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Edition 88: 12 November 2021

From the Principal

Term 4 Week 6

Looks like we are in for a bit of rainy weather and of course with it some cooler temperatures. Lovely for everyone's gardens and for the farmers out west. Be mindful of clothing garments that can be removed when temperatures warm up during a school day (as in jackets, jumpers, raincoats and hats) and make sure they are well named so they can be returned to your child if they are accidently misplaced.

As you are well aware through media sources all schools in greater Sydney which includes us here on the Central Coast are now classed as Level 3 schools for the remainder of the school year. This means not a lot will change for us but we will be able to bring back some of the programs we had operating for the benefit of our students before COVID lockdown. Teachers will still wear masks indoors and separated cohorts and staggered arrivals and departures will continue. Many schools have already experienced a short lockdown over the last few weeks which sees the school closed, deep cleaned and close contacts having to isolate. Keeping separate cohorts, arrivals and departures, breaktimes and play areas will benefit the school if we were to lockdown as close contacts would be limited. Thank you for your patient understanding around these requirements and your support with making sure your children remain at home if they have the slightest flu like symptoms and that they have a negative COVID test before returning to school.

Tell Them From Me surveys

This year our school will again be participating in the Department of Education's 'Tell Them From Me' (TTFM) parent and student feedback survey initiative.

The TTFM Parent Survey is designed to measure, assess and report insights from the parent point of view at the school and system levels. The focus of the survey is on student wellbeing, engagement and effective teaching practices. The survey questions aim to understand parents' perspectives on their child's experience at school, including teaching, communication and the school's support of learning and behaviour. Data collected from the survey responses are compiled into reports for school leaders. The reports provide information that can help schools in their annual planning and reporting activities, by helping to identify emerging issues and plan for improvement.

Participation in the parent survey is entirely voluntary but greatly appreciated. The survey typically takes 15 minutes and is conducted entirely online through a secure website operated by the survey developers, The Learning Bar.

Scan the QR code below using the camera on your Smartphone or tablet to take the survey, or type the following web address into a browser window:

http://nsw.tellthemfromme.com/woy2021



Thank you in advance for your commitment to helping us to continue to strive to meet the needs of our community. We can't emphasise enough how valuable the data from this survey is to the school in terms of planning for school improvement.

Check in, Classroom, ICAS Assessments and student written semester two reports

Students in Years 3, 4, 5 and 6 students will participate in the reading and numeracy Check-in assessments in Week 7 (next week) and Week 8. The Check-in assessments are diagnostic assessments to inform teaching. There are no official parent and carer reports available. Rather, the assessments are aimed at supporting schools and teachers to assess and monitor the learning gains made by individual students. The assessments supplement existing school practices to identify how students are performing and to help teachers tailor their teaching more specifically to student needs.

Both the Reading and Numeracy assessments have approximately 40 questions and so are relatively quick and easy to administer. Students requiring special provisions will be provided with the usual level of support provided in the classroom.

If you'd like any more information about the Check-in Assessments please contact, Mr Dan Betts, Mrs Kathleen Moore or Mrs Deidre Hauraki.

Children involved in the ICAS program will be doing these assessments in Science, Maths, Writing, Literacy and Computer knowledge over the next few weeks as well. Written student reports for Semester 2 this year will be a more compact version, given the period of learning from home, and will be completed and sent home to parents in Week 10.

Preschool 2022 Enrolments

Our Guliyali Preschool has full enrolments for 2022 and will place children on a waiting list now. As we know, quite often during the year family circumstances can change and places in our Guliyali Preschool can become available. There will be a parent information session for 2022 Preschool enrolments on Wednesday 17th November at the Everglades County Club, starting at 4:00pm.

Kindergarten Information session and Transition

How exciting to be welcoming another group of Kindergarten children to our school for 2022. A parent information session will be held on Wednesday, 17th November at the Everglades Country Club starting at 5:30pm. Transition dates are Wednesday 24th November, Wednesday 1st December and Wednesday 8th December. Fortunately, these can now be held on site for the children. COVID safe arrangements will be communicated to parents as the time draws near.

