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Edition 105:23 September 2022

### From the Principal

### Term 3 Week 10

We've made it to the end of another action-packed term and now there's just one term left in the year. It certainly has flown by. There's some very tired looking teachers and students getting around the place at the moment. They certainly deserve a well-earned rest after all of their hard work this term. We hope everyone has a happy and safe holiday break, and returns in a couple of weeks' time, refreshed and rejuvenated, and ready take on all of the challenges the new term will bring.

### Music Education at Woy Woy PS

We trust by now you will already have heard about the music program we will be offering from the beginning of next term. The Australian Children's Music Foundation has provided funding for the engagement of a music teacher for two days a week (Monday and Tuesday) for the next two years. We are extremely fortunate to have been selected to be the beneficiaries of the AMCF's largesse and are very grateful to the AMCF and their donor. We have also been very fortunate to secure the services of Ms Emma Jones, an experienced music teacher, who is accredited with the NSW Department of Education.

All students in the school will have the opportunity to participate in a music lesson once a fortnight, with Ms Jones spending 45 minutes to an hour with all classes from Kindergarten through to Year 6 on Mondays and Tuesdays, starting Day 1 Week 1. We anticipate that the program will have a number of benefits for our students, including positive outcomes for behaviour, learning and mental health.

We have also been approached by a documentary filmmaker, Ms Kaye Harrison, whose own children attended the school in the not-too-distant past. Ms Harrison has been given permission by the NSW Department of Education and the AMCF to film music education classes next term. Her documentary will focus on the power of music to build community and to benefit the wellbeing of young people on the Central Coast. Yesterday a 'Non-consent form' went home. You only need to return the form if you do not wish your child to appear in the finished cut of Ms Harrison's documentary. Please return the form as soon as possible at the start of Term 4.

### Other Staff Appointments

As mentioned above, Ms Jones, our new music teacher will start at the beginning of next term. We do also have two new teachers starting at the beginning of next year. Mrs Natascha Lenz has been appointed as a permanent teacher at our school, and Mrs Amy Ford was successful in her application to become the school's new Assistant Principal – Curriculum and Instruction (AP C & I). Amy is currently a Relieving Assistant Principal at Pennant Hills Public School and has also participated in the Primary Maths Specialist Teacher Initiative. Natascha and Amy will both start here at the school at the beginning of the 2023 school year. We're sure you'll join us in welcoming them to our school when the time comes.

### Central Coast Dance Festival

Last week our Stage 3, Stage 2 and Cultural dance groups performed at the Central Coast Dance Festival at Laycock Street Theatre. We were in attendance for the Stage 3 Driver's Licence dance group routine on the Tuesday night and were blown away by the performance of our girls! We may well be just a little bit biased, but we felt that our item was one of the best of the evening. We were very, very proud of the girls, as were Mrs Hauraki and Mrs Barrett, who did a great job in preparing the girls for their moment in the spotlight. The following night the Stage 2 Good Vibes group took to the stage and by all accounts were every bit as good as their Stage 3 counterparts. Mrs Mallarky and Mrs Leo were delighted with the girls' performance, having worked so hard to prepare them. Finally, it was the Dancing Willows cultural dance group's turn to impress on the Thursday night. They too turned in a stellar performance, and it was Mrs Williams and Mrs Mills' turn to feel pride at the achievements of their dancers. Well done to everybody who took part and thank you to all of the teachers who supervised dance groups this year.

### Planned Maintenance

We met recently with an Asset Management Officer from the NSW Department of Education to negotiate the next round of planned maintenance for our school. We can confirm that works will encompass all internal painting of the Year 2 MDR classrooms block and replacement of all carpeting in classrooms, and vinyl flooring in storerooms. The Preschool 'Locker Room' had the floor levelled and new vinyl flooring installed. The toilets in the Administration Block will be painted to match the paint scheme in evidence in the rest of the building.

