

A Message from the School



Counsellor



In these uncertain times we need to look after ours, and our children's, mental health even more. I have put together a simple webpage with some links to wellbeing resources and contact numbers you can use for you or your child to access extra support. You can find it here:

<https://sites.google.com/education.nsw.gov.au/covid19wellbeingresources/home>

I am here to help, if you want more information speak to your child's teacher and they will let me know to get in touch. Take care, Montana Wood.