Interrelate for Year 6

Interrelate for Year 6 has started with weekly sessions over 3 weeks. Interrelate is a program to support Year 6 moving into High School. "Moving into the Teen Years" explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed especially for this important time in life. The 3 sessions cover, Understanding My Body, Respectful Relationships and Taking Charge. The school has supplemented \$10 towards the cost of this important program to support families so all children can attend if given parental permission. Thank you for supporting your child. High School is a big step coupled with growing up and lots of physical and mental changes.

Year 6 Farewell

Hurrah! Our Year 6 Farewell can go ahead, and the Year 6 children will be able to celebrate together face to face. So good! The Farewell is set for 15th December at the Everglades Club. More information will be sent out by Stage 3 outlining what is happening, collecting menu choices and stating the COVID safe plan that will be in place for this exciting event for Year 6.

Presentation Day

Our Presentation Day is set for Tuesday 14th December and will be done in Stages to ensure the school follows the COVID safe requirements for a Level 3 school. Stage 3 will have all major awards which are generally for Year 6 students. The school may invite some special guests to present awards and some parents where their child is receiving a very special award. All of whom will have to confirm full vaccination status.

Some very busy and exciting weeks ahead. Keep safe and take care.

Ona Buckley and Dan Betts Principals

Positive Behaviour for Learning (PBL) Week 6 & 7

	Context		
		Desired Behaviour	
'Be Safe'	At break times in Areas B and C	By not playing with sticks!	
		By keeping your hands and feet to yourself! (ie. no rough play)	
		By waiting for a teacher before using the fixed play equipment!	

This week teachers and students have been talking about how to 'Be Safe'. Students and teachers have been discussing the importance of staying in bounds, wearing a hat, staying off the fixed play equipment when it is not supervised and keeping out of the toilet blocks unless using the bathroom. Students have created videos demonstrating safe behaviours and these have been viewed across the school to lead conversations about the expected behaviour.



Next fortnight we will be focussing on the Be Responsible expectation especially when using devices. Students and teachers will be exploring concepts to reinforce the safe use of devices and responsible online activity.



The Kids Helpline is Australia's only free, private, and confidential 24/7 phone and online counselling service for young people aged 5 to 25. Counselling is currently offered by phone 1800 55 1800, Webchat, and email. The helpline website has some great resources that may support your conversations at home. If you or your child would like to access any of the Kids Helpline resources please click the following link: https://kidshelpline.com.au

As always please reach out if you or your child is requiring any extra support at school.

Michelle Williams Assistant Principal Student Wellbeing

School Visitor Check-In

A single School Visitor Check-in system for every school across the state is coming form 18 October 2021.

The Department of Education has partnered with Service NSW to provide a streamlined, digital school signin system for visitors and contractors at every NSW government school.

- Accelerating your check-ins to as fast as 20 seconds!
- Linked to NSW Health's VOVID-19 contact tracing ensuring every school is compliant with the NSW COVID-19 mandate. (<u>https://www.nsw.gov.au/media-releases/covid-check-mandate-expanded</u>)
- Giving every school greater access to streamlined NSW Government services.

Watch our short parent video (https://youtu.be/g2LKZxKpxBo to see how it works.

Who can use School Visitor Check-in?

• Visitors such as parents and carers, contractors, service providers and volunteers.

Students or visitors under the age of 18 are not required to use School Visitor Check-in.

School visitor Check-in will be ready from 18 October at all NSW Government schools.

For more information visit School Visitor Check-in on the Department website.





Attendance Health Reminder

In accordance with <u>advice from NSW HealthExternal link</u>, parents and carers are reminded **NOT** to send children to school if they are unwell, even if they have the mildest flu-like symptoms.

NSW Health has requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the <u>COVID-19</u> <u>clinicsExternal link</u>.

Students and staff with flu-like symptoms need to be tested and provide a copy of a negative COVID-19 test result and be symptom-free before being permitted to return to school.

Students who do not undertake a COVID-19 test will not be permitted to return to school for a 10-day period. Additionally, they must be symptom-free for at least 3 days prior to returning to school.