### Tell Them From Me Surveys

The Tell Them From Me Parent survey was launched in the last edition of the Namalata. In case you missed it, we explained that data collected from the survey responses is compiled into reports that provide information that is vital for evaluating the effectiveness of the initiatives that make up our current 2021 – 2024 Strategic Improvement Plan. The data is used to help to identify emerging issues for the school, from the perspective of parents, and to plan for improvement.

If you haven't already done so, we'd really appreciate it if you could find time to complete the survey. The survey typically takes 15 minutes and can be completed on desktop computers, laptops, iPads, tablets and smartphones. Survey responses are anonymous so staff in schools will not be able to identify individual parents or students from parent responses. Our survey can be accessed at - <a href="http://nsw.tellthemfromme.com/yali">http://nsw.tellthemfromme.com/yali</a>

Student surveys are also open, and some classes have already completed the survey. Those who have not will do so early next term.

### Teacher Professional Learning

This term staff have participated in professional learning on Aboriginal Histories and Culture, the analysis of formative assessment data from students' writing work samples, STEM resources and pedagogies, and explicit teaching strategies (Learning Intentions and Success Criteria) in Mathematics. The focus for the past few weeks has been on preparing staff for the mandatory implementation of the new K – 2 English and Mathematics syllabus documents in 2023. This focus will continue for the rest of the 2022 school year. Next term teachers will engage with professional learning on the DoE's new Inclusive, Engaging and Respectful policy documents, the High Potential Gifted Education Policy. They will participate in AVID training and will partake in STEM collaboration meetings.

### Term 4s Walk-a-thon

We're excited to announce that next term we will offer all students the opportunity to raise funds for a good cause. Woy Woy Public School, in conjunction with Woy Woy Public School P & C and the school's Student representative Council, will be hosting a Walk-a-thon to raise funds for the establishment of a new outdoor learning area for students in support unit and mainstream classes.

The walk-a-thon will see students walking down to the waterfront and back to the school, where they'll be met with an obstacle course on the school oval before finishing on the basketball courts where they will receive an ice block.

The event promises to be an enjoyable occasion for all concerned. Your support of the event will be greatly appreciated.

And that's a wrap for Term 4 2022!

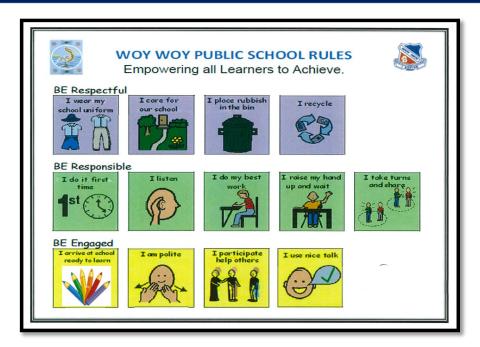
All the best for the school holiday period. See you all next term!

Regards,

Ms Buckley and Mr Betts Principals



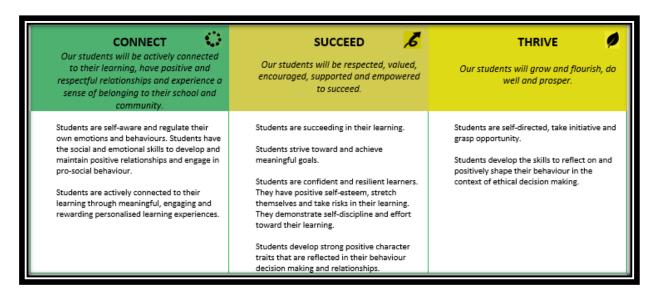
### Positive Behaviour for Learning (PBL) Weeks 9 & 10



This fortnight our Positive Behaviour for Learning expectation has been 'Be Responsible' especially when on the playground. Students have been practising responsible behaviours whilst on the playground including waiting for their turn when using equipment and following the rules of games being played. Students who demonstrate our 3 school expectations will be rewarded with Win Bin tickets for their efforts and stars on their Star Charts.

