Shiraz Grenache, McLaren Vale

white chocolate and maple ice cream. Course 5. Deep fried brownie bomb served with Paired with: Sparkling Shiraz, McLaren Vale





Appropriate drinks for babies and young children

Drink Type	Birth - 6 months 6 - 12 months	6 - 12 months	1 - 3 years	3 - 5 years
Breast milk	Exclusively breastfed	Breast milk + solids	Continue as long as mother & baby wish	Continue as long as mother & baby wish
Infant formula	Only if not breastfeeding	Only if not breastfeeding	Not necessary if tolerating cow's milk	Not necessary
Toddler Milks	Not suitable	Not suitable	Not necessary if tolerating cow's or fortified soy milk	Not necessary
Cow's milk (full-cream & reduced fat)	Not suitable	Not suitable as a drink. Small amounts of full cream can be added to cooking from 6 months	Cow's milk as a drink Reduced fat for children over 2. More than 2 serves (500ml) daily is not recommended	Reduced fat cows milk as a drink
Soy milk (enriched with calcium)	Not suitable	Not suitable	May be used in the case of cow's milk allergy or intolerance	May be used in the case of cow's milk allergy or intolerance
Oat, rice, quinoa, almond or coconut milk	Not suitable	Not suitable	Not suitable as a replacement for cow's milk (unless medically advised)	Not suitable as a replacement for cow's milk (unless medically advised)
Water	Not necessary if breastfed, Offer extra feeds in hot weather	Cool bolled water. Encourage use of a cup rather than a bottle	Prompt children to drink water regularly	Prompt children to drink water regularly
Fruit juice	Not suitable	Not suitable	Not necessary if providing, offer once per day only and dilute 11 with water	Not necessary, if providing, offer once per day only and dilute It! with water
Cordial, soft drink, fruit juice drink, flavoured mineral water, sports drink	Not suitable	Not suitable	Not suitable	Not suitable

What About Toddler Milks And Flavoured Milk?

these companies to be able to promote their brands on TV. children aren't eating well. Although infant formula cannot be advertised on television, there is no such rule when it comes to toddler milks. Hence it is a back door way for Toddler milk is promoted to parents who are worried

unnecessary, is that they can 'fill up' the fussy eater, making them even less likely to want to eat regular foods. If you look at the ingredients in toddler milk, it is basically milk The trouble with toddler milks, besides being generally powder with some added vitamins and minerals.

Flavoured milk: Plain milk is best however, if a child won't along with some added sugar (sucrose). Interestingly, the actose (milk sugar). Flavoured milk contains this lactose drink plain milk, flavoured milk is OK, Plain milk contains total sugar content of flavoured milk is similar to many fruits and less than flavoured yoghurt (see table).

For centres where food is brought from home one of the that lunch box size tetra packs of flavoured milk are more Flavoured milks are still a good choice. Just like plain milk, lunch bax 'shortfalls' is not enough dairy food, We know flavoured milk provides protein, calcium, zinc etc. it just readily available than small tetra packs of plain milk. contains a little more sugar

Food	Sugar content (g) per 100 ml/grams
Cow's milk	4.1
Flavoured milk	8.2-9.2
Plain Yoghurt	4.8
Flavoured Yoghurt	11.6-13.4
Grapes (Thomson's)	15.5
Kiwifruit	16
Banana	16.9

This fact sheet is produced by the Central Coast Public Health/Community Nutrition Team. If you have any suggestions or nutrition topics you would like covered please contact us by telephone on 4320 3691 or fax on 4320 2828.

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Is there a problem letting young children drink too much milk?

The answer is YES and here's why:

be breast milk or formula and especially ordinary cow's milk) children to around six months of age, children over this age time baby's iron stores are becoming depleted, so it is time to start introducing food that contains iron. Milk (whether it While breast milk or formula can be used as sole foods for cannot grow and develop properly on milk alone. By this are inadequate sources of iron for older children.

amounts being consumed. This can 'ruin' their appetite and this age are important as they provide other nutrients that result in a reluctance to eat solid foods. The solid foods at Toddlers drinking milk from a bottle may result in large

> amounts of iron rich foods such as red meat or iron enriched baby cereal. These foods could be given before, during or By 6 months of age, it is time to start introducing small after the milk feed (whatever works best).

breast milk or formula may not be interested in solid foods suckling of breast milk, can be conducive to tooth decay. Babies or toddlers who have constant access to either and frequent sipping of milk from a bottle or frequent

that food requires chewing).