Directly from: https://education.nsw.gov.au/covid-19/advice-for-families#:~:text=School%20attendance,-Students%20should%20be&text=NSW%20Health%20has%20requested%20that,of%20the%20COVID%2D19%20clinics%20.&text=Additionally%2C%20they%20must%20be%20symptom,prior%20to%20returning%20to%20school.

Opportunity Class Placement Test

The Opportunity Class Placement Test will be held at our school on the morning of Wednesday 17 November 2021. Parents should have received a 'Test authority' letter by email which students are required to bring as a printed copy on the day of the test. Go to

<u>https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5</u> to find the 'Test information for parents and students' bulletin which contains very important information about the test, including how to access the familiarisation test. This bulletin should be read carefully.

Guliyali Preschool News



Last week our preschoolers engaged in a variety of learning experiences to celebrate Diwali – the festival of light that is celebrated by two of our preschool families. The children made traditional rengoli decorations using fine coloured powder, fireworks replicas using small loose parts, tried an Indian dessert called Jalebi and danced to some traditional music.

"When early childhood educators respect the diversity of families and communities, and the aspirations they hold for children, they are able to foster children's motivation to learn and reinforce their sense of themselves as competent learners. They make curriculum decisions that uphold all children's rights to have their cultures,



identities, abilities and strengths acknowledged and valued, and respond to the complexity of children's and families' lives" (EYLF, 2009, p13).















Whitney Williams Preschool Teacher

School Garden

After 17 weeks not in the garden we were all excited to get our hands dirty. Our first mission was harvesting our sweet potatoes. This variety of sweet potato comes out purple but is white inside. We all had so much fun seeing how many we could find. We harvested a total of 21 kgs with the biggest monster being 3 kgs!











As a result of our 21 kg harvest of sweet potatoes we decided to make fries. What works well with fries? Burgers! Stage 2 and 3 created delicious veggie patties using lentils and carrots. Some students were shocked that they enjoyed them even though they didn't contain meat. The beetroot brownies are a recipe that we have been making for many years in the kitchen and is always a favourite.



Lina Williamson & Emily Bartlett Classtoom Teachers

Back in the Kitchen

In our first week back in the kitchen we conducted a science experiment in which we made honeycomb. We discussed cracking points of sugar, chemical reactions, and heat conductivity of metal vs wood. All children enjoyed the sweet reaction that was caused by the baking soda! Everyone had a cracking good time.









The Science of Bubbles

Bubbles have been everywhere at Woy Woy Public School these last couple of weeks. After Mr Owens lost his video of bubble making during lockdown, he's been keen to spread bubbles around the school.

Students in Kindergarten, Year 2 and in Mr Owens' class have all been looking at and talking about the science of bubbles. This has included why bubbles burst, why they mostly come out of the bubble wands in the shape of a sphere, and what makes bubbles last long enough to make giant bubbles.

This has included talking about water tension, polymers and the special properties of soap. Not to mention all the ingredients that help to stop the bubbles bursting.

You can make bubbles using dishwashing liquid and water. But if you want to make giant bubbles, here's the best recipe I've used so far. Maybe you can experiment and come up with a better recipe.



Best Giant Bubble Recipe

(Modified "Keith Johnson Recipe" from <u>Soap Bubble Wiki</u>) This is the best giant bubble recipe I have used and produces the biggest bubbles I have ever made!

Ingredients

- 4 litres distilled water (Bunnings)
- ¹/₂ tspn <u>J-lube</u> (or ¹/₄ cup Guar Gum from health food shops)
- 125 ml Surgilube (or a tube of water-based lubricant from the chemist)
- ¼ cup <u>glycerine</u> (also known as glycerol chemist)
- 500ml Fairy Concentrate Dishwashing liquid (Woolies/Coles etc)

Directions

- 1. Add 3.5 litres distilled water to a bucket.
- 2. Add ½ teaspoon J-lube to 1 cup water (or Guar Gum to 2 cups warm water mix thoroughly using a stick blender). Add to bucket and gently mix.
- 3. Add 125 ml Surgilube (or lubricant from the chemist) to 1 cup water. Add to bucket and mix.
- 4. Add ¼ cup glycerine to bucket. Mix.
- 5. Add 500ml Fairy Concentrate Dishwashing liquid to bucket. Mix.
- 6. Let the bubble solution sit for at least 24 hours. The solution improves with time because all the ingredients can completely dissolve into each other and into the soap and water solution.