This term 97% of our students Kindergarten to Year 6 have successfully obtained their Silver Awards and celebrated the achievement with a PBL Rewards Days. Students were rewarded with a popcorn and movie afternoon that linked nicely with our Zones of Regulation knowledge. Disney Pixar's 'Inside out' explores how basic emotions control our actions and watching the movie was a wonderful way to spark discussions with children about social and emotional learning.

### Zones of Regulation



This week in SEL lessons, we will explore what we can do in the Yellow or Red Zones when we cannot adopt our thinking strategies because of our heightened emotions. We learn about calming strategies and sequences plus several different breathing techniques that are useful 'on the spot' tools we can use at home, in the classroom or in the playground.

### **LESSON 5:**

### **Exploring Calming Strategies**

Students use strategies that incorporate physiology components to help calm the sensory and nervous system as well as cognitive components to calm the mind. These techniques can help them to regulate their emotions out of the autonomic 'fight, flight or freeze' state that the body goes into when reacting to intense situations.

### **HOW CAN YOU HELP?**

- ✓ Ask your child to teach your family some different calming strategies (we learned four) and explain which ones they liked the most.
- ✓ Positively reinforce your child when they attempt to use a calming strategy.
- ✓ Have you ever had a time when you tried breathing and it did not work? Have you had a different outcome on a different day? Around the dinner table, encourage story telling of these times and your child's experiences with calming breathing strategies. Try to encourage your child that if a strategy does not work the first time, or in certain situations, not to discard it. They simply try it again another time or in a different situation.
- ✓ Remind your child to try 'belly breathing' as a way of relaxing before bed.
- ✓ Continue Zones check-ins before, after school and at other times of the week.

### Calming Strategies you can try at home





### Family Resources



Want to talk to people ∯just like you∯?

Kids helpline provides - My Circle- a free, private, safe and confidential social platform.

My Circle lets you talk to others going through challenges too. You can share your thoughts, get helpful info, and lots more.

If you need some help or support or just want to talk through a parenting issue, counsellors are available for you. Parent Line counsellors provide confidential and non-judgemental advice and support for parents, carers or professionals living in NSW, seven days a week.

### Phone 1300 1300 52

If you have any questions about Student Wellbeing please reach out to Mrs Williams in the front office.

Have a great and safe break.

Michelle Williams Assistant Principal Student Wellbeing



### October is Mental Health Month



### Guliyali Preschool News



Our Guliyali preschoolers have been busy in and out of the preschool this past fortnight. Continuing on with the children's interest in robotics, we welcomed some Stage 3 students into the preschool to share their knowledge of spheros. The children were able to use the iPad to drive the spheros, change their colours, move in different directions, and go fast or slow. We look forward to incorporating more STEM experiences into the program with our older peer's next term.

The children have also been building their resilience and problem-solving skills using a strategy outlined in the Zones of Regulation program. The children use a visual tool to help them measure the size of a problem and support them in deciding if the problem can be solved by themselves, with the help of a peer or an adult. It also supports the children in recognising appropriate reactions to various problems they may face throughout the day.

You may notice the children's smiles are sparkly. After a visit from the dental van, the children have become more aware of the importance of making healthy food choices as well as their personal hygiene. Always an important message, particularly as the tooth fairy starts to become busier for children at this age.

We have welcomed the gorgeous warm spring sun and have taken this as an opportunity to get out into the garden, topping up soil in our garden beds, pulling weeds, planting seedlings and finding beautiful earth worms. We can wait to watch our garden grow.

Finally, we enjoyed at picnic lunch and dance party down by the waterfront, celebrating a wonderful Term 3. We can't believe how fast the year is going – time fly's when you're having fun. Happy holidays!























Whitney Williams and Mrs Arnot

### **Dance Groups**

Last week our Stage 2, Stage 3 and Cultural Dance groups did a wonderful job performing at the Central Coast Dance Festival. We are so proud of the commitment and enthusiasm our performers showed.

A special thank you to Mrs Williams, Mrs Hauraki and Mrs Leo for their hard work they have put into coordiating our dance groups. Thank you Mrs Mills and Mrs Barrett for assisting on the performance nights.