by 12 months of age, starting the process at about 6 months take time and patience. If baby is to be drinking from a cup It is important to teach baby to drink from a cup. This will of age is a good idea.

child care with a number of bottles of milk. This could A balanced diet can be a problem if children arrive in mean the food provided (by the centre) or in their lunch box is not being eaten. Children are more likely to become fussy eaters if they know they can have an easy to consume are not found in milk



	7 to 12 months	13 mths - 23 mths	2-3 yrs	4-8 yrs
Boys	600ml breast milk or formula and ½	1½ serve	1½ serve	2 serve
Girls	600ml breast milk or formula and %	1½ serve	1½ serve	1½ serve

A standard serve of dairy is:

1 cup (250ml) fresh, UHT long life, reconstituted powdered milk

- 2 slices (40g) or 4 x 3 x 2cm cube (40g) of hard cheese.
- ½ cup (120ml) evaporated milk
- such as cheddar ½ cup
 - · (120g) ricotta cheese
- % cup (200g) yoghurt
- 1 cup (250ml) soy, rice or other cereal drink with at least 100mg of added calcium per 100ml

Cubby005H are looking for a new Supervisor



OOSH Nominated Supervisor position

CubbyOOSH would like to offer you:

- Wage Negotiated
- 4 weeks' annual leave
- Part Time
- Paid professional development and training

Benefits of being a part of the CubbyOOSH Team:

- 1. Value your well-being and work life balance and believe this position deserves 4 weeks' annual leave
- 2. A dedicated account, enrolments and marketing team so you don't have to worry about collecting fees, enrolments and advertising.
- 3. A career path with opportunities to grow within our Leadership team and throughout the Company
- 4. Paid Professional development courses
- 5. Coaching and mentoring programs
- 6. We celebrate success with gift vouchers, reward dinners and recognition rewards

Why CubbyOOSH?

Work for a company you can truly be proud to be a part of that want the best possible outcomes for children, families and educators. We are all about the customer experience and you will see that when you step inside one of our centres.

We value and respect the voices of our most valuable asset; our people and are forever reflecting on how to improve and further our offerings to all of our people and practices across the organisation

We are committed to setting industry benchmarks and pushing the OOSH sector outside the norms.

As the Nominated Supervisor, you will be driving the educational program, recruiting and mentoring your people and ensuring the highest quality of communication with parents and all CubbyOOSH members.

You will work closely with the leadership team to create a high-quality centre by fostering a sense of belonging for children and their families and keeping families connected and a part of their child's development and learning.

CubbyOOSH desired criteria:

- 2-3 years' director experience preferable
- Experiences working with 6year 12 year olds
- Knowledge on the, NQF, My Time Our Place, and Exceeding Themes.
- A clear understanding of the National Law and Regulations.
- Be passionate and motivated to provide high-quality educational programs and learning environments.
- An adaptable leadership style
- Be committed to ongoing forms of team engagement to create a fantastic work culture.
- An expert at guiding, mentoring and inspiring team members.
- Advanced computer skills.

- Be willing to build and maintain partnerships with families and communities.
- Diploma in Early Education
- Working with Children Check registration and Emergency Certificates (First Aid etc.)

Essential Requirements of the Role:

- Diploma of Children Services
- Current Working with Children Check
- HLTAID0012 First aid (including Anaphylaxis and Asthma)
- HLTAID009 CPR
- CHCPRT001 Identify and Respond to children and Young People at Risk

If this sounds like the something you would like to be a part of, please apply now!!

We can't wait to meet you!



Nancy Raad • Area Manager

CUBBY OOSH • Active and engaging out of school hours care

m. 0477 800774 | t. 1300 553585











IMPORTANT MESSAGE FOR OUR CATHOLIC FAMILIES

The Catholic Parish of Woy Woy Peninsula is about to start a programme to prepare baptised Catholic children who are currently in Years 3 or 4 and have reached the age of discretion (normally about 8 years of age) for the Sacrament of Confirmation. The parent or guardian who will accompany the child through the programme is required to attend an Information Night on Monday 24th May 2021, at 7.30pm in the Walter Baker Hall, 100 Blackwall Rd, Woy Woy. Enrolment forms will be handed out on the night. Attendance at the meeting is compulsory for registration of your child to the Sacramental Programme. For further enquiries please call the Parish Office on 4341 1073.