2022 Kindergarten Transition



Zones of Regulation

LESSON 5 & 6: Term 4 Weeks 7 and 8

Lesson 5 and 6:

In lesson 5, students learn to use strategies that calm the body and mind. These techniques can help them to regulate their emotions out of the 'fight, flight or freeze' state that the body goes into when reacting to intense situations.

In Lesson 6, students develop an understanding that while a particular strategy might be useful and calming for them, it may have a different effect on another person. They develop skills to reflect on diversity and acceptance of individual needs and differences.

HOW CAN YOU HELP?

- Ask your child to teach your family some different calming strategies and explain which ones they liked the most.
- ✓ Positively reinforce your child when they attempt to use a calming strategy.
- ✓ Try to encourage your child that if a strategy doesn't work the first time, or in certain situations, not to discard it. They simply try it again another time or in a different situation.
- ✓ Remind your child to try 'belly breathing' as a way of relaxing before bed.
- ✓ Continue Zones check-ins before, after school and at other times of the week.

Leanne Wiliame Assistant Principal Support Classes Montana Wood School Counsellor

Aspire Home Reading

Congratulations to the following students who have reached their 50, 100, 225 & 250 nights of home reading!

50 Nights Jack Cross K-6W 100 Nights Chace Browne K-6W 225 Nights Lucas DeMartin 2MB 250 Nights Lucas DeMartin 2MB



Library News





We are celebrating Book Week 2021 during week 8 of Term 4

Book Fair in the library: 22nd November – 26th November

Unfortunately, we are unable to accept cash payments. Purchases can be made online or with EFTPOS at the front office.

Book Fair Parade: Thursday 25th November: 9:15am

Due to the current circumstances, parents will not be able to attend the parade at this stage.





Cathy Walker Teacher Librarian

Upcoming Events





Snack Shack News

Online ordering is available <u>www.flexischools.com.au</u> APP: Flexischools

Just a friendly reminder that we are currently taking online orders only until further notice due to our COVID restrictions. Thank you for your understanding in this matter.

Anne Canteen Supervisor

P&C News





Hello to all the families at WWPS.

A few general updates from the P&C:

- **HELP NEEDED** We are looking to run one more fundraiser for the year involving sweet treats and delicious fruit baskets before the end of the year. To do this we need someone to be our "boots on the ground" to coordinate with the school. If you have some time and can help out, please email the P&C with your interest.
- P&C general meetings are still being held on the second Wednesday night of each month by Zoom link. All are welcome. The link will be advertised the week of the meeting on school digital platforms. You can also email our Secretary, Gillian, and she can email you the link.
- <u>We are still seeking a Uniform Shop Co Ordinator</u>. This is a very important job in our P&C and our coordinators are supported by a strong team and clear processes. If you would like more information about this position, please send your email details and one of the Executive members will contact you.
- The P&C can be contacted with any questions, comments, or ideas by email at woywoypublicschool@pandcaffiliate.org.au
 Please remember that we are all volunteers, and are juggling family, work, and P&C commitments. We may not be able to respond to emails everyday, but we do check all correspondence regularly and will be in touch.

Uniform Update:

Due to current Covid restrictions the Uniform Shop is operating by order only. Orders that are received and paid by Tuesday of each week are available on the Thursday for collection from the Front Office. Deliveries are not allowed to classrooms and all orders must be collected. Please be patient with our volunteers in response times for invoices. We do not have a uniform coordinator and the Exec team are balancing the requirements with other positions.

Orders can be sent <u>woywoypublicschool-uniform@pandcaffiliate.org.au</u> and order forms can be found on the school website.

School Banking Update:

Though the program continues to have strong support from schools, parents and teachers, recent decisions by some state and territory governments because of a review by the corporate regulator mean we are unable to continue providing programs in schools, and we have had to make a difficult decision to close our School Banking program for all government and non-government schools across the country.