### **Public Speaking**

The following students were successful at the school's public speaking finals, and went through to the Central Coast Public Speaking Finals, where they participated against students from other schools.

Early Stage 1 Sadie Egan Archer

Stage 1 Ryan Sheppard Luka Omura Vana

Stage 2 Amy Magnus Mykas

Stage 3 William Burton Delisha Pandya

We're pleased to announce that Sadie was again successful in the Early Stage 1 division of the competition, and will now progress to the regional public speaking finals at Somersby Public School on Tuesday 11 October. Go Sadie!

Thank you to Aunty Robyn, Mrs Lina Williamson, Mr Betts and Mr Price for adjudicating on the day.

Kate Lord





### **Kindergarten Transition for 2023**

Woy Woy Public School is now taking enrolments for kindergarten 2023. If you have a child who is starting Kindergarten with us next year, please complete the online enrolment form and see the information below regarding some important diary dates. Our new online enrolment process makes it easier and faster to enrol

your child at our school.

To apply online, you must:

be an Australian or New Zealand citizen or permanent resident

live in the local enrolment area of this school.

**School Online Enrolment Application** 





### **Aspire Home Reading**

Congratulations to the following students who have reached their 100, 125 & 175 nights of home reading!

100 Nights William Lucic 1E, Kaide Hayter K-6PG

125 Nights Aidan Betts K-6PG

175 Nights Max Sutton 1E

### **Upcoming Events**



### Snack Shack News

Online ordering is available <u>www.flexischools.com.au</u>

APP: Flexischools

A big thank you to all our volunteers for all your help this Term. We look forward to seeing you all again in Term 4.

Happy holidays everyone!

**Anne Wilson**Canteen Supervisor



### Parents and Community (P & C)



### **UNIFORMS UPDATE**

### **FLEXISCHOOLS**

The order cut off is 5:00pm Wednesday for a Thursday delivery.

For Term 4, Flexischools will be the only option for uniform purchases except for some limited circumstances where order forms can be sent to woywoypublicschool-uniform@pandcaffiliate.org.au and we will send you an invoice that you can pay online. Please feel free to contact us if you have any questions.

### 2022/2023 MEMBERSHIP

Membership for the next year is now open. Membership runs from the first meeting after the AGM to the close of the Following AGM.

You can join the P&C at any time by filling out a membership form and paying the \$2 membership fee. Forms available on school website or by request from woywoypublicschool@pandcaffiliate.org.au

### **NEXT MEETING**

Our next meeting will be held Wednesday 12th October at 7:00pm. This meeting will be remote access via Zoom. A hybrid format may be offered with in-person attendance in the Staff room of WWPS. This will be confirmed on notice of meeting.

### WHAT IS COMING UP?

◆ Halloween Disco will be Wednesday 26th October, look out for a flyer in your child's bag. We will be looking for volunteers to assist with this event. If you can spare some time on the night, please feel free to contact us.

The P&C can be contacted by email at woywoypublicschool@pandcaffiliate.org.au

If you have any questions or suggestions, please feel free to reach out via email or come along to the next meeting. We are always happy to hear from the school community.

Thank you and on behalf of the entire P&C we hope you have a wonderful school holiday break.

Cassandra Bernie WWPS P&C Secretary.

### Message from the Office



### IMPORTANT INFORMATION

\*\*\*\* Unless your enquiry is a matter of urgency, please restrict entry into our office area \*\*\*\*

### Office Hours

School phones are manned from 8:30am until 3:15pm. The office window is opened at 8:30am and closed at 3:00pm however office staff are available until 3:15pm. There is a teacher on duty at the bus lines until 3:20pm.

### **Changes to Going Home Arrangements**

Could you please ensure that your child is aware of how they will be going home in the afternoon. If these arrangements change during the day, it would be appreciated if you could contact the office prior to 2:00pm to ensure that the message is passed on to your child.

