



Woy Woy Public School

A PRESCHOOL TO YEAR 6 SCHOOL



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"We challenge and support all students to achieve their personal best"

Seasons For Growth

Good Grief www.goodgrief.org.au (Please access this link for further information)

Woy Woy Public School is again offering the *Seasons for Growth* program in Week 6 Term 1 this year.

This program will be offered to Stage 3 students. The course is designed for children who may have experienced grief due to a significant loss. This grief response may have been triggered by a number of reasons including: **death** of a family member or friend; family **separation** or **divorce** and other significant changes to a child's life.

This educational program teaches children strategies to help cope with change, loss and grief in their lives. It allows children to normalise change and helps them to validate the feelings and emotions associated with change.

The children will meet peers in a small, confidential group accompanied by a trained facilitator, Mrs Rayner. The main course runs over 6 weeks, plus a celebration session, and will be conducted in school hours. For further details, please feel free to see Mrs Rayner.

If you would like your child to have the chance to participate, please complete the Registration Form below and return to Mrs Rayner ASAP.

If your child missed out in a place last year please re-apply in order to confirm your child's continued interest and willingness to participate in this course.

Please note: *Your child also needs to sign the permission slip, to indicate a willingness to participate in the program.*

Child's Name..... Class..... Age.....

Reason for registration.....
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Parent's Signature.....

Child's Signature.....

Mrs Louise Rayner-Stage 3 AP.

Ms Ona Buckley- School Principal

Woy Woy Public School's mission is to provide a warm, caring, secure place where students and their efforts are valued by a committed staff and an actively supportive community.

I Aspire is our motto. Respect is our job.