Even though the CommBank School Banking program **will not be returning** to our school after this year, you can continue to make deposits into your child's Youth Saver Online Account through online transfers or at any CommBank branch. If you need further information, please phone 132 221 or visit your local CommBank branch.

Rewards:

Please email wwpspandc@live.com.au your child's name and banking student ID number (not account number) no later than 6pm Thursday 18th November with your choice of reward and we will do our best to order the item. If they would like to donate the tomato plant back to the school that would be most welcomed.

As a gesture of goodwill, every active banker will be eligible for a final reward regardless of the number of tokens collected. Thank you to all the volunteers and students who participated over the years.

Laura Morrison School Banking Co-Ordinator

Next Meeting:

The next general Meeting will be held at 7pm on Wednesday 8th December via Zoom link.

Link will be provided on digital platforms, or you can email for a copy of the link and agenda.

If you have any questions or suggestions, please feel free to reach out via email or come along to the next meeting. We are always happy to hear from the school community.

Thank you

Billie-Jean WWPS P&C President.

IMPORTANT INFORMATION

**** Unless your enquiry is a matter of urgency, please restrict entry into our office area ****

Office Hours

School phones are manned from 8:30am until 3:15pm. The office window is opened at 8:30am and closed at 3:00pm however office staff are available until 3:15pm. There is a teacher on duty at the bus lines until 3:20pm.

Changes to Going Home Arrangements

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day it would be appreciated if you could contact the office prior to 2:00pm to ensure that the message is passed on to your child.

Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP, and you can record your child's absence from school here as well. You will also find our School website at http://www.woywoy-p.schools.nsw.edu.au/ which is regularly updated with events happening in our school. The School email address for correspondence is woywoy-p.school@det.nsw.edu.au.

Student Mobile Phones

Students who bring their mobile phone to school are asked to leave them at the office on their arrival and collect it at the end of the school day. Students are not permitted to have their phone with them during the day. It is also helpful if their name is on their phone.

Late Arrival / Early Departure

If your child is late arriving to school or needs to leave early for an appointment, a partial absence slip is to be printed at the school office and given to the classroom teacher.

Payment of Money to the School

****** EFTPOS IS AVAILABLE IN OUR OFFICE ******

Understandably, our preferred method of payment for any school costs is contactless.

Payments for any school fees or activities can be made either by credit card via the Woy Woy Public School Website (<u>http://www.woy-</u>.<u>schools.nsw.edu.au</u>) using the 'Make a Payment' tab or for your convenience we have also installed an EFTPOS facility at the front office.



Should it be necessary for payment to be made using cash, monies should be placed in an envelope with your child's name, class and reason clearly noted. If payment is for multiple children, each must have their own envelope.

Thank you for your support in this matter.

Linda Goldsmith – School Administrative Manager

Please support our sponsors:

12/1ST YEARS





We're for real. Woy Woy

Shop 30 Railway Street Woy Woy NSW 2256 Ph: 4339 4941



IOIN US TODAY

We are seeking P/Time workers to assist our clients with cleaning and accessing the community within school hrs. Apply online through the Clean N Care website www.cleannncare.com.au or call us on 43681700!













Woy Woy Public School Parents and Citizens Association Inc. ABN & ACNC: 15 364 243 614

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Woy Woy Public School Parents and Citizens Association Inc. ABN & ACNC: 15 364 243 614

WOY WOY PUBLIC SCHOOL P&C UNIFORM ORDER FORM

LEASE DO NOT PAY VIA THE ONLINE SCHOOL PAYMENT SYSTEM woywoypublicschool-uniform@pandcaffiliate.org.au

Purchasing from the Woy Woy Public School Uniform Shop

Email the order direct (preferred method for faster delivery) Option 1

- Email woywoypublicschool-uniforms@pandcaffiliate.org.au Request item, size and quantity plus child's name and class Invoice is emailed to you with payment options of Credit Card or Direct Deposit
 - Once money cleared delivery of stock to the classroom weekly