### Skoolbag APP and Website

You can download the WWPS Skoolbag APP to both iPhone and Android devices. Event updates and important information will be sent out via our Skoolbag APP, and you can record your child's absence from school here as well. You will also find our School website at http://www.woywoy-p.schools.nsw.edu.au/ which is regularly updated with events happening in our school. The School email address for correspondence is woywoy-p.school@det.nsw.edu.au.

### **Student Mobile Phones**

Students who bring their mobile phone to school are asked to leave them at the office on their arrival and collect it at the end of the school day. Students are not permitted to have their phone with them during the day. It is also helpful if their name is on their phone.

### **Late Arrival / Early Departure**

If your child is late arriving to school or needs to leave early for an appointment, a partial absence slip is to be printed at the school office and given to the classroom teacher.

Payment of Money to the School

### \*\*\*\*\* EFTPOS IS AVAILABLE IN OUR OFFICE \*\*\*\*\*\*

Understandably, our preferred method of payment for any school costs is contactless.

Payments for any school fees or activities can be made either by credit card via the Woy Woy Public School Website (<a href="http://www.woy-schools.nsw.edu.au">http://www.woy-schools.nsw.edu.au</a>) using the 'Make a Payment' tab or for your convenience we have also installed an EFTPOS facility at the front office.



Should it be necessary for payment to be made using cash, monies should be placed in an envelope with your child's name, class and reason clearly noted. If payment is for multiple children, each must have their own envelope.

Thank you for your support in this matter.

Linda Goldsmith – School Administrative Manager

### Please support our sponsors:





Shop 30 Railway Street Woy Woy NSW 2256 Ph: 4339 4941



### YOGA CLASS 9:30am - 10:30am ON MONDAY MORNINGS

Anglican Church Hall 147-149 Blackwall Rd WOY WOY. Air-conditioning available and off-street parking. IYTA registered yoga instructor with teaching experience (Wendy Baylis)

To book SMS: 0423 433 781 or email: <a href="mailto:goodyoga1@westnet.com.au">goodyoga1@westnet.com.au</a> Facebook: GOOD YOGA (Woy Woy) or to contact Wendy for further information. Please bring your own yoga mat.







### **Community News**



Woy Woy Public School Parents and Citizens Association Inc. ABN & ACNC: 15 364 243 614

# Purchasing from the Woy Woy Public School Uniform Shop

# Email the order direct (preferred method for faster delivery)

Option 1

- Email woywoypublicschool-uniform@pandcaffiliate.org.au Request item, size and quantity plus child's name and class
  - Invoice is emailed to you with payment options of Credit Card or Direct Deposit
    - Once money cleared delivery of stock to the classroom weekly

### Fill in an order form and leave at the office

- Invoice is emailed to you with payment options of Credit card or Direct Deposit
  - If paying cash, it must be CORRECT cash (this method may take an extra week)
- 3. Once money cleared delivery of stock to the classroom weekly

## Option 3

EFTPOS and correct cash accepted

- Uniform Shop opening times advertised in the newsletter and digital platforms (during school term)
   EFFPOS and correct cach accorded. Buy direct from the shop (when available)

"Uniform shop opening times are dependent on available volunteers. If you are able to volunteer, please contact the P&C exec team at woywoypublicschool@pandcaffiliate.org.au

### What if I order the wrong size?

<u>Opandcaffiliate.org.au</u> within 14 days for the uniform shop coordinator to advise the appropriate steps. Return items must be WITH TAGS ON and NOT WORN

### I only have cash how can I order?

Please note this process may take an extra week to process. Correct money with the order in a sealed envelope can be left at the

Yes, there will be raminders in the newsletter, on the SkoolBag App, School Official FB page and" Parents of Woy Way School" Will I be reminded about the shop opening times?

### Why can't I order via a website?

Facebook page.

Uniform online ordering via Flexischools will be available Term 1 2022

### Refund, Exchange & Returns Policy

The Uniform Shop will accept returns and provide customers with an exchange, refund or repair where the customer can provide adequate proof of purchase by way of receipt and the following terms and conditions are followed:

- Exchanges can only be made within 14 days of purchase.
- No refund will be given for an incorrect size choice only an exchange and the item must have original tag and have not been washed and is in an "as new" condition.
- All faulty items need to be reviewed by the manufacturer before a decision is made regarding refund, repair or exchange.
- The Uniform Shop will not hand out replacement items until the manufacturer has decided on repair, refund or exchange. Any item to be reviewed by the manufacturer needs to be returned in a clean and freshly laundered condition.
- All decisions will be notified to the customer.
- The Uniform Shop reserves the right not to offer an exchange, refund or repair on items where the item fault is the result of misuse, neglect or incorrect washing instructions of the item.
- The Uniform Shop reserves the right to assess the condition and age of returned goods prior to providing a repair, refund or exchange. This may result in repair, refund or exchange being refused.
  - If a refund is granted, the refund will be issued to a nominated bank account

### Second Hand Items

There will be NO exchanges or refunds on any items purchased second hand at the Woy Woy Public School P&C Uniform Shop.



Woy Woy Public School Parents and Citizens Association Inc. ABN & ACNC: 15 364 243 614

# WOY WOY PUBLIC SCHOOL P&C UNIFORM ORDER FORM

## woywoypublicschool-uniform@bandcaffiliate.org.au PLEASE DO NOT PAY VIA THE ONLINE SCHOOL PAYMENT SYSTEM

WWPS Short Sleeve Polo - Sky Blue Special Order (Adult sizing) Skorts Cargo Shorts 4 WWMPS Fleecy Jacket	4/6/8/10/12/14/16 5/M/L(Adult sizing) 4/6/8/10/12/14/16	¢ 38 00		
	S / M / L (Adult sizing)	20.00		
	1/6/8/10/12/14/16	\$ 29.00		
		\$ 21.00		
	4/6/8/10/12/14/16	\$ 21.00		
	4/6/8/10/12/14/16	\$ 27.00		
WWPS Fleecy Jumper 4	4/6/8/10/12/14/16	\$ 25.00		
Cargo Pants	4/6/8/10/12/14/16	\$ 24.00		
	SPORTS UNIFORM			
YELLOW "DAVIS" (A-F) - WWPS Sports Short Sleeve Polo Shirt	4/6/8/10/12/14/16	\$ 28.00		
Special Order (Adult sizing)	S / M / L (Adult sizing)	\$ 29.00		
RED "SCOTT" (G M) - WWPS Sports Short Sleeve Polo Shirt	4/6/8/10/12/14/16	\$ 28.00		
Special Order (Adult sizing)	S / M / L (Adult sizing)	\$ 29.00		
GREEN "WEBB" (N-Z) - WWPS Sports Short Sleeve Polo Shirt	4/6/8/10/12/14/16	\$ 28.00		
Special Order (Adult sizing)	S / M / L (Adult sizing)	\$ 29.00		
WWPS Unisex Sports Shorts	4/6/8/10/12/14/16	\$ 19.00		
Special Order (Adult sizing)	S / M / L (Adult sizing)	\$ 21.00		
WWPS Sports Jacket	4/6/8/10/12/14/16	\$ 42.00		
Special Order (Adult sizing)	S / M / L (Adult sizing)	\$ 45.00		
Sport Track Pants	6/8/10/12/14/16	\$ 29.00		
	ACCESSORIES 4 CONTRACT NAMES AND ACCESSORIES			
WWPS Bucket Hats	S/M, M/L	\$ 13.00		
Discontinued Stock Clearance	LIMITED AVAILABILITY			
Summer Tunic	4/8/12/14	\$ 26.00		
Winter Tunic	4/8/10/12/14/16	\$ 26.00		
Swim/Sports Eco Bag	One Size	\$ 13.00		

### Email Address for Invoice

Parent/Guardian Name:

Child's Name:

# PLEASE DO NOT PAY VIA THE SCHOOL ONLINE PAYMENT SYSTEM

TOTAL

Prices are subject to change without notice

Phone:

Invoice will be issued when ordered is confirmed. Payment is accepted via online payment or direct deposit

Please refer to the back of this form for ordering and payment options EFTPOS or cash option available in uniform shop.