Fill in an order form and leave at the office Option 2

- Invoice is emailed to you with payment options of Credit card or Direct Deposit -
 - If paying cash, it must be CORRECT cash (this method may take an extra week) Once money cleared delivery of stock to the classroom weekly N

- Uniform Shop opening times advertised in the newsletter and digital platforms (during school term) Buy direct from the shop (when available) Option 3 H
- *Uniform shop opening times are dependent on available volunteers. If you are able to volunteer, please contact the P&C exec team at woywoypublicschool@pandcaffiliate.org.au EFTPOS and correct cash accepted 2

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What if I order the wrong size?

orm@pandcaffiliate.org.au within 14 days for the uniform shop coordinator to advise the appropriate steps. Return items must be WITH TAGS ON and NOT WORN. Email wo

only have cash how can I order?

Please note this process may take an extra week to process. Correct money with the order in a sealed envelope can be left at the office.

Will I be reminded about the shop opening times?

Yes, there will be reminders in the newsletter, on the SkoolBag App, School Official FB page and" Parents of Woy Woy Yool" Facebook page.

Why can't I order via a website?

Uniform online ordering via Flexischools will be available Term 1 2022

Refund, Exchange & Returns Policy

The Uniform Shop will accept returns and provide customers with an exchange, refund or repair where the customer can provide adequate proof of purchase by way of receipt and the following terms and conditions are followed:

- Exchanges can only be made within 14 days of purchase.
- No refund will be given for an incorrect size choice only an exchange and the item must have original tag and have not been washed and is in an "as new" condition.
- All faulty items need to be reviewed by the manufacturer before a decision is made regarding refund, repair or exchange.
 - Any item to be reviewed by the manufacturer needs to be returned in a clean and freshly laundered condition.
- The Uniform Shop will not hand out replacement items until the manufacturer has decided on repair, refund or exchange. This process may take several weeks.
 - All decisions will be notified to the customer.
- The Uniform Shop reserves the right not to offer an exchange, refund or repair on items where the item fault is the result of misuse, neglect or incorrect washing instructions of the item.
- The Uniform Shop reserves the right to assess the condition and age of returned goods prior to providing a repair, refund or exchange. This may result in repair, refund or exchange being refused.
 - If a refund is granted, the refund will be issued to a nominated bank account.

Second Hand Items

There will be NO exchanges or refunds on any items purchased second hand at the Woy Woy Public School P&C Uniform Shop.

DIRECT D

Please refer to the back of this form for ordering and payment options

EFTPOS or cash option available in uniform shop.

PAYMENT OPTIONS

Invoice will be issued when ordered is confirmed. Payment is accepted via online payment or direct deposit

PLEASE DO NOT PAY VIA THE SCHOOL ONLINE PAYMENT SYSTEM

ising the following banking details:	WWPS P&C Uniform Shop	032-527	198689	Invoice Number
IRECT DEPOSIT Direct Deposit payments can be made using the following banking details:	Account Name:	BSB:	Account Number:	Reference:
IRECT DEPOSIT				

Version: November 2021

Community News

TOTAL

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Size

PRICE

\$ 28.00 \$ 29.00 \$ 21.00 \$ 27.00 \$ 25.00

4/6/8/10/12/14/16

WWPS Short Sleeve Polo - Sky Blue

TEM

Special Order (Adult sizing)

Skorts

Cargo Shorts

AVAILABLE SIZES

\$ 24.00

\$ 28.00 \$ 29.00 \$ 28.00

4/6/8/10/12/14/16

YELLOW "DAVIS" (A-F) - WWPS Sports

WWPS Fleecy Jumper WWPS Fleecy Jacket

Cargo Pants

Short Sleeve Polo Shirt

Special Order (Adult sizing)

SPORTS UNIFORM

S / M / L (Adult sizing)

4/6/8/10/12/14/16

\$ 29.00 \$ 28.00 \$ 29.00 \$ 19.00 \$ 21.00 \$ 42.00

\$ 21.00

4/6/8/10/12/14/16 4/6/8/10/12/14/16 4/6/8/10/12/14/16

4/6/8/10/12/14/16 4/6/8/10/12/14/16

S / M / L (Adult sizing)