Direct Deposit payments can be made using the following banking details: WWPS P&C Uniform Shop Š

Version: November 2021

# CENTRAL COAST

# FAMILY SUPPORT SERVICES

### Presenting:



We are running the Fear-Less Positive Parenting Program (Triple P) for Parents with children aged 6-12 years

expecting parents are welcome

Fear-Less Triple P supports parents and carers to learn new cognitive behavioural strategies to help their children manage anxiety, encouraging parents to apply these for all their children.

Where:

In partnership with:

Woy Woy SaCC - Bowden Road Woy Woy (in the grounds of Woy Woy Public School)

Click here to register

Childcare is not available for

this course

28 October to 2 December 2022

(Six Fridays in a row)

10am-12pm (2 hours)

The details:

Central Coast Family Support Services (CCFSS) facilitates a variety of parenting courses and support groups, and offers case management support to families living across the Central Coast.

To register, or for more information, please call CCFSS on 4340 1585, email ccfss@ccfss.com.au, or visit www.ccfss.org.au

### **WOY WOY SACC**

Tuesdays Melody Music 9,30am - Babies

10.15am - 18m to 5 years

Tuesdays Playstrong Playgroup - All Ages

11am-12.30pm

Tuesdays Young Parents Playgroup

1.00-2.30pm Hosted by Uniting Call 0435 591362

Wednesdays

Kids on the Move - Active Outdoors 9.30am-10.15am

Baby & Me Time for Birth to 10 months 11am-12pm

Wednesdays

A movement and sports skills program for 3-5 years Sensory, music, stories and parent chat time

Thursdays Little Learners

9.30-10.30am

A one hour phonics pre literacy program for 4 - 5 years

11am-12pm
Active Crawlers and beginner Walkers.
Sensory, playtime, music and stories

**Baby Playgroup** 

Thursdays

Fridays

FEAR - LESS

A PPP parenting program for those with children with anxiety

28 October to 2 December - 6 x 2 hr sessions 10am - 12pm

Facilitated by Central Coast Family Support - Registrations 4340 1585

Woy Woy Schools as Community Centres
A Department of Education Project
Philippa Skipper, Facilitator
m: 0477 317862 e: philippa.skipper@det.nsw.edu.au



### Aboriginal Go4Fun Expression of Interest

If you are interested in signing your child up for Go4Fun in Term 4 or would like to find out more about the program, complete the form below and return it to Bungree Aboriginal Association. A team member will be in touch to answer any questions.

### Child

First name:

Last name:

Age:

Parent/Guardian

First name:

Last name:

Phone number:

Email:

Comments/questions:

I give permission for Bungree Aboriginal Association to contact me regarding Aboriginal Go4Fun.

Bungree Aboriginal Association Location: 7B Pioneer Avenue Tuggerah NSW 2259 Phone: 02 4350 0100 Email: enquiries@bungree.org.au



### ABORIGINAL GO4TTOT

# FREE. FUN. HEALTHY.

Go4Fun is a free 10-week healthy lifestyle program for Aboriginal children aged 7 – 13 years and their parents or carers. Developed in partnership with communities, Aboriginal Go4Fun includes:

- Aboriginal support staff
- Traditional Indigenous games
- Tailored resources

Join Bungree staff for fun sessions that will build your child's self-esteem while teaching them about eating well, staying active and living a healthy life.



# San Remo Program When: Starts 10 October Mondays 3:30 – 5:30pm Where: San Remo Epicentre

### Peninsula Program

when: Starts 11 October Tuesdays 3:30 – 5:30pm Where: Mingaletta, Umina Beach

# SCHOOL HOLIDAY BASKETBALL CAMP SHOOTING STARS 27-29 SEPTEMBER 2022 4-6 OCTOBER 2022 STOO FOR 3 DAYS STO