Class:

Phone:

TOTAL

\$ 13.00

XS/S/M/L

tinued Stock Clearance

Summer Tunic

Winter Tunic

WWPS Bucket Hats Sport Track Pants

ACCESSORIES

\$ 26.00

4/8/10/12/14/16

One Size

Swim/Sports Eco Bag

Prices are subject to change without notice

Child's Name:

Parent/Guardian Name: Email Address for Invoice

4/8/10/12/14 UMITED AVAILABILIT

\$ 13.00

\$ 26.00

\$ 45.00

4/6/8/10/12/14/16

S / M / L (Adult sizing)

S / M / L (Adult sizing) 6/8/10/12/14/16

Special Order (Adult sizing)

WWPS Sports Jacket

4/6/8/10/12/14/16

S / M / L (Adult sizing)

Special Order (Adult sizing) WWPS Unisex Sports Shorts Special Order (Adult sizing)

4/6/8/10/12/14/16

S / M / L (Adult sizing)

Special Order (Adult sizing)

\$ 29.00

Other times when you must not stop

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

- Double parked (that is in the road alongside a car that is parked)
 - Across a driveway or footpath
- On a median strip or traffic island
- On footpaths and nature strips On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- Within an intersection
- Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise **X** X



- In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas XX
- At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- Within three metres of any double centre lines XX
- Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules environment for the school community and residents. around your school will assist in providing a safe



Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

The school zone speed limit only applies on gazetted school days and during the times A School Zone is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. shown on the sign. Σ



wigwag' lights are flashing as there may be children crossing or about to cross the road. motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing You must not drive past the bus in the same direction at more than 40 km/h while the for about 30 seconds after the doors close and continue even after the bus moves off. School Bus lights – buses use signs and orange flashing 'wigwag' lights to wam 2



A No Parking Zone means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up. Σ



- tids look to you to keep them safe please park legally in school zones HEAVY FINES and DEMERIT POINTS APPLY
- A Bus Zone means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times. Σ



A No Stopping Zone means no stopping at any time.

Σ



Healthy Lunch Box recipe

<u>Vegetable gratin</u>



Ingredients

Method

Preheat oven to 190°C. Spray an 18 x 28 cm shallow baking

dish with oil. Drain thawed vegetables well and set aside.

Olive oil spray 1kg frozen chunky mixed vegetables. thawed 1 tbsp margarine 2 garlic cloves, crushed 14 tsp dried thyme 34 cup plain flour 1 tsp Dijon mustard 2 cups reduced-fat milk

saucepan. Cook, whisking constantly, for 5 to 10 mins or until

thickened. Remove from the heat and stir in ¾ cup of the

flour and mustard into the milk and gradually whisk into the

Melt the margarine in a saucepan over medium heat. Add the garlic and thyme and cook for 30 seconds. Whisk the cheese until melted. Fold in the vegetables and pour into the

baking dish.

1 cup reduced-fat cheddar cheese.

grated Salt and pepper, to taste 1 cup fresh wholemeal bread crumbs 2 tbsp fresh parsley, chopped

crumbs and parsley. Sprinkle over the vegetables and bake

for 20 min or until golden brown.

In a bowl, combine the remaining cheese with the bread

- Serves 6

For more recipes visit: healthylunchbox.com.au

Cancer Council Healthy Lunch Box

Nutrition Snippet

FRIDAY NIGHT FAKEAWAYS.





Our 'fakeaways' are good for health and for the

wallet!

- Easy pizza you have to try this recipe to believe how easy it icl
- <u>Mixed salad</u> make the meal complete with this simple salad

3.5 of your 5 veg serves!

For these recipes and more visit:

healthylunchbox.com.au



Tennis Lessons

- Learn to play tennis!
- Saturday 9 -10 am.
- Monday 4.30 5.30 pm.
- \$15 per class. Active Kids \$100 Vouchers.

Empire Bay Tennis Club, Shelley Bch Rd. Ph: Mark Rawlingson 0412 834 336

